

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER I

January 25, 2025

{ Third Sunday in Ordinary Time }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

O God, Creator of the world
and Ruler of the sky above,
you clothe the day with splendid light
and night with gracious gifts of sleep,

That limbs relaxed by quiet rest
may be restored to use and toil,
that weary minds may be refreshed
and anxious sorrows be relieved.

As day now changes into night
we pay our debt of grateful prayer;
sustain and help those bound to you
as we pour forth our hymn of praise.

May hearts unite from deep within
to honor you with ringing praise,
to cherish you with purest love,
to worship you with sober mind,

That as the deep'ning gloom of night
shuts out the light and bars the day,
no darkness may obscure our faith
and night by faith may fill with light.

We ask the Father and the Son
and beg the Spirit of them both:
Sustain us with your loving care,
who reign for ever Three in One. Amen.

Metrical hymn, melody: Truro, 8 8 8 8; From Thomas Williams's Psalmodia

Evangelica, Part II, 1789

Plainsong, mode VIII, melody 96; Antiphonale Sacrosanctae Ecclesiae Romanae, Typis Polyglottis Vaticanis, 1912, Text: Deus, creator omnium, St. Ambrose, 340-397

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Sit or stand

PSALMODY

Antiphon 1

From the rising of the sun to its setting, may the name of the Lord be praised.

Psalm 113

Praise the name of the Lord

He has cast down the mighty and has lifted up the lowly (Luke 1:52).

Práise, O sérvants of the Lórd, *
práise the náme of the Lórd!
May the náme of the Lórd be bléssed *
both nów and for évermóre!
From the rísing of the sún to its sétting *
práised be the náme of the Lórd!
Hígh above all nátions is the Lórd, *
abóve the héavens his glóry.
Whó is like the Lórd, our Gód, *
who has risen on hígh to his thróne
yet stóops from the héights to look dówn, *
to look dówn upon héaven and éarth?
From the dúst he lífts up the lówly, *
from his míserý he ráises the póor
to sét him in the cómpany of prínces, *
yés, with the prínces of his péople.

To the childless wife he gives a home *
and gladdens her heart with children.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

From the rising of the sun to its setting, may the name of the Lord
be praised.

Antiphon 2

I shall take into my hand the saving chalice and invoke the name of
the Lord.

Psalm 116:10-19

Thanksgiving in the Temple

Through Christ let us offer God a continual sacrifice of praise (Hebrews 13:15).

I trusted, even when I said: *
“I am sorely afflicted,”
and when I said in my alarm: *
“No man can be trusted.”

How can I repay the Lord *
for his goodness to me?
The cup of salvation I will raise; *
I will call on the Lord's name.

My vows to the Lord I will fulfill *
before all his people.
O precious in the eyes of the Lord *
is the death of his faithful.

Your servant, Lord, your servant am I; *
you have loosened my bonds.
A thanksgiving sacrifice I make: *
I will call on the Lord's name.

My vows to the Lord I will fulfill *
before all his people,

in the courts of the house of the Lord, *
in your midst, O Jerusalem.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

I shall take into my hand the saving chalice and invoke the name of
the Lord.

Antiphon 3

The Lord Jesus humbled himself, and God exalted him for ever.

Canticle – Philippians 2:6-11

Christ, God's holy servant

Though he was in the form of God, †
Jesus did not deem equality with God *
something to be grasped at.

Rather, he emptied himself †
and took the form of a slave, *
being born in the likeness of men.

He was known to be of human estate, *
and it was thus that he humbled himself,
obediently accepting even death, *
death on a cross!

Because of this, *
God highly exalted him
and bestowed on him the name *
above every other name,

So that at Jesus' name *
every knee must bend
in the heavens, on the earth, *
and under the earth,
and every tongue proclaim †
to the glory of God the Father: *

JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord Jesus humbled himself, and God exalted him for ever.

Sit

READING

Hebrews 13:20-21

May the God of peace, who brought up from the dead the great Shepherd of the sheep by the blood of the eternal covenant, Jesus our Lord, furnish you with all that is good, that you may do his will. Through Jesus Christ may he carry out in you all that is pleasing to him. To Christ be glory forever! Amen.

RESPONSORY

Our hearts are filled with wonder as we contemplate your works, O Lord.

— Our hearts are filled with wonder as we contemplate your works, O Lord.

We praise the wisdom which wrought them all,

— as we contemplate your works, O Lord.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Our hearts are filled with wonder as we contemplate your works, O Lord.

Stand

GOSPEL CANTICLE

Antiphon

Jesus preached the Gospel of the kingdom and cured those who were in need of healing.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Jesus preached the Gospel of the kingdom and cured those who were in need of healing.

INTERCESSIONS

Christ had compassion on the hungry and performed a miracle of love for them. Mindful of this, let us pray:

— Show us your love, Lord.

Lord, we recognize that all the favors we have received today come through your generosity,
do not let them return to you empty, but let them bear fruit.

— Show us your love, Lord.

Light and salvation of all nations, protect the missionaries you have sent into the world,
enkindle in them the fire of your Spirit.

— Show us your love, Lord.

Grant that man may shape the world in keeping with human dignity,
and respond generously to the needs of our time.

— Show us your love, Lord.

Healer of body and spirit, comfort the sick and be present to the dying,
in your mercy visit and refresh us.

— Show us your love, Lord.

May the faithful departed be numbered among the saints,
whose names are in the Book of Life.

— Show us your love, Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

All-powerful and ever-living God,
direct your love that is within us,

that our efforts in the name of your Son
may bring mankind to unity and peace.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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