

Liturgy of the Hours
LITURGY OF THE HOURS

NIGHT PRAYER

March 18, 2026

{ Solemnity – Joseph, Husband of Mary }



Make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

PENITENTIAL RITE

Brief moment of silence

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

All strike their breast

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presiding minister

May almighty God have mercy on us, forgive us our sins, and bring
us to everlasting life.

— Amen.

HYMN

O Christ, resplendent as the day,
you clear away the dark of night;
by faith we know you, Light from Light,
proclaiming light to all the blest.

O holy Lord, we humbly pray:
Watch over us throughout this night

and grant us calm and silent hours,
that we may find our rest in you.

And when our eyes are closed in sleep,
still let our hearts keep watch for you;
protect and guard by your right hand
the faithful, filled with love for you.

O strong defender, see our plight,
subdue our foes who lie in wait;
direct and guide your servants, Lord,
whom you have purchased with your blood.

To you, O Christ, most loving King,
and to the Father, glory be,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: O WALY WALY, 8 8 8 8; English traditional melody

*Plainsong, mode II, melody 50; Liber Hymnarius, Solesmes, 1983, Text: Christe, qui,
splendor et dies, 5-6th c.*

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PSALMODY

Antiphon 1

Have mercy, Lord, and hear my prayer.

Psalm 4

Thanksgiving

*The resurrection of Christ was God's supreme and wholly marvelous work (Saint
Augustine).*

When I cáll, ánsWER me, O Gód of jústice; *
from ánguish you reléased me; have mércy and héar me!

O mén, how lóng will your héarts be clósed, *

will you love what is futile and seek what is false?

It is the Lórd who grants favors to those whom he loves; *
the Lórd hears me whenever I call him.

Fear him; do not sin: ponder on your bed and be still. *
Make justice your sacrifice and trust in the Lórd.

“What can bring us happiness?” many say. *
Let the light of your face shine on us, O Lórd.

You have put into my heart a greater joy *
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once *
for you alone, Lórd, make me dwell in safety.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Have mercy, Lord, and hear my prayer.

Antiphon 2

In the silent hours of night, bless the Lord.

Psalms 134

Evening prayer in the temple

Praise our God, all you his servants, you who fear him, small and great (Revelation 19:5).

O come, bless the Lórd, *
all you who serve the Lórd,
who stand in the house of the Lórd, *
in the courts of the house of our Gód.

Lift up your hands to the holy place *
and bless the Lórd through the night.

May the Lórd bless you from Zíon, *
he who made both heaven and earth.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

In the silent hours of night, bless the Lord.

READING

Deuteronomy 6:4-7

Hear, O Israel! The Lord is our God, the Lord alone! Therefore, you shall love the Lord, your God, with all your heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today. Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest.

Responsory

Into your hands, Lord, I commend my spirit.

— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

— I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Into your hands, Lord, I commend my spirit.

GOSPEL CANTICLE

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Make sign of cross

Lord, now you let your servant go in peace;*
your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Protect us, Lord, as we stay awake; watch over us as we sleep, that
awake, we may keep watch with Christ, and asleep, rest in his
peace.

CONCLUDING PRAYER

Let us pray.

Lord,
we beg you to visit this house
and banish from it
all the deadly power of the enemy.
May your holy angels dwell here
to keep us in peace,
and may your blessing be upon us always.
We ask this though Christ our Lord.

— Amen.

Blessing

May the all-powerful Lord grant us a restful night and a peaceful
death.

— Amen.

ANTIPHON OF THE BLESSED VIRGIN MARY

Hail, Queen of Heaven, beyond compare,
To whom the angels homage pay;
Hail, Root of Jesse, Gate of Light,
That opened for the world's new Day.

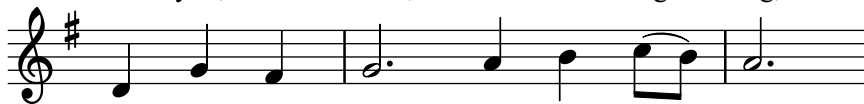
Rejoice, O Virgin unsurpassed,
In whom our ransom was begun,
For all your loving children pray
To Christ, our Saviour, and your Son.

Stanbrook Abbey

O Christ, Resplendent as the Day



1. O Christ, re - splend - ent as the day,
2. O ho - ly Lord, we hum - bly pray:
3. And when our eyes are closed in sleep,
4. O strong de - fend - er, see our plight,
5. To you, O Christ, most lov - ing King,



1. you clear a - way the dark of__ night;
2. Watch o - ver us through-out this__ night
3. still let our hearts keep watch for__ you;
4. sub - due our foes who lie in__ wait;
5. and to the Fa - ther, glo - ry__ be,



1. by faith we__ know you, Light from__ Light,
2. and grant us__ calm and si - lent__ hours,
3. pro - tect and__ guard by your right__ hand
4. di - rect and__ guide your ser - vants,__ Lord,
5. one with the__ Spir - it Par - a - clete,



1. pro - claim - ing light to all the__ blest.
2. that we may find our rest in__ you.
3. the faith - ful, filled with love for__ you.
4. whom you have pur - chased with your__ blood.
5. from age to age for ev - er - more.



5. A - men.

Metrical hymn, melody: O WALLY WALLY, 8 8 8 8; English traditional melody. Text: Christe, qui, splendor et dies, 5-6th c. Hymn copyrights and acknowledgments are listed on page three.

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