

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

November 21, 2024

{ Memorial – Presentation of Mary }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Firmly I believe and truly
God is three and God is one;
And I next acknowledge duly
Manhood taken by the Son
And I trust and hope most fully
In that manhood crucified;
And I love supremely, solely
Christ who for my sins has died.

And I hold in veneration,
For the love of him alone,
Holy Church as his creation,
And her teachings as his own.

Praise and thanks be ever given
With and through the angel host,
To the God of earth and heaven,
Father, Son and Holy Ghost.

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Sit or stand

PSALMODY

Antiphon 1

Open my eyes, O Lord, that I may see the wonders of your law.

Psalm 119: 17-24

III (Ghímel)

Bless your sérvant and Í shall líve *
and obéy your wórd.

Ópen my éyes that I may sée *
the wónders of your láw.

Í am a pílgřim on the éarth; *
shów me your commánds.

My sóul is éver consumed *
as I lóng for your decreés.

You threáten the próud, the accúrsed, *
who túrn from your commánds.

Relíeve me from scórn and contémpť *
for I dó your wíll.

Though prínces sit plóttíng agáínt me *
I pónder on your rúlings.

Your wíll is mý delíght; *
your státutes are my cóunsellors.

Glory to the Father, and to the Son, *
and to the Holy Spírít:

as it was in the beginning, is now, *
and will be for ever. Amen.

Antíphon

Open my eyes, O Lord, that I may see the wonders of your law.

Antíphon 2

Guide me, O Lord, in your truth.

Psalm 25

Prayer for God's favor and protection

Our hope will never be disappointed (Romans 5:5).

I

To you, O Lórd, I líft up my sóul. †
I trúst in you, let me nóť be díssapóínted; *

do not lét my énemies tríumph.
Those who hópe in you shall nó be disappointéd,*
but only thóse who wántonly break fáith.

Lórd, make me knów your wáys.*
Lórd, téach me your páths.
Make me wálk in your trúth, and téach me:*
for yóu are Gód my sáviór.

In yóu I hópe all day lóng*
becáuse of your góodness, O Lórd.
Reméber your mércy, Lórd,*
and the lóve you have shówn from of óld.
Do not reméber the síns of my yóuth.*
In your lóve reméber mé.

The Lórd is góod and úpright.*
He shows the páth to thóse who stráy,
he guides the húmble in the ríght páth;*
he téaches his wáy to the póor.

His wáys are fáithfulness and lóve*
for thóse who kéepe his cóvenant and lów.
Lórd, for the sáke of your náme*
forgíve my guílt; for it is gréat.

Glory to the Fátter, and to the Son,*
and to the Holy Spírit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Guide me, O Lord, in your truth.

Antiphon 3

Look on me, Lord, and help me, for I am poor and alone.

II

If ányone féars the Lórd*
he will shów him the páth he should chóose.
His sóul shall líve in háppiness*

and his children shall possess the land.
The Lord's friendship is for those who revere him; *
to them he reveals his covenant.

My eyes are always on the Lord; *
for he rescues my feet from the snare.
Turn to me and have mercy *
for I am lonely and poor.

Relieve the anguish of my heart *
and set me free from my distress.
See my affliction and my toil *
and take all my sins away.

See how many are my foes; *
how violent their hatred for me.
Preserve my life and rescue me. *
Do not disappoint me, you are my refuge.
May innocence and uprightness protect me: *
for my hope is in you, O Lord.

Redeem Israel, O God, *
from all its distress.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Look on me, Lord, and help me, for I am poor and alone.

Sit

READING

Amos 5:8, 9b

He who made the Pleiades and Orion,
who turns darkness into dawn,
and darkens day into night;
Who summons the waters of the sea,
and pours them out upon the surface of the earth;

whose name is Lord.

Verse

Beauty and wealth surround him.

— Richness and splendor adorn his holy place.

Stand

CONCLUDING PRAYER

Let us pray.

All-powerful and ever-living God,
with you there is no darkness,
from you nothing is hidden.

Fill us with the radiance of your light:
may we understand the law you have given us
and live it with generosity and faith.
Grant this through Christ our Lord.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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