Liturgy of the Hours LITURGY OF THE HOURS

DAYTIME PRAYER

August 22, 2024 { Memorial – Queenship of Mary }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

Firmly I believe and truly God is three and God is one; And I next acknowledge duly Manhood taken by the Son

And I trust and hope most fully In that manhood crucified; And I love supremely, solely Christ who for my sins has died.

And I hold in veneration, For the love of him alone, Holy Church as his creation, And her teachings as his own.

Praise and thanks be ever given With and through the angel host, To the God of earth and heaven, Father, Son and Holy Ghost.

Melody: Halton Holgate 87.87; Music: William Boyce, 1710–1779; Text: John Henry Newman, 1801–1890, adapted by Anthony G. Petti; © 1971 by Faber Music Ltd, London. Reproduced by kind permission of the publishers. All Rights Reserved.

Sit or stand

PSALMODY

Antiphon 1

If you love me, says the Lord, keep my commandments.

Psalm 119:153-160 XX (Resh)

Sée my afflíction and sáve me * for I remémber your láw.
Uphóld my cáuse and defénd me; * by your prómise give me lífe.

Salvátion is fár from the wícked * who are héedless of your commánds. Númberless, Lórd, are your mércies; * with your decrées give me lífe.

Though my fóes and oppréssors are cóuntless * I have not swérved from your will. I lóok at the fáithless with disgúst; * they ignóre your prómise.

Sée how I lóve your précepts; * in your mércy give me lífe. Your wórd is fóunded on trúth: * your decrées are etérnal.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

If you love me, says the Lord, keep my commandments.

Antiphon 2

May the Lord bless you, and peace will be yours all the days of your life.

Psalm 128

Happiness of family life rooted in God

"May the Lord bless you from Zion" refers to the Church (Arnobius).

O bléssed are those who fear the Lord * and walk in his ways!

By the lábor of your hánds you shall éat. *You will be háppy and prósper; your wífe like a frúitful víne * in the héart of your hóuse; your chíldren like shóots of the ólive, * aróund your táble.

Indéed thús shall be bléssed *
the mán who fears the Lórd.
May the Lórd bléss you from Zíon *
all the dáys of your lífe!
May you sée your children's children †
in a háppy Jerúsalem! *
On Ísrael, péace.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

May the Lord bless you, and peace will be yours all the days of your life.

Antiphon 3

God will gain the victory for you over all your enemies.

Psalm 129

God's people reaffirm their trust in time of affliction

The voice of the Church lamenting its suffering is heard in this psalm (Saint Augustine).

"They have préssed me hárd from my youth," * this is Ísrael's sóng.
"They have préssed me hárd from my youth * but could néver destroy me.

They ploughed my báck like ploughmen, * drawing lóng fúrrows.
But the Lórd, who is júst, has destróyed * the yóke of the wícked."

Lét them be shámed and routed,* those who hate Zíon!
Lét them be like gráss on the róof* that withers before it flówers.

With thát no réaper fills his árms, * no bínder makes his shéaves and thóse passing bý will not sáy: † "On yóu the Lord's bléssing!" * "We bléss you in the náme of the Lórd."

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

God will gain the victory for you over all your enemies.

Sit

READING

Wisdom 1:1-2

Love justice, you who judge the earth; think of the Lord in goodness, and seek him in integrity of heart; Because he is found by those who test him not, and he manifests himself to those who do not disbelieve him.

Verse

Trust firmly in the Lord and do his will.

— And you will dwell secure in the land of promise.

Stand

CONCLUDING PRAYER

Let us pray.

All-powerful and ever-living God, with you there is no darkness, from you nothing is hidden.

Fill us with the radiance of your light: may we understand the law you have given us and live it with generosity and faith. Grant this through Christ our Lord.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

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