

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

May 14, 2024

{ Feast – Saint Matthias, Apostle }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Alleluia! sing to Jesus!
His the scepter, his the throne;
Alleluia! his the triumph
His the victory alone:
Hark! the songs of peaceful Zion
Thunder like a mighty flood;
Jesus, out of every nation,
Hath redeemed us by his Blood.

Alleluia! not as orphans
Are we left in sorrow now;
Alleluia! He is near us,
Faith believes nor questions how:
Though the cloud from sight received him,
When the forty days were o'er
Shall our hearts forget his promise,
"I am with you evermore"?

Alleluia! Bread of angels,
Thou on earth our food, our stay;
Alleluia! here the sinful
Flee to thee from day to day:
Intercessor, friend of sinners,
Earth's Redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

Alleluia! King eternal,
Thee the Lord of lords we own;

Alleluia! born of Mary,
Earth thy footstool, heav'n thy throne:
Thou within the veil hast entered,
Robed in flesh, our great High Priest;
Thou on earth both Priest and Victim
In the Eucharistic feast.

*Melody: Hyfrydol 87.87.D; Music: R. H. Prichard, 1811-1887; Text: William
Chatterton Dix, 1837-1898*

Sit or stand

PSALMODY

Antiphon

Alleluia, alleluia, alleluia.

Psalm 119:97-104

XIII (Mem)

Lórd, how I lóve your lów! *
It is éver in my mínd.
Your commánd makes me wíser than my fóes; *
for it is míne for éver.
I have more ínsight than áll who téach me *
for I pónder your wíll.
I have móre understánding than the óld *
for I kéeper your précepts.
I turn my féet from évil páths *
to obéy your wórd.
I háve not túrned from your decreés; *
you yoursélf have táught me.
Your prómise is swéeter to my táste *
than hóny in the móuth.
I gáin understánding from your précepts; *
I háte the ways of fálsehood.
Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Psalm 74

Lament for the destruction of the Temple

Do not fear those who can only kill the body (Matthew 10:28).

I

Why, O Gód, have you cást us off for éver? *
Why blaze with ánger at the shéep of your pásture?
Reméber your péople whom you chóse long ágo, †
the tríbe you redéemed to be your ówn posséssion, *
the móuntain of Zion where you máde your dwélling.
Turn your stéps to these pláces that are útterly rúined! *
The énemy has laid wáste to the whóle of the sánctuary.
Your fóes have made úproar in your hóuse of práyer: †
they have sét up their émbles, their fóreign émbles, *
hígh abóve the éntrance to the sánctuary.
Their áxes have báttéred the wóod of its dóors. *
They have strúck togéther with háchet and píckaxe.
O Gód, they have sét your sánctuary on fire: *
they have rázed and profáned the pláce where you dwéll.
They sáid in their héarts: “Let us útterly crúsh them: *
let us búrn every shríne of Gód in the lánd.”
There is no sígn from Gód, nor háve we a próphet, *
we have nó one to téll us how lóng it will lást.
How lóng, O Gód, is the énemy to scóff? *
Is the fóe to insúlt your náme for éver?
Why, O Lórd, do you hólđ back your hánd? *
Why do you kéept your ríght hand hídden?
Yet Gód is our kíng from tíme pást, *
the gíver of hélp through áll the lánd.
Glory to the Fátter, and to the Son, *
and to the Holy Spírít:
as it was in the bégínníng, is now, *
and will be for éver. Amen.

II

It was you who divided the sea by your might, *
who shattered the heads of the monsters in the sea.

It was you who crushed Leviathan's heads *
and gave him as food to the untamed beasts.
It was you who opened springs and torrents; *
it was you who dried up ever-flowing rivers.

Yours is the day and yours is the night. *
It was you who appointed the light and the sun:
it was you who fixed the bounds of the earth: *
you who made both summer and winter.

Remember this, Lord, and see the enemy scoffing; *
a senseless people insults your name.
Do not give Israel, your dove, to the hawk *
nor forget the life of your poor ones for ever.

Remember your covenant; every cave in the land *
is a place where violence makes its home.
Do not let the oppressed return disappointed; *
let the poor and the needy bless your name.

Arise, O God, and defend your cause! *
Remember how the senseless revile you all the day.
Do not forget the clamor of your foes, *
the daily increasing uproar of your foes.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Alleluia, alleluia, alleluia.

Sit

READING

Acts 5:12a, 14

Through the hands of the apostles, many signs and wonders occurred

among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

Verse

The apostles held fast to Christ's message, alleluia.

— They kept the precepts he gave them, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
you called Saint Matthias to share in the mission of the apostles.
By the help of his prayers
may we receive with joy the love you share with us
and be counted among those you have chosen.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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