

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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July 25, 2024

{ Feast – James, Apostle }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

Firmly I believe and truly  
God is three and God is one;  
And I next acknowledge duly  
Manhood taken by the Son  
And I trust and hope most fully  
In that manhood crucified;  
And I love supremely, solely  
Christ who for my sins has died.

And I hold in veneration,  
For the love of him alone,  
Holy Church as his creation,  
And her teachings as his own.

Praise and thanks be ever given  
With and through the angel host,  
To the God of earth and heaven,  
Father, Son and Holy Ghost.

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*Sit or stand*

PSALMODY

*Antiphon 1*

If you love me, says the Lord, keep my commandments.

*Psalm 119:153-160*

*XX (Resh)*

Sée my affliction and sáve me \*  
for I remémber your lów.  
Uphóld my cáuse and defénd me; \*  
by your prómise give me lífe.

Salvátion is fár from the wícked \*  
who are héedless of your commánds.  
Númerless, Lórd, are your mércies; \*  
with your decrées give me lífe.

Though my fóes and oppréssors are cóuntless \*  
I have not swérvéd from your wíll.  
I lóok at the fáithless with disgúst; \*  
they ignóre your prómise.

Sée how I lóve your précepts; \*  
in your mércy give me lífe.  
Your wórd is fóunded on trúth: \*  
your decrées are etérnal.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

If you love me, says the Lord, keep my commandments.

*Antiphon 2*

May the Lord bless you, and peace will be yours all the days of your life.

*Psalm 128*

*Happiness of family life rooted in God*

*"May the Lord bless you from Zion" refers to the Church (Arnobius).*

O blésséd are thóse who fear the Lórd \*  
and wálk in his wáys!

By the lábor of your hánds you shall éat.\*  
You will be háppy and próser;  
your wífe like a frúitful víne\*  
in the héart of your hóuse;  
your chíldren like shóots of the ólive,\*  
aróund your táble.

Indéed thús shall be bléssed\*  
the mán who fears the Lórd.  
May the Lórd bléss you from Zíon\*  
all the dáys of your lífe!  
May you sée your chíldren's chíldren †  
in a háppy Jerúsalem!\*  
On Ísrael, péace.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

May the Lord bless you, and peace will be yours all the days of your life.

*Antiphon 3*

God will gain the victory for you over all your enemies.

*Psalm 129*

*God's people reaffirm their trust in time of affliction*

*The voice of the Church lamenting its suffering is heard in this psalm (Saint Augustine).*

“They have préssed me hárd from my yóuth,”\*  
this is Ísrael's sóng.  
“They have préssed me hárd from my yóuth\*  
but could néver destróy me.

They plóughed my báck like plóughmen,\*  
drawing lóng fúrrows.  
But the Lórd, who is júst, has destróyed\*  
the yóke of the wícked.”

Lét them be shámed and róuted,\*  
thóse who hate Zíon!  
Lét them be like gráss on the róof\*  
that wíthers before it flówers.

With thát no réaper fills his árms,\*  
no bínder makes his shéaves  
and thóse passing bý will not sáy: †  
“On yóu the Lord’s bléssing!”\*  
“We bléss you in the náme of the Lórd.”

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

God will gain the victory for you over all your enemies.

*Sit*

#### READING

*Acts 5:12a, 14*

Through the hands of the apostles, many signs and wonders occurred among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

*Verse*

The apostles held fast to Christ’s message.

— They kept the precepts he gave them.

*Stand*

#### CONCLUDING PRAYER

Let us pray.

Almighty Father,  
by the martyrdom of Saint James  
you blessed the work of the early Church.  
May his profession of faith give us courage  
and his prayers bring us strength.

We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

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