

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

February 22, 2025

{ Feast – Chair of Peter, Apostle }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794–1849

Plainsong, mode VIII, melody 107; Liber Hymnarius, Solesmes, 1983, Text: Dicamus
laudes Domino, before 6th c.*

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Sit or stand

PSALMODY

Antiphon 1

Heaven and earth will pass away but my words will not pass away.

Psalm 119:81-88

XI (Caph)

I yéarn for your sáving hélp; *
I hópe in your wórd.
My éyes yéarn to see your prómise. *
Whén will you consóle me?

Though párchéd and exháusted with wáiting *
I have not forgóttén your commánds.
How lóng must your sérvant súffer? *
When will you júdge my fóes?

For mé the próud have dug pítfalls, *
agáinst your lów.
Your commánds are all trúé; then hélp me *
when líes opprés me.

They álmóst made an énd of me on éarth *
but I képt your précepts.
Becáuse of your lóve give me lífe *
and Í will do your wíll.

Glory to the Fátter, and to the Son, *
and to the Holy Spírit:
as it was in the bégínníng, is nów, *
and will be for éver. Amen.

Antiphon

Heaven and earth will pass away but my words will not pass away.

Antiphon 2

Lord, you are my hope, a strong citadel against my enemies.

Psalm 61

Prayer of an exile

The prayer of the just man who places his hope in the things of heaven (Saint Hilary).

O Gód, héar my cry! *
Lísten to my práyer!
From the énd of the éarth I cáll: *
my héart is fáint.

On the róck too hígh for me to réach *
sét me on hígh,
O yóu who have béen my réfuge, *
my tówer against the fóe.

Let me dwéll in your tént for éver *
and híde in the shélder of your wíngs.
For yóu, O Gód, hear my práyer, *
grant me the héritage of thóse who féar you.

May you léngthen the lífe of the kíng: *
may his yéars cover mány generátions.
May he éver sit enthronéd before Gód: *
bid lóve and trúth be his protéction.

So I will álways práise your náme *
and dáy after dáy fulfill my vóws.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Lord, you are my hope, a strong citadel against my enemies.

Antiphon 3

O Lord, guard my life from the menace of the foe.

Psalm 64

Prayer for help against enemies

This psalm commemorates most particularly our Lord's passion (Saint Augustine).

Hear my voice, O Gód, as I compláin,*
guard my life from dréad of the fóc.
Híde me from the bánd of the wicked,*
from the thróng of thóse who do évil.

They shárpen their tóngues like swórd; *
they áim bitter wórd's like árows
to shóot at the ínnocent from ámbush, *
shóoting súddenly and récklessly.

They schéme their évil cóurse; *
they conspíre to lay sécret snáres.
They sáy: "Whó will sée us? *
Whó can séarch out our crímes?"

He will séarch who séarches the mínd *
and knóws the dépth of the héart.
Gód has shót them with his árow *
and déalt them súdden wóunds.
Their ówn tongue has bróught them to rúin *
and áll who sée them móck.

Thén will áll men féar; †
they will téll what Gód has dóne. *
They will únderstánd God's déeds.
The júst will rejóice in the Lórd †
and flý to hím for réfuge. *
All the úpright héarts will glóry.

Glory to the Father, and to the Son, *
and to the Holy Spírit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

O Lord, guard my life from the menace of the foe.

Sit

READING

1 Peter 5:1-2a

To the elders among you I, a fellow elder, a witness of Christ's sufferings and sharer in the glory that is to be revealed, make this appeal. God's flock is in your midst; give it a shepherd's care.

Verse

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

Stand

CONCLUDING PRAYER

Let us pray.

All-powerful Father,
you have built your Church
on the rock of Saint Peter's confession of faith.
May nothing divide or weaken
our unity in faith and love.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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