Diturgy of the Hours LITURGY OF THE HOURS

DAYTIME PRAYER

May 18, 2024

{ Saturday of the Seventh Week of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

Hail thee, festival day! Blest day that art hallowed for ever; Day whereon Christ arose, Breaking the kingdom of death.

Lo, the fair beauty of earth, From the death of the winter arising! Ev'ry good gift of the year Now with its Master returns:

Hail thee, festival day! Blest day that art hallowed for ever; Day whereon Christ arose, Breaking the kingdom of death.

He who was nailed to the cross Is Lord and the ruler of all men; All things created on earth Sing to the glory of God:

Hail thee, festival day! Blest day that art hallowed for ever; Day whereon Christ arose, Breaking the kingdom of death.

God the All-Father, the Lord, Who rulest the earth and the heavens, Guard us from harm without, Cleanse us from evil within:

Hail thee, festival day!

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Blest day that art hallowed for ever; Day whereon Christ arose, Breaking the kingdom of death.

Jesus the health of the world, Enlighten our minds, thou Redeemer, Son of the Father supreme, Only begotten of God:

Hail thee, festival day! Blest day that art hallowed for ever; Day whereon Christ arose, Breaking the kingdom of death.

Melody: Salve Festa Dies; Music: R. Vaughan Williams, 1906; Text: Venantius Honorius Fortunatus, 530-609; Translator: Maurice F. Bell, 1862-1947; 'Hail thee, festival day' tr M F Bell (1862-1947) from The English Hymnal. Reproduced by permission of Oxford University Press. All rights reserved.

Sit or stand

PSALMODY

Antiphon

Alleluia, alleluia, alleluia.

Psalm 119:121-128 XVI (Ain)

I have done what is right and just: *
let me not be oppressed.
Vouch for the welfare of your servant *
lest the proud oppress me.

My eyes yéarn for your sáving hélp * and the prómise of your jústice. Tréat your sérvant with lóve * and téach me your commánds.

Í am your sérvant, give me knówledge; * then shall I knów your will. It is tíme for the Lórd to áct * for your láw has been bróken.

Thát is why I lóve your commánds * more than fínest góld, why I rúle my lífe by your précepts: * I háte the ways of fálsehood.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Psalm 34

God the savior of the just

You have tasted the sweetness of the Lord (1 Peter 2:3).

1

I will bléss the Lórd at all tímes,*
his práise álways on my líps;
in the Lórd my sóul shall make its bóast.*
The húmble shall héar and be glád.

Glórify the Lórd with mé.*
Togéther let us práise his náme.
I sóught the Lórd and he ánswered me; *
from all my térrors he sét me frée.

Lóok towards hím and be rádiant; *
let your fáces nót be abáshed.
This póor man cálled; the Lord héard him *
and réscued him from áll his distréss.

The ángel of the Lórd is encámped * around thóse who revére him, to réscue them. Taste and sée that the Lórd is góod. * He is háppy who seeks réfuge in hím.

Revére the Lórd, you his sáints. *
They lack nóthing, thóse who revére him.
Strong líons suffer wánt and go húngry *
but thóse who seek the Lórd lack no bléssing.

Glory to the Father, and to the Son,*

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and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

II

Cóme, chíldren, and héar me * that I may téach you the féar of the Lórd. Who is hé who lóngs for lífe * and many dáys, to enjóy his prospérity?

Then kéep your tóngue from évil * and your líps from spéaking decéit. Turn asíde from évil and do góod; * séek and stríve after péace.

The Lórd turns his fáce against the wícked * to destróy their remémbrance from the éarth. The Lórd turns his éyes to the júst * and his éars to théir appéal.

They cáll and the Lórd héars * and réscues them in áll their distréss. The Lord is clóse to the bróken-héarted; * those whose spírit is crúshed he will sáve.

Mány are the tríals of the júst man * but from them áll the Lórd will réscue him. He will keep gúard over áll his bónes, * not óne of his bónes shall be bróken.

Évil brings déath to the wicked; *
those who háte the góod are dóomed.
The Lord ránsoms the sóuls of his sérvants. *
Those who híde in him shall nót be condémned.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Alleluia, alleluia, alleluia.

READING

1 Corinthians 15:20-22

Christ is now raised from the dead, the first fruits of those who have fallen asleep. Death came through a man; hence the resurrection of the dead comes through a man also. Just as in Adam all die, so in Christ all will come to life again.

Verse

The disciples rejoiced, alleluia.

— When they saw the risen Lord, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Almighty Father, let the love we have celebrated in this Easter season be put into practice in our daily lives.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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