

*Liturgy of the Hours*  
LITURGY OF THE HOURS

MORNING PRAYER

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January 25, 2025

{ Feast – Conversion of Paul, Apostle }



# *Invitatory*

*Stand and make sign of cross on lips with thumb*

Lord, open my lips.

— And my mouth will proclaim your praise.

*Psalm 95*

*A call to praise God*

*Encourage each other daily while it is still today (Hebrews 3:13).*

Come, let us worship God, on the feast of the conversion of Saint Paul.

— Come, let us worship God, on the feast of the conversion of Saint Paul.

Come, let us sing to the Lord  
and shout with joy to the Rock who saves us.  
Let us approach him with praise and thanksgiving  
and sing joyful songs to the Lord.

— Come, let us worship God, on the feast of the conversion of Saint Paul.

The Lord is God, the mighty God,  
the great king over all the gods.  
He holds in his hands the depths of the earth  
and the highest mountains as well.  
He made the sea; it belongs to him,  
the dry land, too, for it was formed by his hands.

— Come, let us worship God, on the feast of the conversion of Saint Paul.

Come, then, let us bow down and worship,  
bending the knee before the Lord, our maker.  
For he is our God and we are his people,  
the flock he shepherds.

— Come, let us worship God, on the feast of the conversion of Saint Paul.

Today, listen to the voice of the Lord:  
Do not grow stubborn, as your fathers did  
in the wilderness,  
when at Meriba and Massah  
they challenged me and provoked me,  
Although they had seen all of my works.

— Come, let us worship God, on the feast of the conversion of  
Saint Paul.

Forty years I endured that generation.  
I said, “They are a people whose hearts go astray  
and they do not know my ways.”  
So I swore in my anger,  
“They shall not enter into my rest.”

— Come, let us worship God, on the feast of the conversion of  
Saint Paul.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

— Come, let us worship God, on the feast of the conversion of  
Saint Paul.

## *Morning Prayer*

### HYMN

Illustrious Teacher,  
Paul, instruct our way of life,  
make haste to help us,  
raise our minds to heav'n above,  
until the perfect  
is more wondrously bestowed,  
as the imperfect  
and the partial pass away.

Eternal glory  
to the blessed Trinity,

all might and honor,  
virtue and exultant praise,  
who reign for ever,  
God, the perfect Three in One,  
before the ages,  
now, and through eternity. Amen.

*Metrical hymn, melody: ANNUE CHRISTE, 12 12 12 12; from François de La Feillée's Methode de plain-chant, 1782*

*Plainsong, mode IV, melody 77; Liber Hymnarius, Solesmes, 1983\*, Text: Iam, bone pastor, Petre, clemens accipe, versus 2 and 3, 8-9th c.*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

I know the one whom I have trusted and I am certain that he, the just judge, has power to keep safe what he has entrusted to me until that Day.

*Psalm 63:2-9*

*A soul thirsting for God*

*Whoever has left the darkness of sin yearns for God.*

O Gód, you are my Gód, for you I lóng; \*  
for yóu my sóul is thírsting.  
My bódy pínes for yóu \*  
like a drý, weary lánd without wáter.  
So I gáze on yóu in the sánctuary \*  
to sée your stréngth and your glóry.

For your lóve is bétter than lífe, \*  
my líps will spéak your práise.  
So I will bléss you áll my lífe, \*

in your náme I will líft up my hánds.  
My sóul shall be filled as with a bánquet, \*  
my móuth shall práise you with jóy.

On my béd I remémber yóu. \*  
On yóu I múse through the níght  
for yóu have béen my hélp; \*  
in the sháadow of your wíngs I rejóice.  
My sóul clíngs to yóu; \*  
your ríght hand hólds me fást.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

I know the one whom I have trusted and I am certain that he, the just judge, has power to keep safe what he has entrusted to me until that Day.

*Antiphon 2*

Paul, my grace is sufficient for you; my power is made perfect in weakness.

*Canticle – Daniel 3:57–88, 56*

*Let all creatures praise the Lord*

*All you servants of the Lord, sing praise to him (Revelation 19:5).*

Bless the Lord, all you works of the Lord. \*  
Praise and exalt him above all forever.  
Angels of the Lord, bless the Lord. \*  
You heavens, bless the Lord.  
All you waters above the heavens, bless the Lord. \*  
All you hosts of the Lord, bless the Lord.  
Sun and moon, bless the Lord. \*  
Stars of heaven, bless the Lord.  
Every shower and dew, bless the Lord. \*  
All you winds, bless the Lord.  
Fire and heat, bless the Lord. \*

Cold and chill, bless the Lord.  
Dew and rain, bless the Lord. \*  
Frost and chill, bless the Lord.  
Ice and snow, bless the Lord. \*  
Nights and days, bless the Lord.  
Light and darkness, bless the Lord. \*  
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. \*  
Praise and exalt him above all forever.  
Mountains and hills, bless the Lord. \*  
Everything growing from the earth, bless the Lord.  
You springs, bless the Lord. \*  
Seas and rivers, bless the Lord.  
You dolphins and all water creatures, bless the Lord. \*  
All you birds of the air, bless the Lord.  
All you beasts, wild and tame, bless the Lord. \*  
You sons of men, bless the Lord.

O Israel, bless the Lord. \*  
Praise and exalt him above all forever.  
Priests of the Lord, bless the Lord. \*  
Servants of the Lord, bless the Lord.  
Spirits and souls of the just, bless the Lord. \*  
Holy men of humble heart, bless the Lord.  
Hananiah, Azariah, Mishael, bless the Lord. \*  
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. \*  
Let us praise and exalt him above all forever.  
Blessed are you, Lord, in the firmament of heaven. \*  
Praiseworthy and glorious and exalted above all forever.

*Antiphon*

Paul, my grace is sufficient for you; my power is made perfect in weakness.

*Antiphon 3*

God's grace in me has not been without fruit; it is always at work in me.

*Psalm 149*

*The joy of God's holy people.*

*Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).*

Síng a new sǒng to the Lórd,\*  
his práise in the assémbly of the fáithful.  
Let Ísraél rejóice in its máker,\*  
let Zíon's sons exúlt in their kíng.  
Let them práise his náme with dáncing\*  
and make músic with tímbrel and hárp.  
For the Lórd takes delíght in his péople.\*  
He crǒwns the póor with salvátion.  
Let the fáithful rejóice in their glóry,\*  
shout for jóy and táke their rést.  
Let the práise of Gód be on their líps\*  
and a twó-edged swórd in their hánd,  
to déal out véngeance to the nátions\*  
and púnishment on áll the péoples;  
to bínd their kíngs in cháins\*  
and their nóbles in fétters of íron;  
to cárry out the séntence pre-ordáined;\*  
this hónor is for áll his fáithful.  
Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

God's grace in me has not been without fruit; it is always at work in me.

*Sit*

READING

*Acts 26:16b-18*

I have appeared to you to designate you as my servant and as a

witness to what you have seen of me and what you will see of me. I have delivered you from this people and from the nations, to open the eyes of those to whom I am sending you, to turn them from darkness to light and from the dominion of Satan to God; that through their faith in me they may obtain the forgiveness of their sins and a portion among God's people.

### RESPONSORY

You are a chosen instrument, holy apostle Paul.

— You are a chosen instrument, holy apostle Paul.

Preacher of truth to the whole world,

— holy apostle Paul.

Glory to the Father, and to the Son, and to the Holy Spirit,

— You are a chosen instrument, holy apostle Paul.

*Stand*

### GOSPEL CANTICLE

*Antiphon*

Let us celebrate the conversion of Saint Paul the apostle. He was transformed from being a persecutor of Christ into a vessel of his grace.

*Luke 1:68-79*

*The Messiah and his forerunner*

*Make sign of cross*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.

Through his holy prophets he promised of old †  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.



This was the oath he swore to our father Abraham: \*  
to set us free from the hands of our enemies,  
free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; \*  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation \*  
by the forgiveness of their sins.

In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

Let us celebrate the conversion of Saint Paul the apostle. He was transformed from being a persecutor of Christ into a vessel of his grace.

### INTERCESSIONS

Beloved friends, we have inherited heaven along with the apostles.  
Let us give thanks to the Father for all his gifts:

— The company of apostles praises you, O Lord.

Praise be to you, Lord, for the banquet of Christ's body and blood  
given us through the apostles,  
which refreshes us and gives us life.

— The company of apostles praises you, O Lord.

Praise be to you, Lord, for the feast of your word prepared for us by  
the apostles,  
giving us light and joy.

— The company of apostles praises you, O Lord.

Praise be to you, Lord, for your holy Church, founded on the apostles,  
where we are gathered together into your community.

— The company of apostles praises you, O Lord.

Praise be to you, Lord, for the cleansing power of baptism and penance that you have entrusted to your apostles,  
through which we are cleansed of our sins.

— The company of apostles praises you, O Lord.

*The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

*Concluding Prayer*

God our Father,  
you taught the gospel to all the world  
through the preaching of Paul your apostle.  
May we who celebrate his conversion to the faith  
follow him in bearing witness to your truth.

We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

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