

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

October 28, 2025

{ Feast – Simon and Jude, Apostles }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: DUGUET, 8 8 8 8; Abbé Dieudonné Duguet, 1794–1849

Plainsong, mode VIII, melody 107; Liber Hymnarius, Solesmes, 1983, Text: Dicamus
laudes Domino, before 6th c.*

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PSALMODY

Antiphon 1

During my pilgrimage, I have kept your commandments.

Psalm 119:49-56

VII (Zain)

Remémber your wórd to your sérvant *
by whích you gave me hópe.
Thís is my cómfort in sórrow *
that your prómise gives me lífe.

Though the pród may útterly deríde me *
I kéept to your lów.
I remémber your decreés of óld *
and thése, Lord, consóle me.

I am séized with indignátion at the wícked *
who forsáke your lów.
Your commánd has becóme my sóng *
in the lánd of éxile.

I thínk of your náme in the níght-time *
and I kéept your lów.
Thís has béen my bléssing, *
the kéepting of your précepts.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

During my pilgrimage, I have kept your commandments.

Antiphon 2

God will deliver his people from bondage, and bring us home rejoicing.

Psalm 53

The foolishness of sinners

We all have sinned and are deprived of God's glory (Romans 3:23).

The fóol has sáid in his héart: *
“There is no Gód abóve.”
Their déeds are corrúpt, depráved; *
not a góod man is léft.

Gód looks dówn from héaven *
on the sóns of mén
to sée if ány are wíse, *
if ány seek Gód.

Áll have left the ríght páth, *
depráved, every óne.
There is nó t a góod man léft, *
nó, not even óne.

Will the évil-doers nó t understand? *
They éat up my péople
as thóugh they were éating bréad: *
they néver pray to Gód.

Sée how they trémble with féar *
without cáuse for féar:
for Gód scatters the bónes of the wícked. *
They are shámed; God rejécts them.

O that Ísrael's salvátion might cóme from Zíon! †
When Gód delívers his péople from bóndage, *
then Jácob will be glád and Ísrael rejóice.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

God will deliver his people from bondage, and bring us home rejoicing.

Antiphon 3

God is my helper and my strong support.

Psalm 54:1-6, 8-9

Plea for help

The prophet prays that God will deliver him from the malice of his enemies (Cassian).

O Gód, sáve me by your náme; *
by your pówer, uphóld my cáuse.
O Gód, héar my práyer; *
listén to the wórds of my móuth.

For pród men have rísen agáinst me, †
rúthless men séek my life. *
They háve no regárd for Gód.
But Í have Gód for my hélp. *
The Lórd uphólds my life.

I will sácrifice to yóu with willing héart *
and práise your náme for it is góod:
for you have réscued me from áll my distréss *
and my éyes have seen the dównfall of my fóes.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

God is my helper and my strong support.

Sit

READING

Acts 5:12a, 14

Through the hands of the apostles, many signs and wonders occurred among the people. Nevertheless more and more believers, men and women in great numbers, were continually added to the Lord.

Verse

The apostles held fast to Christ's message.

— They kept the precepts he gave them.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
you revealed yourself to us
through the preaching of your apostles Simon and Jude.
By their prayers,
give your Church continued growth
and increase the number of those who believe in you.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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