

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

November 23, 2024

{ Saturday of the 33rd Week in Ordinary Time }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship God who holds the world and its wonders in his creating hand.

— Come, let us worship God who holds the world and its wonders in his creating hand.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship God who holds the world and its wonders in his creating hand.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship God who holds the world and its wonders in his creating hand.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship God who holds the world and its wonders in his creating hand.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

— Come, let us worship God who holds the world and its
wonders in his creating hand.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

— Come, let us worship God who holds the world and its
wonders in his creating hand.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship God who holds the world and its
wonders in his creating hand.

Morning Prayer

HYMN

Praise, my soul, the King of heaven;
To his feet your tribute bring;
Ransomed, healed, restored, forgiven,
Evermore his praises sing:
Alleluia! Alleluia!
Praise the everlasting King.

Praise him for his grace and favor
To his children in distress;
Praise him still the same as ever,
Slow to chide and swift to bless:

Alleluia! Alleluia!
Glorious in his faithfulness.

Father-like he tends and spares us;
Well our feeble frame he knows;
In his hand he gently bears us,
Rescues us from all our foes.
Alleluia! Alleluia!
Widely yet his mercy flows.

Angels, help us to adore him;
You behold him face to face;
Sun and moon, bow down before him,
Join the praises of our race:
Alleluia! Alleluia!
Praise with us the God of grace.

Melody: Lauda Anima 87.87.87; Music John Goss, 1869; Text: H. F. Lyte, 1834, alt.

Sit or stand

PSALMODY

Antiphon 1

Dawn finds me ready to welcome you, my God.

Psalm 119:145-152

XIX (Koph)

I call with all my heart; Lord, hear me, *
I will keep your commands;
I call upon you, save me *
and I will do your will.

I rise before dawn and cry for help, *
I hope in your word.
My eyes watch through the night *
to ponder your promise.

In your love hear my voice, O Lord; *
give me life by your decrees.
Those who harm me unjustly draw near: *
they are far from your law.

But yóu, O Lórd, are clóse: *
your commánds are trúth.
Lóng have I knówn that your will *
is establihed for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Dawn finds me ready to welcome you, my God.

Antiphon 2

The Lord is my strength, and I shall sing his praise, for he has become my Savior.

Canticle – Exodus 15:1-4a, 8-13, 17-18

Hymn of victory after the crossing of the Red Sea

Those who had conquered the beast were singing the song of Moses, God's servant (see Revelation 15:2-3).

I will sing to the Lord, for he is gloriously triumphant; *
horse and chariot he has cast into the sea.

My strength and my courage is the Lord, *
and he has been my savior.

He is my God, I praise him; *
the God of my father, I extol him.

The Lord is a warrior, *
Lord is his name!
Pharaoh's chariots and army he hurled into the sea. *
At a breath of your anger the waters piled up,
the flowing waters stood like a mound, *
the flood waters congealed in the midst of the sea.

The enemy boasted, "I will pursue and overtake them; †
I will divide the spoils and have my fill of them; *
I will draw my sword; my hand shall despoil them!"
When your wind blew, the sea covered them; *

like lead they sank in the mighty waters.

Who is like to you among the gods, O Lord? *

Who is like to you, magnificent in holiness?

O terrible in renown, worker of wonders, *

when you stretched out your right hand, the earth swallowed them!

In your mercy you led the people you redeemed; *

in your strength you guided them to your holy dwelling.

And you brought them in and planted them on the mountain of
your inheritance— *

the place where you made your seat, O Lord,

the sanctuary, O Lord, which your hands established. *

The Lord shall reign forever and ever.

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

The Lord is my strength, and I shall sing his praise, for he has
become my Savior.

Antiphon 3

O praise the Lord, all you nations.

Psalm 117

Praise for God's loving compassion

*I affirm that . . . the Gentile peoples are to praise God because of his mercy (Romans
15:8-9).*

O práise the Lórd, all you nátions, *
accláim him, all you péoples!

Stróng is his lóve for ús; *
he is fáithful for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

O praise the Lord, all you nations.

Sit

READING

2 Peter 1:10-11

Be solicitous to make your call and election permanent, brothers; surely those who do so will never be lost. On the contrary, your entry into the everlasting kingdom of our Lord and Savior Jesus Christ will be richly provided for.

RESPONSORY

I cry to you, O Lord, for you are my refuge.

— I cry to you, O Lord, for you are my refuge.

You are all I desire in the land of the living,

— for you are my refuge.

Glory to the Father, and to the Son, and to the Holy Spirit,

— I cry to you, O Lord, for you are my refuge.

Stand

GOSPEL CANTICLE

Antiphon

Lord, shine on those who dwell in darkness and the shadow of death.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *

from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Lord, shine on those who dwell in darkness and the shadow of death.

INTERCESSIONS

Let us all praise Christ. In order to become our faithful and merciful high priest before the Father's throne, he chose to become one of us, a brother in all things. In prayer we ask of him:

— Lord, share with us the treasure of your love.

Sun of Justice, you filled us with light at our baptism,
we dedicate this day to you.

— Lord, share with us the treasure of your love.

At every hour of the day, we give you glory,
in all our deeds, we offer you praise.

— Lord, share with us the treasure of your love.

Mary, your mother, was obedient to your word,
direct our lives in accordance with that word.

— Lord, share with us the treasure of your love.

Our lives are surrounded with passing things; set our hearts on
things of heaven,
so that through faith, hope and charity we may come to enjoy the
vision of your glory.

— Lord, share with us the treasure of your love.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

Lord,
free us from the dark night of death.
Let the light of resurrection
dawn within our hearts
to bring us to the radiance of eternal life.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



UNITED STATES, CANADA, INDIA, PHILIPPINES

www.ebreviary.com