

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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May 31, 2024

{ Feast – Visitation }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

All praise to you, O God, this night  
For all the blessings of the light;  
Keep us, we pray, O King of kings,  
Beneath your own almighty wings.

Forgive us, Lord, through Christ your Son,  
Whatever wrong this day we've done;

Your peace give to the world, O Lord,  
That man might live in one accord.

Enlighten us, O blessed Light,  
And give us rest throughout this night.  
O strengthen us, that for your sake,  
We all may serve you when we wake.

*Melody: Illsley L.M.; Music: J. Bishop, 1665-1737; Text: Thomas Ken, 1709, alt.*

## PSALMODY

### *Antiphon*

Day and night I cry to you, my God.

*Psalm 88*

*Prayer of a sick person*

*This is your hour when darkness reigns (Luke 22:53).*

Lord my Gód, I call for hélp by dáy; \*  
I crý at níght befóre you.  
Let my práyer cóme into your présence. \*  
O túrn your éar to my crý.

For my sóul is filled with évils; \*  
my life is on the brínk of the gráve.  
I am réckoned as óne in the tómb: \*  
I have réached the énd of my stréngth,  
like óne alóne among the déad; \*  
like the sláin líyng in their gráves;  
like thóse you remémber no móre, \*  
cut óff, as they áre, from your hánd.

You have láid me in the dépths of the tómb, \*  
in pláces that are dárk, in the dépths.  
Your ánger weighs dówn upón me: \*  
I am drówned benéath your wáves.

You have táken awáy my fríends \*  
and máde me háteful in their síght.  
Imprísoned, I cánnót escápe; \*  
my éyes are súnken with gríef.

I cáll to you, Lórd, all the day lóng; \*  
to yóu I strétch out my hánds.  
Will you wórk your wónders for the déad? \*  
Will the shádes stánd and práise you?  
Will your lóve be tóld in the gráve \*  
or your fáithfulness amóng the déad?  
Will your wónders be knówn in the dárk \*  
or your jústice in the lánd of oblívion?  
As for mé, Lord, I cáll to you for hélp: \*  
in the mórning my práyer comes befóre you.  
Lórd, why do you rejéct me? \*  
Why do you híde your fáce?  
Wrétched, close to déath from my yóuth, \*  
I have bórne your tríals; I am númb.  
Your fúry has swépt down upón me; \*  
your térrors have útterly destróyed me.  
They surróund me all the day like a flóod, \*  
they assáil me áll togéther.  
Friend and néighbor you have táken awáy: \*  
my óne compánion is dárkness.  
Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Day and night I cry to you, my God.

READING

*Jeremiah 14:9a*

You are in our midst, O Lord,  
your name we bear:  
do not forsake us, O Lord, our God!

RESPONSORY

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

### GOSPEL CANTICLE

#### *Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

#### *Make sign of cross*

Lord, now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:

a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

#### *Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

### CONCLUDING PRAYER

Let us pray.

All-powerful God  
keep us united with your Son  
in his death and burial

so that we may rise to new life with him,  
who lives and reigns for ever and ever.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful  
death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, holy Queen, mother of mercy,  
our life, our sweetness, and our hope.  
To you do we cry,  
poor banished children of Eve.  
To you do we send up our sighs  
mourning and weeping in this vale of tears.  
Turn then, most gracious advocate,  
your eyes of mercy toward us,  
and after this exile  
show us the blessed fruit of your womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

# ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

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