

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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December 24, 2024

{ Tuesday of the Fourth Week of Advent }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord  
with willing mind and fervent heart;  
the noonday hour returns again  
and summons us once more to prayer.

For to the faithful at this hour  
true saving glory was restored  
by off'ring of the blessed Lamb  
and by the power of his Cross.

The Cross obscures the noonday sun  
by its most clear and brilliant light;  
let us receive with all our heart  
the gift of such resplendent grace.

To God the Father glory be,  
all honor to his only Son,  
one with the Spirit Paraclete,  
from age to age for evermore. Amen.

*Metrical hymn, melody: Herr Jesu Christ, 8 8 8 8; Pensum Sacrum Metro-  
Rhythmicum, Görlitz, 1648*

*Plainsong, mode IV, melody 80; Liber Hymnarius, Solesmes, 1983\*, Text: Dicamus  
laudes Domino, before 6th c.*

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*Sit or stand*

PSALMODY

*Antiphon*

The angel Gabriel said to Mary in greeting: Hail, full of grace, the Lord is with you; blessed are you among women.

*Psalm 119:137-144*

*XVIII (Sade)*

Lórd, you are júst indéed; \*  
your décrées are ríght.  
You have impósed your wíll with jústice \*  
and with ábsolute trúth.

I am cárried áwáy by ánger \*  
for my fóes forget your wórd.  
Your prómise is tríed in fire, \*  
the delíght of your sérvant.

Althóugh I am wéak and despísed \*  
I reméber your précepts.  
Your jústice is etérnal jústice \*  
and your lów is trúth.

Thóugh ánguish and dístréss have séized me, \*  
I delíght in your commánds.  
The jústice of your wíll is etérnal: \*  
if you téach me, I shall líve.

Glory to the Fátter, and to the Són, \*  
and to the Hóly Spírít:  
as it was in the béginning, is now, \*  
and will be for éver. Amen.

*Psalm 88*

*Prayer of a person who is gravely ill*

*This is your moment—when darkness reigns (Luke 22:53).*

*I*

Lord my Gód, I call for hélp by dáy; \*  
I crý at níght befóre you.  
Let my práyer cóme into your présence. \*  
O túrn your éar to my crý.

For my sóul is filled with évils; \*  
my life is on the brínk of the gráve.  
I am réckoned as óne in the tómb: \*  
I have réached the énd of my stréngth,  
like óne alóne among the déad; \*  
like the sláin líng in their gráves;  
like thóse you remémber no móre, \*  
cut óff, as they áre, from your hánd.

You have láid me in the dépths of the tómb, \*  
in pláces that are dárk, in the dépths.  
Your ánger weighs dówn upón me: \*  
I am drówned benéath your wáves.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*II*

You have táken awáy my fríends \*  
and máde me háteful in their síght.  
Imprísoned, I cánnót escápe; \*  
my éyes are súnken with gríef.

I cáll to you, Lórd, all the day lóng; \*  
to yóu I strétch out my hánds.  
Will you wórk your wónders for the déad? \*  
Will the shádes stánd and práise you?

Will your love be told in the grave \*  
or your faithfulness among the dead?  
Will your wonders be known in the dark \*  
or your justice in the land of oblivion?

As for me, Lord, I call to you for help: \*  
in the morning my prayer comes before you.  
Lord, why do you reject me? \*  
Why do you hide your face?

Wretched, close to death from my youth, \*  
I have borne your trials; I am numb.  
Your fury has swept down upon me; \*  
your terrors have utterly destroyed me.

They surround me all the day like a flood, \*  
they assail me all together.  
Friend and neighbor you have taken away: \*  
my one companion is darkness.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

The angel Gabriel said to Mary in greeting: Hail, full of grace, the  
Lord is with you; blessed are you among women.

### *Sit*

## READING

*Isaiah 4:3*

He who remains in Zion  
and he that is left in Jerusalem  
Will be called holy:  
every one marked down for life in Jerusalem.

### *Verse*

Remember us, Lord, because of the love you have for your people.  
— Come and bring us your salvation.

*Stand*

CONCLUDING PRAYER

Let us pray.

Come, Lord Jesus,  
do not delay;

give new courage to your people who trust in your love.

By your coming, raise us to the joy of your kingdom,  
where you live and reign with the Father and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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