

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

---

July 3, 2025

{ Feast – Thomas, Apostle }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

## HYMN

O mighty Ruler, God of truth,  
for days and seasons setting bounds,  
you clothe with splendor morning light  
and midday skies with brilliant heat.

Extinguish flames of bitter strife,  
all harmful passion take away,  
grant health unto our mortal frame,  
and on our hearts bestow true peace.

Most loving Father, hear our prayer,  
and you, O Christ coequal Son,  
who with the Spirit Paraclete  
now reign for all eternity. Amen.

*Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794–1849*

*Plain-song, mode VIII, melody 107; Liber Hymnarius, Solesmes, 1983\*, Text: Rector  
Potens, verax Deus, unknown author, very ancient; traditionally attributed to St.  
Ambrose, 340–397*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023  
International Commission on English in the Liturgy Corporation (ICEL).*

*Reproduced from The Divine Office Hymnal (hymns #309/310). Copyright © 2023  
United States Conference of Catholic Bishops, Washington, DC (USCCB). Published  
and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the  
Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and  
plain-song melodies, visit [www.giamusic.com](http://www.giamusic.com).*

*Sit or stand*

## PSALMODY

### *Antiphon 1*

Open my eyes, O Lord, that I may see the wonders of your law.

*Psalm 119: 17-24*

### *III (Ghímel)*

Bless your sérvant and Í shall líve \*  
and obéy your wórd.  
Ópen my éyes that I may sée \*  
the wónders of your láw.

Í am a pílgřim on the éarth; \*  
shów me your commánds.  
My sóul is éver consumed \*  
as I lóng for your decréés.

You thréaten the próud, the accúrsed, \*  
who túrn from your commánds.  
Relíeve me from scórn and contépt \*  
for I dó your wíll.

Though prínces sit plóttíng agáínst me \*  
I pónder on your rúlings.  
Your wíll is mý delíght; \*  
your státutes are my cóunsellors.

Glory to the Father, and to the Son, \*  
and to the Holy Spířit:  
as it was in the begínníng, is now, \*  
and wíll be for éver. Amen.

### *Antiphon*

Open my eyes, O Lord, that I may see the wonders of your law.

### *Antiphon 2*

Guide me, O Lord, in your truth.

*Psalm 25*

*Prayer for God's favor and protection*

*Our hope will never be disappointed (Romans 5:5).*

*I*

To you, O Lórd, I líft up my sóul. †  
I trúst in you, let me nó't be disappointéd; \*  
do not lét my énemies tríumph.  
Those who hópe in you shall nó't be disappointéd, \*  
but only thóse who wántonly break fáith.

Lórd, make me knów your wáys. \*  
Lórd, téach me your páths.  
Make me wálk in your trúth, and téach me: \*  
for yóu are Gód my sáviór.

In yóu I hópe all day lóng \*  
becáuse of your góodness, O Lórd.  
Remémber your mércy, Lórd, \*  
and the lóve you have shówn from of óld.  
Do not remémber the síns of my yóuth. \*  
In your lóve remémber mé.

The Lórd is góod and úpright. \*  
He shows the páth to thóse who stráy,  
he guides the húmble in the ríght páth; \*  
he téaches his wáy to the póor.

His wáys are fáithfulness and lóve \*  
for those who kéepe his cóvenant and láu.  
Lórd, for the sáke of your náme \*  
forgíve my guílt; for it is gréat.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Guide me, O Lord, in your truth.

*Antiphon 3*

Look on me, Lord, and help me, for I am poor and alone.

*II*

If anyone féars the Lórd \*  
he will shów him the páth he should chóose.  
His sóul shall líve in háppiness \*  
and his children shall posséss the lánd.  
The Lord's friendship is for thóse who revére him; \*  
to thém he revéals his cóvenant.

My éyes are álways on the Lórd; \*  
for he réscues my féet from the snáre.  
Túrn to mé and have mércy \*  
for Í am lónely and póor.

Relíeve the ánguish of my héart \*  
and sét me frée from my distréss.  
Sée my afflíction and my tóil \*  
and táke all my síns awáy.

Sée how mány are my fóes; \*  
how víolent their hátréd for mé.  
Presérve my lífe and réscue me. \*  
Do not disappoint me, yóu are my réfuge.  
May ínnocence and úprightness protéct me: \*  
for my hópe is in yóu, O Lórd.

Redeem Ísrael, O Gód, \*  
from áll its distréss.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Look on me, Lord, and help me, for I am poor and alone.

*Sit*

READING

*Acts 5:12a, 14*

Through the hands of the apostles, many signs and wonders occurred among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

*Verse*

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

*Stand*

CONCLUDING PRAYER

Let us pray.

Almighty Father,  
as we honor Thomas the apostle,  
let us always experience the help of his prayers.  
May we have eternal life by believing in Jesus,  
whom Thomas acknowledged as Lord,  
for he lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



---

UNITED STATES, CANADA, INDIA, PHILIPPINES

*[www.ebreviary.com](http://www.ebreviary.com)*