

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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April 1, 2025

{ Tuesday of the Fourth Week of Lent }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

O Christ, resplendent as the day,  
you clear away the dark of night;  
by faith we know you, Light from Light,  
proclaiming light to all the blest.

O holy Lord, we humbly pray:  
Watch over us throughout this night

and grant us calm and silent hours,  
that we may find our rest in you.

And when our eyes are closed in sleep,  
still let our hearts keep watch for you;  
protect and guard by your right hand  
the faithful, filled with love for you.

O strong defender, see our plight,  
subdue our foes who lie in wait;  
direct and guide your servants, Lord,  
whom you have purchased with your blood.

To you, O Christ, most loving King,  
and to the Father, glory be,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: O WALY WALY, 8 8 8 8; English traditional melody*

*Plainsong, mode II, melody 50; Liber Hymnarius, Solesmes, 1983, Text: Christe, qui,  
splendor et dies, 5-6th c.*

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## PSALMODY

### *Antiphon*

Do not hide your face from me; in you I put my trust.

*Psalms 143:1-11*

*Prayer in distress*

*Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the  
law can achieve this (Galatians 2:16).*

Lórd, listen to my práyer: †  
túrn your éar to my appéal.\*  
You are fáithful, you are júst; give ánsWER.

Do not call your servant to judgment \*  
for no one is just in your sight.

The enemy pursues my soul; \*  
he has crushed my life to the ground;  
he has made me dwell in darkness \*  
like the dead, long forgotten.  
Therefore my spirit fails; \*  
my heart is numb within me.

I remember the days that are past: \*  
I ponder all your works.  
I muse on what your hand has wrought †  
and to you I stretch out my hands. \*  
Like a parched land my soul thirsts for you.

Lord, make haste and answer; \*  
for my spirit fails within me.  
Do not hide your face \*  
lest I become like those in the grave.

In the morning let me know your love \*  
for I put my trust in you.  
Make me know the way I should walk: \*  
to you I lift up my soul.

Rescue me, Lord, from my enemies; \*  
I have fled to you for refuge.  
Teach me to do your will \*  
for you, O Lord, are my God.  
Let your good spirit guide me \*  
in ways that are level and smooth.

For your name's sake, Lord, save my life; \*  
in your justice save my soul from distress.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Do not hide your face from me; in you I put my trust.

READING

*1 Peter 5:8-9a*

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

*Make sign of cross*

Lord, now you let your servant go in peace; \*  
your word has been fulfilled:

my own eyes have seen the salvation \*  
which you have prepared in the sight of every people:

a light to reveal you to the nations \*  
and the glory of your people Israel.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:

as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that  
awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

Lord,  
fill this night with your radiance.  
May we sleep in peace and rise with joy  
to welcome the light of a new day in your name.  
We ask this through Christ our Lord.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful  
death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, Queen of Heaven, beyond compare,  
To whom the angels homage pay;  
Hail, Root of Jesse, Gate of Light,  
That opened for the world's new Day.

Rejoice, O Virgin unsurpassed,  
In whom our ransom was begun,  
For all your loving children pray  
To Christ, our Saviour, and your Son.

*Stanbrook Abbey*

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