

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

November 21, 2024

{ Memorial – Presentation of Mary }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship Christ, the Son of Mary.

— Come, let us worship Christ, the Son of Mary.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship Christ, the Son of Mary.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship Christ, the Son of Mary.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship Christ, the Son of Mary.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,

Although they had seen all of my works.

— Come, let us worship Christ, the Son of Mary.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Come, let us worship Christ, the Son of Mary.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship Christ, the Son of Mary.

Morning Prayer

HYMN

Mary the dawn, Christ the Perfect Day;
Mary the gate, Christ the Heavenly Way!

Mary the root, Christ the Mystic Vine;
Mary the grape, Christ the Sacred Wine!

Mary the wheat, Christ the Living Bread;
Mary the stem, Christ the Rose blood-red!

Mary the font, Christ the Cleansing Flood;
Mary the cup, Christ the Saving Blood!

Mary the temple, Christ the temple’s Lord;
Mary the shrine, Christ the God adored!

Mary the beacon, Christ the Haven’s Rest;
Mary the mirror, Christ the Vision Blest!

Mary the mother, Christ the mother’s Son
By all things blest while endless ages run. Amen.

*Melody: Mary the Dawn; Music: Anon.; Text: Anon., alt. by the Dominican Sisters of
Summit, 1972*

Sit or stand

PSALMODY

Antiphon 1

Awake, lyre and harp, with praise let us awake the dawn.

Psalm 57

Morning prayer in affliction

This psalm tells of our Lord's passion (Saint Augustine).

Have mércy on me, Gód, have mércy *
for in yóu my sóul has taken réfuge.
In the sháadow of your wíngs I take réfuge *
till the stórms of destrúction pass bý.

I cáll to Gód the Most Hígh, *
to Gód who has álways been my hélp.
May he sénd from héaven and sáve me †
and sháme thóse who assáil me. *
May Gód send his trúth and his lóve.

My sóul lies dówn among líons, *
who would devóur the sóns of mén.
Their téeth are spéars and árrows, *
their tóngue a shárpened swórd.

O Gód, aríse above the héavens; *
may your glóry shine on éarth!

They láid a snáre for my stéps, *
my sóul was bowed dówn.
They dúg a pít in my páth *
but féll in it themsélves.

My héart is réady, O Gód, †
my héart is réady. *
I will síng, I will síng your práise.
Awáke, my sóul, †
awáke, lýre and hárp, *
I will awáke the dáwn.

I will thánk you, Lórd, among the péoples, *

among the nátions I will práise you,
for your lóve réaches to the héavens *
and your trúth to the skíes.

O Gód, aríse above the héavens; *
may your glóry shine on éarth!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Awake, lyre and harp, with praise let us awake the dawn.

Antiphon 2

My people, says the Lord, will be filled with my blessings.

Canticle – Jeremiah 31:10-14

The happiness of a people who have been redeemed

Jesus was to die . . . to gather God's scattered children into one fold (John 11:51, 52).

Hear the word of the Lord, O nations, *
proclaim it on distant coasts and say:
He who scattered Israel, now gathers them together, *
he guards them as a shepherd his flock.

The Lord shall ransom Jacob, *
he shall redeem him from the hand of his conqueror.

Shouting, they shall mount the heights of Zion, *
they shall come streaming to the Lord's blessings:
the grain, the wine, and the oil, *
the sheep and the oxen;
they themselves shall be like watered gardens, *
never again shall they languish.

Then the virgins shall make merry and dance, *
and young men and old as well.
I will turn their mourning into joy, *
I will console and gladden them after their sorrows.
I will lavish choice portions upon the priests, *

and my people shall be filled with my blessings, says the Lord.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

My people, says the Lord, will be filled with my blessings.

Antiphon 3

The Lord is great and worthy to be praised in the city of our God.

Psalm 48

Thanksgiving for the people's deliverance

He took me up a high mountain and showed me Jerusalem, God's holy city (Revelation 21:10).

The Lord is gréat and wórthy to be práised *
in the cíty of our Gód.
His holy móuntain ríses in béauty, *
the jóy of all the éarth.

Mount Zíon, true póle of the éarth, *
the Gréat King's cíty!
Gód, in the mídst of its cítadels, *
has shówn himself its stróngthold.

For the kíngs assémbled togéther, *
toagéther they advánced.
They sáw; at ónce they were astóunded; *
dismáyed, they fled in féar.

A trémbling séized them thére, *
like the pángs of bírth.
By the éast wind yóu have destróyed *
the shíps of Társhish.

As we have héard, só we have séen *
in the cíty of our Gód,
in the cíty of the Lórd of hósts *
which Gód upholds for éver.

O Gód, we pónder your lóve *
withín your témples.

Your práise, O Gód, like your náme *
reaches the énds of the éarth.

With jústice your ríght hand is filled. *
Mount Zíon rejóices;
the péople of Júdah rejóice *
at the síght of your júdgments.

Walk through Zíon, wálk all róund it; *
count the númer of its tówers.
Revíew áll its rámparts, *
exámine its cástles,

that you may téll the néxt generácion *
that súch is our Gód,
our Gód for éver and álways. *
It is hé who léads us.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord is great and worthy to be praised in the city of our God.

Sit

READING

See Isaiah 61:10

I rejoice heartily in the Lord,
in my God is the joy of my soul;
For he has clothed me with a robe of salvation,
and wrapped me in a mantle of justice,
like a bride bedecked with her jewels.

RESPONSORY

The Lord has chosen her, his loved one from the beginning.

— The Lord has chosen her, his loved one from the beginning.
He has taken her to live with him,

— his loved one from the beginning.

Glory to the Father, and to the Son, and to the Holy Spirit,

— The Lord has chosen her, his loved one from the beginning.

Stand

GOSPEL CANTICLE

Antiphon

Blessed are you, Mary, because you believed that the Lord's words to you would be fulfilled, alleluia.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,

to shine on those who dwell in darkness and the shadow of death,*
and to guide our feet into the way of peace.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Blessed are you, Mary, because you believed that the Lord's words to
you would be fulfilled, alleluia.

INTERCESSIONS

Let us glorify our Savior, who chose the Virgin Mary for his mother.
Let us ask him:

— May your mother intercede for us, Lord.

Sun of Justice, the immaculate Virgin was the white dawn
announcing your rising,
grant that we may always live in the light of your coming.

— May your mother intercede for us, Lord.

Eternal Word, you chose Mary as the uncorrupted ark of your
dwelling place,
free us from the corruption of sin.

— May your mother intercede for us, Lord.

Savior of mankind, your mother stood at the foot of your cross,
grant, through her intercession, that we may rejoice to share in your
passion.

— May your mother intercede for us, Lord.

With ultimate generosity and love, you gave Mary as a mother to
your beloved disciple,
help us to live as worthy sons of so noble a mother.

— May your mother intercede for us, Lord.

The Lord's Prayer

Our Father who art in heaven,

hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

Eternal Father,
we honor the holiness and glory of the Virgin Mary.
May her prayers bring us
the fullness of your life and love.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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