

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

December 29, 2024

{ Feast – Holy Family }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Morning Prayer

HYMN

Christ, the Father’s Splendor,
Mary, God’s own Mother,
Joseph, blessed guardian
of such holy pledges:

Your home shines in radiance,
with the flow’rs of virtue,
whence the Font of graces
comes with mercy flowing.

Angels view in wonder

God's own Son, an infant,
clothed in servant's nature,
serving us, his servants.

Joseph, humble leader,
though the least, you guide him;
Mary, you direct him,
serving both with kindness.

This poor home surpasses
ev'ry court and palace,
harboring salvation
for the human fam'ly.

Jesus, Mary, Joseph,
grant us and our fam'lies
joy and gifts most holy
from your humble dwelling.

Praise to you, Christ Jesus,
for to us you offer
hope that through your parents
we come home to heaven. Amen.

*Metrical hymn, melody: Ravenshaw, 6 6 6 6; Medieval German melody, adapted by
William Henry Monk, 1823-1899*

Plainsong, mode VIII, melody 112; Liber Hymnarius, Solesmes, 1983, Text: Christe,
splendor Patris, Anselmo Lentini, O.S.B., 1901-1989*

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Sit or stand

PSALMODY

Antiphon 1

The parents of Jesus went each year to Jerusalem for the solemn feast
of Passover.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.

My bódy pínes for yóu *
like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.

For your lóve is bétter than lífe, *
my líps will spéak your práise.
So I will bléss you áll my lífe, *
in your náme I will líft up my hánds.
My sóul shall be filled as with a bánquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the sháadow of your wíngs I rejóice.
My sóul clíngs to yóu; *
your ríght hand hólds me fást.

Glory to the Fátter, and to the Son, *
and to the Holy Spírít:
as it was in the bégíning, is now, *
and will be for ever. Amen.

Antiphon

The párents of Jesús went each yéar to Jérusalem for the solemn féast
of Passóver.

Antiphon 2

The child grew in wísdóm and stréngth, and the fávor of Gód was
upon him.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord.*
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord.*
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord.*
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord.*
Stars of heaven, bless the Lord.
Every shower and dew, bless the Lord.*
All you winds, bless the Lord.
Fire and heat, bless the Lord.*
Cold and chill, bless the Lord.
Dew and rain, bless the Lord.*
Frost and chill, bless the Lord.
Ice and snow, bless the Lord.*
Nights and days, bless the Lord.
Light and darkness, bless the Lord.*
Lightnings and clouds, bless the Lord.
Let the earth bless the Lord.*
Praise and exalt him above all forever.
Mountains and hills, bless the Lord.*
Everything growing from the earth, bless the Lord.
You springs, bless the Lord.*
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord.*
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord.*
You sons of men, bless the Lord.
O Israel, bless the Lord.*
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord.*
Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord.*
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord.*
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit.*
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven.*
Praiseworthy and glorious and exalted above all forever.

Antiphon

The child grew in wisdom and strength, and the favor of God was upon him.

Antiphon 3

His father and mother were full of wonder at what was said about their child.

Psalm 149

The joy of God's holy people.

Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).

Síng a new sóng to the Lórd,*
his práise in the assémbly of the fáithful.
Let Ísrael rejóice in its máker,*
let Zíon's sons exúlt in their kíng.
Let them práise his náme with dáncing*
and make músic with tímbrel and hárp.
For the Lórd takes delíght in his péople.*
He crówns the póor with salvátion.
Let the fáithful rejóice in their glóry,*
shout for jóy and táke their rést.
Let the práise of Gód be on their líps*
and a twó-edged swórd in their hánd,
to déal out véngéance to the nátions*
and púnishment on áll the péoples;
to bínd their kíngs in cháins*
and their nóbles in fétters of íron;

to carry out the sentence pre-ordained; *
this honor is for all his faithful.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

His father and mother were full of wonder at what was said about their child.

Sit

READING

Deuteronomy 5:16

Honor your father and your mother, as the Lord, your God, has commanded you, that you may have a long life and prosperity in the land which the Lord, your God, is giving you.

RESPONSORY

Christ, Son of the living God, have mercy on us.

— Christ, Son of the living God, have mercy on us.

You were obedient to Mary and Joseph,

— have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Christ, Son of the living God, have mercy on us.

Stand

GOSPEL CANTICLE

Antiphon

Lord, give us light through the example of your family and guide our feet into the way of peace.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Lord, give us light through the example of your family and guide our feet into the way of peace.

INTERCESSIONS

Let us adore the Son of the living God who humbled himself to

become a son of a human family, and let us beseech him:

— Jesus, you became obedient; sanctify us.

Jesus, eternal Word of the Father, you made yourself subject to Mary and Joseph,
teach us humility.

— Jesus, you became obedient; sanctify us.

You are our teacher, and your own mother pondered in her heart every one of your words and deeds,
make us attentive to your word, and let us ponder it in hearts that are pure and good.

— Jesus, you became obedient; sanctify us.

Christ, by your work the world was made, but you were willing to be called a worker's son,
teach us to work diligently.

— Jesus, you became obedient; sanctify us.

Jesus, in the family at Nazareth you grew in wisdom, age, and grace before God and men,
help us to grow in all things toward you, our Head.

— Jesus, you became obedient; sanctify us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

Father,
help us to live as the holy family,

united in respect and love.

Bring us to the joy and peace of your eternal home.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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