

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

---

December 22, 2024

{ Fourth Sunday of Advent }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord  
with willing mind and fervent heart;  
the noonday hour returns again  
and summons us once more to prayer.

For to the faithful at this hour  
true saving glory was restored  
by off'ring of the blessed Lamb  
and by the power of his Cross.

The Cross obscures the noonday sun  
by its most clear and brilliant light;  
let us receive with all our heart  
the gift of such resplendent grace.

To God the Father glory be,  
all honor to his only Son,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: Herr Jesu Christ, 8 8 8 8; Pensum Sacrum Metro-  
Rhythmicum, Görlitz, 1648*

*Plainsong, mode IV, melody 80; Liber Hymnarius, Solesmes, 1983\*, Text: Dicamus  
laudes Domino, before 6th c.*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023  
International Commission on English in the Liturgy Corporation (ICEL).*

*Reproduced from The Divine Office Hymnal (hymns #25/26). Copyright © 2023  
United States Conference of Catholic Bishops, Washington, DC (USCCB). Published  
and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the  
Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and*

*Sit or stand*

PSALMODY

*Antiphon*

The angel Gabriel said to Mary in greeting: Hail, full of grace, the Lord is with you; blessed are you among women.

*Psalm 23*

*The Good Shepherd*

*The Lamb himself will be their shepherd and will lead them to the springs of living waters (Revelation 7:17).*

The Lórd is my shépherd; \*  
there is nóthing I shall wánt.  
Frésh and gréen are the pástures \*  
where he gíves me repóse.  
Near réstful wáters he léads me, \*  
to revíve my drooping spírit.  
He guídes me alóng the right páth; \*  
he is trúe to his náme.  
If I should wálk in the válley of dárkness \*  
no évil would I féar.  
You are thére with your cróok and your stáff; \*  
with thése you give me cómfort.  
You have prépared a bánquet for mé \*  
in the síght of my fóes.  
My héad you have anóinted with óil; \*  
my cúp is overflówing.  
Surely góodness and kíndness shall fóllow me \*  
all the dáys of my lífe.  
In the Lórd's own hóuse shall I dwéll \*  
for éver and éver.  
Glory to the Fátter, and to the Son, \*  
and to the Holy Spírit:  
as it was in the béginning, is now, \*

and will be for ever. Amen.

*Psalm 76*

*Thanksgiving for victory*

*They will see the Son of Man coming on the clouds of heaven  
(Matthew 24:30).*

*I*

Gód is made knówn in Júdah; \*  
in Ísrael his náme is gréat.  
He sét up his tént in Jerúsalem \*  
and his dwélling pláce in Zíon.  
It was thére he bróke the flashing árrows, \*  
the shíeld, the swórd, the ármor.  
Yóu, O Lórd, are respléndent, \*  
more majéstic than the éverlasting móuntains.  
The wárriors, despóiled, slept in déath; \*  
the hánds of the sóldiers were pówerless.  
At your thréat, O Gód of Jácob, \*  
hórsé and ríder lay stúnned.  
Glory to the Fátter, and to the Son, \*  
and to the Holy Spírit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*II*

Yóu, you alóne, strike térror. \*  
Who shall stánd when your ánger is róused?  
You úttered your séntence from the héavens; \*  
the éarth in térror was stíll  
when Gód aróse to júdge, \*  
to sáve the húmble of the éarth.  
Men's ánger will sérve to práise you; †  
its survívors surróund you in jóy. \*  
Make vóws to your Gód and fulfil them.  
Let all pay tríbute to hím who strikes térror, †  
who cúts short the lífe of prínces, \*

who strikes terror in the kings of the earth.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The angel Gabriel said to Mary in greeting: Hail, full of grace, the Lord is with you; blessed are you among women.

*Sit*

READING

*1 Thessalonians 3:12-13*

May the Lord make you overflow with love for one another and for all, even as our love does for you. May he strengthen your hearts, making them blameless and holy before our God and Father at the coming of our Lord Jesus with all his holy ones.

*Verse*

Remember us, Lord, because of the love you have for your people.

— Come and bring us your salvation.

*Stand*

CONCLUDING PRAYER

Let us pray.

Lord,  
fill our hearts with your love,  
and as you revealed to us by an angel  
the coming of your Son as man,  
so lead us through his suffering and death  
to the glory of his resurrection,  
for he lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



---

UNITED STATES OF AMERICA

*[www.ebreviary.com](http://www.ebreviary.com)*