

*Liturgy of the Hours*  
LITURGY OF THE HOURS

OFFICE OF READINGS

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February 1, 2025

{ Memorial of the Blessed Virgin Mary on Saturday }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

O Mary, Virgin Mother blest,  
O holy daughter of your Son,  
most humble and yet most sublime,  
above the whole created world:

You are the summit fixed of old,  
predestined by divine decree,  
to be our nature's perfect crown,  
the height of beauty and of grace.

In you our nature shone so fair  
that its Creator, God most high,  
with art so wondrous to behold,  
was made a creature formed through you.

Within the Virgin's purest womb  
the flame of love is born anew,  
and by its warmth, upon the earth  
celestial flowers come to bloom.

To Father and to Paraclete  
and to your Son all glory be,  
who have, all three, invested you  
with such a wondrous robe of grace. Amen.

*Metrical hymn, melody: Hereford, 8 8 8 8; Samuel Sebastian Wesley, 1810-1876*

*Plainsong, mode VIII, melody 109; Liber Hymnarius, Solesmes, 1983\*, Text: O virgo mater, filia, Anselmo Lentini, O.S.B., 1901-1989*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

Let us praise the Lord for his mercy and for the wonderful things he has done for men.

### *Psalm 107*

#### *Thanksgiving for deliverance*

*This is God's message to the sons of Israel; the good news of peace proclaimed through Jesus Christ (Acts 10:36).*

### *I*

“O give thanks to the Lórd for he is góod; \*  
for his lóve endúres for éver.”

Let them sáy this, the Lórd's redéemed, \*  
whom he redéemed from the hánd of the fóe  
and gáthered from fár-off lánds, \*  
from éast and wést, north and sóuth.

Some wándered in the désert, in the wílderness, \*  
finding no wáy to a cíty they could dwéll in.  
Húngry they wére and thírsty; \*  
their sóul was fáinting withín them.

Then they críed to the Lórd in their néed \*  
and he réscued thém from their distréss  
and he léd them alóng the right páth \*  
to reach a cíty théy could dwéll in.

Let them thánk the Lórd for his lóve, \*  
for the wónders he dóes for mén.  
For he sátisfies the thírsty sóul; \*  
he fílls the húngry with good thínigs.

Sóme lay in dárkness and in glóom,\*  
prisoners in míserý and cháins,  
Having defied the wórds of Gód \*  
and spúrned the cóunsels of the Most Hígh.  
He crúshed their spírit with tóil; \*  
they stúmbled; there was nó one to hélp.

Then they cried to the Lórd in their néed \*  
and he réscued thém from their distréss.  
He led them fóρθ from dárkness and glóom \*  
and bróke their cháins to píeces.

Let them thánk the Lórd for his góodness,\*  
for the wónders he dóes for mén:  
for he búrst the gátes of brónze \*  
and shátters the íron bárs.

Glory to the Father, and to the Son, \*  
and to the Holy Spírit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

Let us praise the Lord for his mercy and for the wonderful things he has done for men.

### *Antiphon 2*

Men have seen the works of God, the marvels he has done.

## *II*

Some were síck on accóunt of their síns \*  
and afflicted on accóunt of their guílt.  
They had a lóathing for évery fód; \*  
they came clóse to the gátes of déath.

Then they cried to the Lórd in their néed \*  
and he réscued thém from their distréss.  
He sént forth his wórd to héal them \*  
and sáved their lífe from the gráve.

Let them thánk the Lórd for his lóve, \*

for the wónders he dóes for mén.  
Let them óffer a sácrifice of thánks \*  
and téll of his déeds with rejóicing.

Some sáiled to the séa in shíps \*  
to tráde on the míghty wáters.  
Thése men have séen the Lord's déeds, \*  
the wónders he dóes in the déep.

For he spóke; he súmmoned the gále, \*  
ráising up the wáves of the séa.  
Tóssed up to héaven, then into the déep; \*  
their sóul melted awáy in their distréss.

They stággered, réeled like drunken mén, \*  
for áll their skíll was góne.  
Then they críed to the Lórd in their néed \*  
and he réscued thém from their distréss.

He stílléd the stórm to a whísper: \*  
all the wáves of the séa were húshed.  
They rejóiced becáuse of the cálm \*  
and he léd them to the háven they desíred.

Let them thánk the Lórd for his lóve, \*  
the wónders he dóes for mén.  
Let them exált him in the gáthering of the péople \*  
and práise him in the méeting of the élders.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

Men have seen the works of God, the marvels he has done.

### *Antiphon 3*

Those who love the Lord will see and rejoice; they will understand his loving kindness.

### III

He chánges stréams into a désert, \*  
springs of wáter into thírsty gróund,  
fruitful lánd into a sálty wáste, \*  
for the wíckedness of thóse who líve there.

But he chánges désert into stréams, \*  
thirsty gróund into springs of wáter.  
Thére he séttes the húngry \*  
and they build a cíty to dwéll in.

They sow fields and plánt their vínes; \*  
thése yield cróps for the hárvest.  
He blésses them; they grów in númer. \*  
He does not lét their hérds decreáse.

He póurs contémpť upon prínces, \*  
makes them wánder in tráckless wástes.  
They dimínish, are redúced to nóthing \*  
by oppréssion, évil and sórrów.

But he ráises the néedy from distréss; \*  
makes fámilies númerous as a flóck.  
The úpright sée it and rejóice \*  
but áll who do wróng are sílenced.

Whoever is wíse, let him héed these thínings \*  
and consíder the lóve of the Lórd.

Glory to the Fátter, and to the Son, \*  
and to the Holy Spírít:  
as it was in the begínning, is now, \*  
and will be for ever. Amen.

#### *Antiphon*

Those who love the Lord will see and rejoice; they will understand his loving kindness.

#### VERSE

Your truth, O God, is high as the clouds.

— Lord, your goodness is deep as the ocean.

READINGS

*First reading*

From the book of Deuteronomy

*32:48-52; 34:1-12*

*The death of Moses*

The Lord said to Moses, “Go up on Mount Nebo, here in the Abarim Mountains (it is in the land of Moab facing Jericho), and view the land of Canaan, which I am giving to the Israelites as their possession. Then you shall die on the mountain you have climbed, and shall be taken to your people, just as your brother Aaron died on Mount Hor and there was taken to his people; because both of you broke faith with me among the Israelites at the waters of Meribath-kadesh in the desert of Zin by failing to manifest my sanctity among the Israelites. You may indeed view the land at a distance, but you shall not enter that land which I am giving to the Israelites.”

Then Moses went up from the plains of Moab to Mount Nebo, the headland of Pisgah which faces Jericho, and the Lord showed him all the land—Gilead, and as far as Dan, all Naphtali, the land of Ephraim and Manasseh, all the land of Judah as far as the Western Sea, the Negeb, the circuit of the Jordan with the lowlands at Jericho, city of palms, and as far as Zoar. The Lord then said to him, “This is the land which I swore to Abraham, Isaac and Jacob that I would give to their descendants. I have let you feast your eyes upon it, but you shall not cross over.”

So there, in the land of Moab, Moses, the servant of the Lord, died as the Lord had said; and he was buried in the ravine opposite Beth-peor in the land of Moab, but to this day no one knows the place of his burial. Moses was one hundred and twenty years old when he died, yet his eyes were undimmed and his vigor unabated. For thirty days the Israelites wept for Moses in the plains of Moab, till they had completed the period of grief and mourning for Moses.

Now Joshua, son of Nun, was filled with the spirit of wisdom, since Moses had laid his hands upon him; and so the Israelites gave him

their obedience, thus carrying out the Lord's command to Moses.

Since then no prophet has arisen in Israel like Moses, whom the Lord knew face to face. He had no equal in all the signs and wonders the Lord sent him to perform in the land of Egypt against Pharaoh and all his servants and against all his land, and for the might and the terrifying power that Moses exhibited in the sight of all Israel.

*Responsory*

*John 1:14, 16, 17; Sirach 24:23*

Full of grace, full of truth, the Word lived among us, and from his fullness we have all received, grace upon grace. The law was given through Moses,

— but grace and truth came through Jesus Christ.

Moses commanded the observance of the law as the heritage of the assemblies of Jacob.

— But grace and truth came through Jesus Christ.

*Second reading*

From a sermon by Saint Augustine, bishop

*(Sermo 25, 7-8: PL 46, 937-938)*

*She who believed by faith, conceived by faith*

Stretching out his hand over his disciples, the Lord Christ declared: *Here are my mother and my brothers; anyone who does the will of my Father who sent me is my brother and my sister and my mother.* I would urge you to ponder these words. Did the Virgin Mary, who believed by faith and conceived by faith, who was the chosen one from whom our Savior was born among men, who was created by Christ before Christ was created in her—did she not do the will of the Father? Indeed the blessed Mary certainly did the Father's will, and so it was for her a greater thing to have been Christ's disciple than to have been his mother, and she was more blessed in her discipleship than in her motherhood. Hers was the happiness of first bearing in her womb him whom she would obey as her master.

Now listen and see if the words of Scripture do not agree with what



I have said. The Lord was passing by and crowds were following him. His miracles gave proof of divine power, and a woman cried out: *Happy is the womb that bore you, blessed is that womb!* But the Lord, not wishing people to seek happiness in a purely physical relationship, replied: *More blessed are those who hear the word of God and keep it.* Mary heard God's word and kept it, and so she is blessed. She kept God's truth in her mind, a nobler thing than carrying his body in her womb. The truth and the body were both Christ: he was kept in Mary's mind insofar as he is truth, he was carried in her womb insofar as he is man; but what is kept in the mind is of a higher order than what is carried in the womb.

The Virgin Mary is both holy and blessed, and yet the Church is greater than she. Mary is a part of the Church, a member of the Church, a holy, an eminent—the most eminent—member, but still only a member of the entire body. The body undoubtedly is greater than she, one of its members. This body has the Lord for its head, and head and body together make up the whole Christ. In other words, our head is divine—our head is God.

Now, beloved, give me your whole attention, for you also are members of Christ; you also are the body of Christ. Consider how you yourselves can be among those of whom the Lord said: *Here are my mother and my brothers.* Do you wonder how you can be the mother of Christ? He himself said: *Whoever hears and fulfils the will of my Father in heaven is my brother and my sister and my mother.* As for our being the brothers and sisters of Christ, we can understand this because although there is only one inheritance and Christ is the only Son, his mercy would not allow him to remain alone. It was his wish that we too should be heirs of the Father, and co-heirs with himself.

Now having said that all of you are brothers of Christ, shall I not dare to call you his mother? Much less would I dare to deny his own words. Tell me how Mary became the mother of Christ, if it was not by giving birth to the members of Christ? You, to whom I am speaking, are the members of Christ. Of whom were you born? "Of Mother Church," I hear the reply of your hearts. You became sons of this mother at your baptism, you came to birth then as members

of Christ. Now you in your turn must draw to the font of baptism as many as you possibly can. You became sons when you were born there yourselves, and now by bringing others to birth in the same way, you have it in your power to become the mothers of Christ.

*Responsory*

*Isaiah 61:10; Luke 1:46-47*

I will cry out with joy to the Lord; my soul will rejoice in my God,

— for he has clothed me with the robe of salvation, like a bride adorned with her jewels.

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior.

— For he has clothed me with the robe of salvation, like a bride adorned with her jewels.

*Stand*

CONCLUDING PRAYER

Let us pray.

Lord,

take away the sins of your people.

May the prayers of Mary the mother of your Son help us, for alone and unaided we cannot hope to please you.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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