

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

January 11, 2025
{ Saturday after Epiphany }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Christ has appeared to us; come, let us adore him.

— Christ has appeared to us; come, let us adore him.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Christ has appeared to us; come, let us adore him.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Christ has appeared to us; come, let us adore him.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Christ has appeared to us; come, let us adore him.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,

Although they had seen all of my works.

— Christ has appeared to us; come, let us adore him.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Christ has appeared to us; come, let us adore him.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— Christ has appeared to us; come, let us adore him.

Morning Prayer

HYMN

All you who long to see the Christ,
lift up your eyes to heaven’s height,
for there you will behold the sign
of his eternal majesty.

This star in light and beauty bright
outshines the circle of the sun.

It brings glad tidings to the earth,
that God in mortal flesh has come.

Lo, Persian Magi from the East,
the gateway of the rising sun,
discern with wise and learned skill
the royal standard of the King.

“This great one, who is he?,” they ask.

“The sov’reign ruler of the stars;
celestial hosts before him quake,
the light and skies obey his will.

“Some noble wonder we behold

that knows no limit, end, or death,
sublime, exalted, boundless One,
more ancient than the heights and depths.

“The King of nations, this is he,
and sov’rign King of Israel,
pledged to their father Abraham
and his descendants evermore.”

To you, Lord Jesus, glory be,
revealed to nations on this day,
with God the Father, ever blest,
and loving Spirit, ever one. Amen.

Metrical hymn, melody: Eisenach, 8 8 8 8; Johann Hermann Schein, 1586–1630

Plainsong, mode III, melody 53; Liber Hymnarius, Solesmes, 1983, Text: Quicumque
Christum quæritis, Prudentius, ca. 348–405*

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Sit or stand

PSALMODY

Antiphon 1

As morning breaks we sing of your mercy, Lord, and night will find
us proclaiming your fidelity.

Psalms 92

Praise of God the Creator

Sing in praise of Christ’s redeeming work (Saint Athanasius).

It is good to give thanks to the Lórd,*
to make músic to your náme, O Most High,
to procláim your lóve in the mórning*
and your trúth in the wátches of the níght,
on the tén-stringed lýre and the lúte,*

with the múrmuring sóund of the hárp.

Your déeds, O Lórd, have made me glád; *
for the wórk of your hánds I shout with jóy.
O Lórd, how gréat are your wórks! *
How déep are yóur desígns!
The fóolish man cánnót knów this *
and the fóol cánnót understánd.

Though the wícked spring úp like gráss *
and áll who do évil thríve:
they are dóomed to be etérnally destróyed. *
But yóu, Lord, are etérnally on high.
Sée how your énemies pérish; *
all dóers of évil are scátttered.

To mé you give the wíld-ox's stréngth; *
you anóint me with the púrest óil.
My éyes looked in tríumph on my fóes; *
my éars heard gládly of their fáll.
The júst will flóurish like the pálm-tree *
and grów like a Lébanon cédar.

Plánted in the hóuse of the Lórd *
they will flóurish in the cóurts of our Gód,
stíll bearing frúit when they are óld, *
stíll full of sáp, stíll gréen,
to procláim that the Lórd is júst; *
in hím, my rók, there is no wróng.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

As morning breaks we sing of your mercy, Lord, and night will find us proclaiming your fidelity.

Antiphon 2

Extol the greatness of our God.

Canticle – Deuteronomy 32:1-12

God's kindness to his people

How often I have longed to gather your children as a hen gathers her brood under her wing (Matthew 23:37).

Give ear, O heavens, while I speak,*
let the earth hearken to the words of my mouth!
May my instruction soak in like the rain,*
and my discourse permeate like the dew,
like a downpour upon the grass,*
like a shower upon the crops:

For I will sing the Lord's renown.*
Oh, proclaim the greatness of our God!
The Rock—how faultless are his deeds,*
how right all his ways!
A faithful God, without deceit,*
how just and upright he is!

Yet basely has he been treated by his degenerate children,*
a perverse and crooked race!
Is the Lord to be thus repaid by you,*
O stupid and foolish people?
Is he not your father who created you? *
Has he not made you and established you?

Think back on the days of old,*
reflect on the years of age upon age.
Ask your father and he will inform you,*
ask your elders and they will tell you:

When the Most High assigned the nations their heritage,*
when he parceled out the descendants of Adam,
he set up the boundaries of the peoples*
after the number of the sons of God;
While the Lord's own portion was Jacob,*
his hereditary share was Israel.

He found them in a wilderness,*
a wasteland of howling desert.
He shielded them and cared for them,*

guarding them as the apple of his eye.

As an eagle incites its nestlings forth^{*}
by hovering over its brood,
so he spread his wings to receive them^{*}
and bore them up on his pinions.
The Lord alone was their leader,^{*}
no strange god was with him.

Glory to the Father, and to the Son,^{*}
and to the Holy Spirit:
as it was in the beginning, is now,^{*}
and will be for ever. Amen.

Antiphon

Extol the greatness of our God.

Antiphon 3

How wonderful is your name, O Lord, in all creation.

Psalm 8

The majesty of the Lord and man's dignity

*The Father gave Christ lordship of creation and made him head of the Church
(Ephesians 1:22).*

How gréat is your náme, O Lórd our Gód,^{*}
through áll the éarth!

Your májesty is práised above the héavens;^{*}
on the líps of chíldren and of bábes
you have found práise to fóil your énemy,^{*}
to sílence the fóe and the rébel.

When I see the héavens, the wórk of your hánds,^{*}
the móon and the stárs which you arráinged,
what is mán that you should kéeep him in mínd,^{*}
mortal mán that you cáre for hím?

Yet you have máde him little léss than a gód;^{*}
with glóry and hónor you crówned him,
gave him pówer over the wórks of your hánd,^{*}
put áll things únder his féet.

Áll of them, shéep and cáttle, *
yes, éven the sávage béasts,
bírd of the aír, and fish *
that máke their wáy through the wáters.

How gréat is your náme, O Lórd our Gód, *
through áll the éarth!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

How wonderful is your name, O Lord, in all creation.

Sit

READING

Wisdom 7:26-27

Wisdom is the refulgence of eternal light,
the spotless mirror of the power of God,
the image of his goodness.
And she, who is one, can do all things,
and renews everything while herself perduring;
And passing into holy souls from age to age,
she produces friends of God and prophets.

RESPONSORY

All the kings of the earth will bow down in worship.

— All the kings of the earth will bow down in worship.

Men and women of every nation will serve him.

— They will bow down in worship.

Glory to the Father, and to the Son, and to the Holy Spirit,

— All the kings of the earth will bow down in worship.

Stand

GOSPEL CANTICLE

Antiphon

At Cana in Galilee Jesus worked the first of the signs which revealed his glory.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

At Cana in Galilee Jesus worked the first of the signs which revealed his glory.

INTERCESSIONS

Let us give glory to Christ, the image of God, as we call upon him in faith:

— Christ, Son of God, hear us.

Son of God, you showed us the Father's love,
reveal him to men and women through the love we show toward one another.

— Christ, Son of God, hear us.

You revealed yourself as Lord of life,
now grant us the fullness of your life.

— Christ, Son of God, hear us.

Let our bodies be signs of your life,
as we bear your dying in our flesh.

— Christ, Son of God, hear us.

Illuminate our hearts,
with the brilliant knowledge of God's light.

— Christ, Son of God, hear us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

God our Father,
through your Son you made us a new creation.
He shared our nature and became one of us;
with his help, may we become more like him,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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