Liturgy of the Hours

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Daytime Prayer

October 26, 2025

{ Thirtieth Sunday in Ordinary Time }

Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

Hymn

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such respnendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: Tallis' Canon, 8 8 8 8; Thomas Tallis, ca. 1505–1585

Plainsong, mode II, melody 42; Liber Hymnarius, Solesmes, 1983, Text: Dicamus laudes Domino, before 6th c.*

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Sit or stand

Psalmody

Antiphon 1

The Lord has brought me to green pastures, alleluia.

Psalm 23

The Good Shepherd

The Lamb himself will be their shepherd and will lead them to the springs of living waters (Revelation 7:17).

The Lórd is my shépherd; *
there is nóthing I shall wánt.
Frésh and gréen are the pástures *
where he gíves me repóse.
Near réstful wáters he léads me, *
to revíve my drooping spírit.

He guídes me alóng the right páth; *
he is trúe to his náme.
If I should wálk in the válley of dárkness *
no évil would I féar.
You are thére with your cróok and your stáff; *
with thése you give me cómfort.

You have prepáred a bánquet for mé *
in the síght of my fóes.
My héad you have anóinted with óil; *
my cúp is overflówing.

Surely góodness and kíndness shall fóllow me *
all the dáys of my life.
In the Lórd's own hóuse shall I dwéll *
for éver and éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord has brought me to green pastures, alleluia.

Antiphon 2

Great is the name of the Lord among his people, Israel, alleluia.

Psalm 76

Thanksgiving for victory

They will see the Son of Man coming on the clouds of heaven (Matthew 24:30).

I

Gód is made knówn in Júdah; *
in Ísrael his náme is gréat.
He sét up his tént in Jerúsalem *
and his dwélling pláce in Zíon.
It was thére he bróke the flashing árrows, *
the shíeld, the swórd, the ármor.

Yóu, O Lórd, are respléndent, *
more majéstic than the éverlasting móuntains.
The wárriors, despóiled, slept in déath; *
the hánds of the sóldiers were pówerless.
At your thréat, O Gód of Jácob, *
hórse and ríder lay stúnned.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Great is the name of the Lord among his people, Israel, alleluia.

Antiphon 3

Earth shuddered, then all was still, when God arose for judgment, alleluia.

II

Yóu, you alóne, strike térror. *
Who shall stánd when your ánger is róused?

You úttered your séntence from the héavens; *
the éarth in térror was stíll
when Gód aróse to júdge, *
to sáve the húmble of the éarth.

Men's ánger will sérve to práise you; †
its survívors surróund you in jóy. *
Make vóws to your Gód and fulfíll them.
Let all pay tríbute to hím who strikes térror, †
who cúts short the lífe of prínces, *
who strikes térror in the kíngs of the éarth.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Earth shuddered, then all was still, when God arose for judgment, alleluia.

Sit

Reading

Romans 8:26

The Spirit helps us in our weakness, for we do not know how to pray as we ought; but the Spirit himself makes intercession for us with groanings that cannot be expressed in speech.

Verse

Lord, grant a hearing to my prayer.

— Give me wisdom as you promised.

Stand

Concluding Prayer

Let us pray.

Almighty and ever-living God,
strengthen our faith, hope, and love.
May we do with loving hearts

what you ask of us
and come to share the life you promise.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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