

*Liturgy of the Hours*  
LITURGY OF THE HOURS

MORNING PRAYER

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February 23, 2025

{ Seventh Sunday in Ordinary Time }



# *Invitatory*

*Stand and make sign of cross on lips with thumb*

Lord, open my lips.

— And my mouth will proclaim your praise.

*Psalm 95*

*A call to praise God*

*Encourage each other daily while it is still today (Hebrews 3:13).*

Come, let us sing to the Lord, and shout with joy to the Rock who saves us.

— Come, let us sing to the Lord, and shout with joy to the Rock who saves us.

Come, let us sing to the Lord  
and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving  
and sing joyful songs to the Lord.

— Come, let us sing to the Lord, and shout with joy to the Rock who saves us.

The Lord is God, the mighty God,  
the great king over all the gods.  
He holds in his hands the depths of the earth  
and the highest mountains as well.  
He made the sea; it belongs to him,  
the dry land, too, for it was formed by his hands.

— Come, let us sing to the Lord, and shout with joy to the Rock who saves us.

Come, then, let us bow down and worship,  
bending the knee before the Lord, our maker.  
For he is our God and we are his people,  
the flock he shepherds.

— Come, let us sing to the Lord, and shout with joy to the Rock who saves us.

Today, listen to the voice of the Lord:  
Do not grow stubborn, as your fathers did  
in the wilderness,  
when at Meriba and Massah  
they challenged me and provoked me,  
Although they had seen all of my works.

— Come, let us sing to the Lord, and shout with joy to the  
Rock who saves us.

Forty years I endured that generation.  
I said, “They are a people whose hearts go astray  
and they do not know my ways.”  
So I swore in my anger,  
“They shall not enter into my rest.”

— Come, let us sing to the Lord, and shout with joy to the  
Rock who saves us.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

— Come, let us sing to the Lord, and shout with joy to the  
Rock who saves us.

## *Morning Prayer*

### HYMN

Eternal Author of the world,  
who rule and order night and day,  
you measure seasons by the hours  
to lift our weary minds and hearts.

The herald of the day now cries,  
all watchful through the darkest hours;  
nocturnal light for those who roam,  
he marks the watches of the night.

He crows: the morning star awakes

and rids the skies of night and gloom;  
he crows: all roving errant bands  
forsake their paths of vice and harm.

He crows: the sailor gathers strength,  
and storms on foaming seas grow calm;  
he crows: the Church's rock himself  
by bitter tears dissolves his sin.

O Jesus, heed us as we fall,  
correct us by your loving gaze,  
for if you look, transgressions fail  
and tears release us from our guilt.

Shine forth your light upon our hearts,  
shake off the slumber from our souls,  
and let our voice first sound your praise  
as we fulfill our vows to you.

O Christ, to you, most loving King,  
and to the Father glory be,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: Song 34 (Angels' Song), 8 8 8 8; Orlando Gibbons, 1583-1625*

*Plainsong, mode I, melody 26; Liber Hymnarius, Solesmes, 1983, Text: Æterne rerum conditor, noctem diemque qui regis, St. Ambrose, 340-397*

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*Sit or stand*

## PSALMODY

*Antiphon 1*

Glorious is the Lord on high, alleluia.

*Psalm 93*

*Splendor of God the Creator*

*The Lord our mighty God now reigns supreme; let us rejoice and be glad and give him praise (Revelation 19:6-7).*

The Lord is king, with majesty enrobed; †  
the Lórd has robed himself with might, \*  
he has girded himself with power.

The world you made firm, not to be moved; †  
your throne has stood firm from of old. \*  
From all eternity, O Lórd, you are.

The waters have lifted up, O Lórd, †  
the waters have lifted up their voice, \*  
the waters have lifted up their thunder.

Greater than the roar of mighty waters, †  
more glorious than the surgings of the sea, \*  
the Lórd is glorious on high.

Truly your decrees are to be trusted. †  
Holiness is fitting to your house, \*  
O Lórd, until the end of time.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Glorious is the Lord on high, alleluia.

*Antiphon 2*

To you, Lord, be highest glory and praise for ever, alleluia.

*Canticle – Daniel 3:57-88, 56*

*Let all creatures praise the Lord*

*All you servants of the Lord, sing praise to him (Revelation 19:5).*

Bless the Lord, all you works of the Lord. \*  
Praise and exalt him above all forever.

Angels of the Lord, bless the Lord. \*  
You heavens, bless the Lord,  
All you waters above the heavens, bless the Lord. \*  
All you hosts of the Lord, bless the Lord.  
Sun and moon, bless the Lord. \*  
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. \*  
All you winds, bless the Lord.  
Fire and heat, bless the Lord. \*  
Cold and chill, bless the Lord.  
Dew and rain, bless the Lord. \*  
Frost and chill, bless the Lord.  
Ice and snow, bless the Lord. \*  
Nights and days, bless the Lord.  
Light and darkness, bless the Lord. \*  
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. \*  
Praise and exalt him above all forever.  
Mountains and hills, bless the Lord. \*  
Everything growing from the earth, bless the Lord.  
You springs, bless the Lord. \*  
Seas and rivers, bless the Lord.  
You dolphins and all water creatures, bless the Lord. \*  
All you birds of the air, bless the Lord.  
All you beasts, wild and tame, bless the Lord. \*  
You sons of men, bless the Lord.

O Israel, bless the Lord. \*  
Praise and exalt him above all forever.  
Priests of the Lord, bless the Lord. \*  
Servants of the Lord, bless the Lord.  
Spirits and souls of the just, bless the Lord. \*  
Holy men of humble heart, bless the Lord.  
Hananiah, Azariah, Mishael, bless the Lord. \*  
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. \*  
Let us praise and exalt him above all for ever.

Blessed are you, Lord, in the firmament of heaven. \*  
Praiseworthy and glorious and exalted above all for ever.

*Antiphon*

To you, Lord, be highest glory and praise for ever, alleluia.

*Antiphon 3*

Praise the Lord from the heavens, alleluia.

*Psalm 148*

*Praise to the Lord, the Creator*

*Praise and honor, glory and power for ever to him who sits upon the throne and to the Lamb (Revelation 5:13).*

Práise the Lórd from the héavens, \*  
práise him in the héights.  
Práise him, all his ángels, \*  
práise him, áll his hóst.

Práise him, sún and móon, \*  
práise him, shining stárs.  
Práise him, highest héavens \*  
and the wáters abóve the héavens.

Let them práise the náme of the Lórd. \*  
He commáded: they were máde.  
He fixed them for éver, \*  
gave a lów which shall nótt pass awáy.

Práise the Lórd from the éarth, \*  
séa creatures and all óceans,  
fire and háil, snow and míst, \*  
stormy wínds that obéy his wórd;

áall móuntains and hílls, \*  
all frúit trees and céders,  
béasts, wild and táme, \*  
réptiles and bírds on the wíng;

áall éarth's kíngs and péoples, \*  
éarth's prínces and rúlers;  
yóung men and máidens, \*

old men together with children.

Let them praise the name of the Lord \*  
for he alone is exalted.

The splendor of his name \*  
reaches beyond heaven and earth.

He exalts the strength of his people. \*  
He is the praise of all his saints,  
of the sons of Israel, \*  
of the people to whom he comes close.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Praise the Lord from the heavens, alleluia.

*Sit*

READING

*Ezekiel 37:12b-14*

Thus says the Lord God: O my people, I will open your graves and have you rise from them, and bring you back to the land of Israel. Then you shall know that I am the Lord, when I open your graves and have you rise from them, O my people! I will put my spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the Lord. I have promised, and I will do it, says the Lord.

RESPONSORY

Christ, Son of the living God, have mercy on us.

— Christ, Son of the living God, have mercy on us.

You are seated at the right hand of the father,

— have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit,



— Christ, Son of the living God, have mercy on us.

*Stand*

## GOSPEL CANTICLE

*Antiphon*

The paralyzed man picked up the bed on which he was lying, and gave praise to God; all who saw it gave glory to God.

*Luke 1:68-79*

*The Messiah and his forerunner*

*Make sign of cross*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.

Through his holy prophets he promised of old †  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham: \*  
to set us free from the hands of our enemies,  
free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; \*  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation \*  
by the forgiveness of their sins.

In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*

and will be for ever. Amen.

*Antiphon*

The paralyzed man picked up the bed on which he was lying, and gave praise to God; all who saw it gave glory to God.

INTERCESSIONS

Father, you sent the Holy Spirit to enlighten the hearts of men; hear us as we pray:

— Enlighten your people, Lord.

Blessed are you, O God, our light,  
you have given us a new day resplendent with your glory.

— Enlighten your people, Lord.

You enlightened the world through the resurrection of your Son,  
through your Church shed this light on all men.

— Enlighten your people, Lord.

You gave the disciples of your only-begotten Son the Spirit's gift of understanding,  
through the same Spirit keep the Church faithful to you.

— Enlighten your people, Lord.

Light of nations, remember those who remain in darkness,  
open their eyes and let them recognize you, the only true God.

— Enlighten your people, Lord.

*The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

*Concluding Prayer*

Father,  
keep before us the wisdom and love  
you have revealed in your Son.  
Help us to be like him  
in word and deed,  
for he lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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