

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

June 29, 2026

{ Solemnity – Peter and Paul, Apostles }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: TALLIS' CANON, 8 8 8 8; Thomas Tallis, ca. 1505–1585

Plainsong, mode VIII, melody 113; Liber Hymnarius, Solesmes, 1983, Text: Dicamus
laudes Domino, before 6th c.*

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PSALMODY

Antiphon

Peter went up to the roof of the house to pray at about noontime.

Psalm 123

The Lord, unfailing hope of his people

Two blind men cried out: "Have pity on us, Lord, Son of David" (Matthew 20:30).

To you have I lifted up my eyes, *
you who dwell in the heavens:
my eyes, like the eyes of slaves *
on the hand of their lords.

Like the eyes of a servant *
on the hand of her mistress,
so our eyes are on the Lord our God *
till he show us his mercy.

Have mercy on us, Lord, have mercy. *
We are filled with contempt.
Indeed all too full is our soul †
with the scorn of the rich, *
with the proud man's disdain.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 124

Our help is in the name of the Lord

The Lord said to Paul: "Fear not . . . I am with you" (Acts 18:9-10).

"If the Lord had not been on our side," *
this is Israel's song.

"If the Lord had not been on our side *
when men rose against us,
then would they have swallowed us alive *
when their anger was kindled.

Thén would the wáters have engúlfed us, *
the tórrént gone óver us;
óver our héad would have swépt *
the ráging wáters.”

Bléssed be the Lórd who did not gíve us *
a préy to their téeth!
Our lífe, like a bírd, has escáped *
from the snáre of the fówler.

Indéed the snáre has been bróken *
and wé have escáped.
Our hélp is in the náme of the Lórd, *
who made héaven and éarth.

Glory to the Fátter, and to the Son, *
and to the Holy Spírit:
as it was in the beginnng, is now, *
and will be for ever. Amen.

Psalm 125

The Lord, guardian of his people

Peace to God's true Israel (Galatians 6:16).

Thóse who put their trúst in the Lórd †
are like Mount Zíon, that cánnót be sháken, *
that stánds for éver.

Jerúsalem! The móuntains surróund her, †
so the Lórd surróunds his péople *
both nów and for éver.

For the scépter of the wícked shall not rést *
over the lánd of the júst
for féar that the hánds of the júst *
should túrn to évil.

Do góod, Lord, to thóse who are góod, *
to the úpright of héart;
but the cróoked and thóse who do évil, †
dríve them awáy! *
On Ísrael, péáce!

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

Peter went up to the roof of the house to pray at about noontime.

Sit

READING

Galatians 1:15-16a, 17b-18a

The time came when he who had set me apart before I was born and called me by his favor chose to reveal his Son to me that I might spread among the Gentiles the good tidings concerning him. I went off to Arabia; later I returned to Damascus. Three years after that I went up to Jerusalem to get to know Cephas.

Verse

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

Stand

CONCLUDING PRAYER

Let us pray.

God our Father,
today you give us the joy
of celebrating the feast of the apostles Peter and Paul.
Through them your Church first received the faith.
Keep us true to their teaching.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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