

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

July 7, 2024

{ Fourteenth Sunday in Ordinary Time }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Come, Holy Ghost, who ever one
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

In will and deed, in heart and tongue
With all the powers, thy praise be sung;
And love light up our mortal frame
Till others catch the living flame.

Almighty Father, hear our cry
Through Jesus Christ, our Lord most high,
Who with the Holy Ghost and thee
Doth live and reign eternally.

*Melody: Saint Venantius L.M.; Music: Clausener Gesangbuch, 1653; Text: St.
Ambrose (?); Translator: J. H. Newman, 1801-1890*

Sit or stand

PSALMODY

Antiphon 1

The Lord has brought me to green pastures, alleluia.

Psalm 23

The Good Shepherd

*The Lamb himself will be their shepherd and will lead them to the springs of living
waters (Revelation 7:17).*

The Lórd is my shépherd; *
there is nóthing I shall wánt.

Frésh and gréen are the pástures *
where he gíves me repóse.
Near réstful wáters he léads me, *
to revíve my drooping spírit.

He guídes me alóng the right páth; *
he is trúe to his náme.
If I should wálk in the válley of dárkness *
no évil would I féar.

You are thére with your cróok and your stáff; *
with thése you give me cómfort.

You have prépared a bánquet for mé *
in the síght of my fóes.
My héad you have anóinted with óil; *
my cúp is overflówing.

Surely góodness and kíndness shall fóllow me *
all the dáys of my life.
In the Lórd's own hóuse shall I dwéll *
for éver and éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord has brought me to green pastures, alleluia.

Antiphon 2

Great is the name of the Lord among his people, Israel, alleluia.

Psalm 76

Thanksgiving for victory

They will see the Son of Man coming on the clouds of heaven (Matthew 24:30).

I

Gód is made knówn in Júdah; *
in Ísrael his náme is gréat.
He sét up his tént in Jerúsalem *

and his dwelling place in Zíon.

It was there he broke the flashing arrows, *
the shield, the sword, the armor.

Yóu, O Lórd, are resplendent, *
more majestic than the everlasting mountains.
The warriors, despoiled, slept in death; *
the hands of the soldiers were powerless.
At your threat, O Gód of Jácob, *
horse and rider lay stunned.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Great is the name of the Lord among his people, Israel, alleluia.

Antiphon 3

Earth shuddered, then all was still, when God arose for judgment,
alleluia.

II

Yóu, you alóne, strike terror. *
Who shall stand when your anger is roused?
You uttered your sentence from the heavens; *
the earth in terror was still
when Gód arose to judge, *
to save the humble of the earth.

Men's anger will serve to praise you; †
its survivors surround you in joy. *
Make vows to your Gód and fulfill them.
Let all pay tribute to him who strikes terror, †
who cuts short the life of princes, *
who strikes terror in the kings of the earth.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

Earth shuddered, then all was still, when God arose for judgment, alleluia.

Sit

READING

Romans 8:26

The Spirit helps us in our weakness, for we do not know how to pray as we ought; but the Spirit himself makes intercession for us with groanings that cannot be expressed in speech.

Verse

Lord, grant a hearing to my prayer.

— Give me wisdom as you promised.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
through the obedience of Jesus,
your servant and your Son,
you raised a fallen world.
Free us from sin
and bring us the joy that lasts for ever.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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