

Liturgy of the Hours
LITURGY OF THE HOURS

OFFICE OF READINGS

May 12, 2024

{ Seventh Sunday of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Christ the Lord is ris'n today;
Christians, haste your vows to pay;
Offer you your praises meet
At the Paschal Victim's feet.
For the sheep the Lamb has bled,
Sinless in the sinner's stead;
Christ, the Lord, is ris'n on high,
Now he lives no more to die!

Christ, the Victim undefiled,
Man to God has reconciled;
When in strange and awful strife
Met together death and life;
Christians, on this happy day
Haste with joy your vows to pay.
Christ, the Lord, is ris'n on high,
Now he lives no more to die!

Christ, who once for sinners bled,
Now the firstborn from the dead,
Throned in endless might and power,
Lives and reigns forevermore.
Hail, eternal Hope on high!
Hail, our King of Victory!
Hail, our Prince of life adored!
Help and save us, gracious Lord.

*Melody: Victimae Paschali Laudes 77.77.D; Music: Traditional, alt.; Text: Victimae
Paschali Laudes, Wipo, 11th century; Translator: Jane E. Leeson, 1807-1882, alt.*

Sit or stand

PSALMODY

Antiphon 1

Alleluia, God has raised up Christ from the dead and given him glory, alleluia.

Psalm 145

Praise of God's majesty

Lord, you are the Just One, who was and who is (Revelation 16:5).

I

I will give you glóry, O Gód my Kíng, *
I will bléss your náme for éver.

I will bléss you dáy after dáy *
and praíse your náme for éver.
The Lord is gréat, híghly to be praísed, *
his gréatness cáannot be méasured.

Age to áge shall procláim your wórks, *
shall decláre your míghty déeds,
shall spéak of your spléndor and glóry, *
tell the tále of your wónderful wórks.

They will spéak of your térrible déeds, *
recóunt your gréatness and míght.
They will recáll your abúndant góodness; *
age to áge shall ríng out your jústice.

The Lord is kínd and fúll of compásson, *
slow to ánger, abóunding in lóve.
How góod is the Lórd to áll, *
compássonate to áll his créatures.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Alleluia, God has raised up Christ from the dead and given him glory, alleluia.

Antiphon 2

Alleluia, praise be to you, O Lord, beyond the highest heavens, alleluia.

II

All your créatures shall thánk you, O Lórd,*
and your friends shall repéat their bléssing.
They shall spéak of the glóry of your réign*
and decláre your míght, O Gód,

to make knówn to mén your mighty déeds*
and the glórious spléndor of your réign.
Yóurs is an éverlasting kíngdom;*
your rúle lasts from áge to áge.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Alleluia, praise be to you, O Lord, beyond the highest heavens, alleluia.

Antiphon 3

Alleluia, all power in heaven and on earth has been given to me, alleluia.

III

The Lord is fáithful in áll his wórds*
and lóving in áll his déeds.

The Lórd suppórts all who fáll*
and ráises áll who are bowed dówn.

The éyes of all créatures look to yóu*
and you gíve them their fóod in due tíme.

You ópen wide your hánd, *
grant the desíres of áll who líve.

The Lord is júst in áll his wáys *
and lóving in áll his déeds.

He is clóse to áll who cáll him, *
who cáll on hím from their héarts.

He gránts the desíres of those who féar him, *
he héars their crý and he sáves them.

The Lórd protéctés all who lóve him; *
but the wícked he will útterly destróy.

Let me spéak the práise of the Lórd, †
let all mankínd bléss his holy náme *
for éver, for áges unénding.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Alleluia, all power in heaven and on earth has been given to me,
alleluia.

VERSE

My whole body rejoices, alleluia.

— With all my strength I will praise my God, alleluia.

Sit

READINGS

First reading

From the first letter of the apostle John

3:18-24

The commandment of faith and love

Little children,
let us love in deed and in truth

and not merely talk about it.

This is our way of knowing we are committed to the truth
and are at peace before him
no matter what our consciences may charge us with;
for God is greater than our hearts
and all is known to him.

Beloved,
if our consciences have nothing to charge us with,
we can be sure that God is with us
and that we will receive at his hands
whatever we ask.

Why? Because we are keeping his commandments
and doing what is pleasing in his sight.

His commandment is this:

we are to believe in the name of his Son, Jesus Christ,
and are to love one another as he commanded us.

Those who keep his commandments remain in him
and he in them.

And this is how we know that he remains in us:
from the Spirit that he gave us.

Responsory

1 John 3:24; Sirach 1:9, 10

All who keep God's commandments live in God and God lives in them.

— We know that he dwells in us, by the Spirit he has given us,
alleluia.

In his Holy Spirit God created wisdom, which he has poured forth
upon all creation and has offered to those who love him.

— We know that he dwells in us, by the Spirit he has given us,
alleluia.

Second reading

From a homily on the Song of Songs by Saint Gregory of Nyssa,
bishop

(Hom. 15: Jaeger VI, 466–468)

The glory you gave to me, I have given to them

When love has entirely cast out fear, and fear has been transformed into love, then the unity brought us by our savior will be fully realized, for all men will be united with one another through their union with the one supreme Good. They will possess the perfection ascribed to the dove, according to our interpretation of the text: *One alone is my dove, my perfect one. She is the only child of her mother, her chosen one.*

Our Lord's words in the gospel bring out the meaning of this text more clearly. After having conferred all power on his disciples by his blessing, he obtained many other gifts for them by his prayer to the Father. Among these was included the greatest gift of all, which was that they were no longer to be divided in their judgment of what was right and good, for they were all to be united to the one supreme Good. As the Apostle says, they were to be bound together with the bonds of peace in the unity that comes from the Holy Spirit. They were to be made one body and one spirit by the one hope to which they were all called. We shall do better, however, to quote the sacred words of the gospel itself. *I pray, the Lord says, that they all may be one; that as you, Father, are in me and I am in you, so they also may be one in us.*

Now the bond that creates this unity is glory. That the Holy Spirit is called glory no one can deny if he thinks carefully about the Lord's words: *The glory you gave to me, I have given to them.* In fact, he gave this glory to his disciples when he said to them: *Receive the Holy Spirit.* Although he had always possessed it, even before the world existed, he himself received this glory when he put on human nature. Then, when his human nature had been glorified by the Spirit, the glory of the Spirit was passed on to all his kin, beginning with his disciples. This is why he said: *The glory you gave to me, I have given to them, so that they may be one as we are one. With me in them and you in me, I want them to be perfectly one.*

Whoever has grown from infancy to manhood and attained to spiritual maturity possesses the mastery over his passions and the purity that makes it possible for him to receive the glory of

the Spirit. He is that perfect dove upon whom the eyes of the bridegroom rest when he says: *One alone is my dove, my perfect one.*

Responsory

See John 15:15; 14:26; 15:14

I no longer call you servants. Instead, I call you friends, for you have seen all the things I have done among you.

- Receive the Holy Spirit, the Paraclete, whom the Father will send you, alleluia.

You are my friends if you do what I command you.

- Receive the Holy Spirit, the Paraclete, whom the Father will send you, alleluia.

Stand

TE DEUM

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.

To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,
heaven and earth are full of your glory.

The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the King of glory,
the eternal Son of the Father.

When you became man to set us free
you did not spurn the Virgin's womb.

You overcame the sting of death,
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.
We believe that you will come, and be our judge.

Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

CONCLUDING PRAYER

Let us pray.

Father,
help us keep in mind that Christ our Savior
lives with you in glory
and promised to remain with us until the end of time.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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