

*Liturgy of the Hours*  
LITURGY OF THE HOURS

NIGHT PRAYER

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July 22, 2026

{ Feast – Mary Magdalene }



*Make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## PENITENTIAL RITE

*Brief moment of silence*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*All strike their breast*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*Presiding minister*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

— Amen.

## HYMN

To you before the close of light,  
Creator of all things, we pray:  
Be our protector, keep us safe  
in your unfailing clemency.

Incline our hearts to dream of you,  
to sense your presence as we sleep;

as light returns, so let us sing  
your praise and glory evermore.

Grant us the grace of health and strength,  
renew our warmth and joy of life;  
and let your radiant light dispel  
the dreaded darkness of the night.

Almighty Father, grant our prayer  
through Jesus Christ your Son our Lord,  
who reigns with you from age to age,  
one with the Spirit, ever blest. Amen.

*Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794–1849*

*Plainsong, mode II, melody 32; Liber Hymnarius, Solesmes, 1983\*, Text: Te lucis ante  
terminum, 5–6th c.*

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## PSALMODY

### *Antiphon 1*

Lord God, be my refuge and my strength.

*Psalm 31:1–6*

*Trustful prayer in adversity*

*Father, into your hands I commend my spirit (Luke 23:46).*

In yóu, O Lórd, I take réfuge. \*  
Let me néver be pút to sháme.  
In your jústice, sét me fréé, \*  
héar me and spéedily réscue me.

Be a róck of réfuge fór me, \*  
a míghty stróngthold to sáve me,  
for yóu are my róck, my stróngthold. \*  
For your náme's sake, léad me and guíde me.

Release me from the snares they have hidden \*  
for you are my refuge, Lórd.  
Into your hands I commend my spirit. \*  
It is you who will redeem me, Lórd.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Lord God, be my refuge and my strength.

*Antiphon 2*

Out of the depths I cry to you, Lord.

*Psalm 130*

*A cry from the depths*

*He will save his people from their sins (Matthew 1:21).*

Out of the depths I cry to you, O Lórd, \*  
Lórd, hear my voice!  
O let your ears be attentive \*  
to the voice of my pleading.

If you, O Lórd, should mark our guilt, \*  
Lórd, who would survive?  
But with you is found forgiveness: \*  
for this we reverence you.

My soul is waiting for the Lórd, \*  
I count on his word.  
My soul is longing for the Lórd \*  
more than watchman for daybreak.  
Let the watchman count on daybreak \*  
and Israel on the Lórd.

Because with the Lórd there is mercy \*  
and fullness of redemption,  
Israel indeed he will redeem \*  
from all its iniquity.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

Out of the depths I cry to you, Lord.

READING

*Ephesians 4:26-27*

If you are angry, let it be without sin. The sun must not go down on your wrath; do not give the devil a chance to work on you.

*Responsory*

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

*Luke 2:29-32*

*Christ is the light of the nations and the glory of Israel*

*Make sign of cross*

Lord, now you let your servant go in peace;\*  
your word has been fulfilled:

my own eyes have seen the salvation\*  
which you have prepared in the sight of every people:

a light to reveal you to the nations\*

and the glory of your people Israel.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

Lord Jesus Christ,  
you have given your followers  
an example of gentleness and humility,  
a task that is easy, a burden that is light.  
Accept the prayers and work of this day,  
and give us the rest that will strengthen us  
to render more faithful service to you  
who live and reign for ever and ever.

— Amen.

*Blessing*

May the all-powerful Lord grant us a restful night and a peaceful death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, holy Queen, mother of mercy,  
our life, our sweetness, and our hope.  
To you do we cry,  
poor banished children of Eve.  
To you do we send up our sighs  
mourning and weeping in this vale of tears.  
Turn then, most gracious advocate,  
your eyes of mercy toward us,

and after this exile  
show us the blessed fruit of your womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

## To You before the Close of Light



1. To you be - fore the close of light,
2. In - cline our hearts to dream of you,
3. Grant us the grace of health and strength,
4. Al - might - y Fa - ther, grant our prayer



1. Cre - a - tor of all things, we pray:
2. to sense your pres - ence as we sleep;
3. re - new our warmth and joy of life;
4. through Je - sus Christ your Son our Lord,



1. Be our pro - tec - tor, keep us\_\_ safe
2. as light re - turns, so let us\_\_ sing
3. and let your ra - diant light dis - pel
4. who reigns with you from age to\_\_ age,



1. in your un - fail - ing clem - en - cy.
2. your praise and glo - ry ev - er - more.
3. the dread - ed dark - ness of the night.
4. one with the Spir - it, ev - er blest.



4. A - men.

*Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794-1849.  
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