

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

May 3, 2026

{ Fifth Sunday in Easter }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

The Lord is risen, alleluia.

— The Lord is risen, alleluia.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— The Lord is risen, alleluia.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— The Lord is risen, alleluia.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— The Lord is risen, alleluia.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,

Although they had seen all of my works.

— The Lord is risen, alleluia.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— The Lord is risen, alleluia.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— The Lord is risen, alleluia.

Morning Prayer

HYMN

The morning light dawns crimson gold,
all heaven echoes hymns of praise,
the world exulting shouts for joy,
and hell with groaning howls in grief,

For that most strong and mighty King,
by crushing all the pow'rs of death
and trampling hell beneath his feet,
has freed the wretched from their chains.

Enclosed within a tomb of stone,
secured by strong and zealous guard,
the Victor rises from the grave,
in triumph nobly marching forth.

Now grief of hell and cries of woe,
all pain and sorrow are undone;
an angel, clothed in light, proclaims:
The Lord is risen as he said.

O Jesus, be for mind and heart

our everlasting paschal joy
and gather us, reborn by grace,
to share your triumphs evermore.

To you, Lord Jesus, glory be,
who shine in vict'ry over death,
with God the Father, ever blest,
and loving Spirit, ever one. Amen.

*Metrical hymn, melody: DUKE STREET, 8 8 8 8; attributed to John Warrington
Hatton, ca. 1710-1793, in William Dixon's Euphonia, ca. 1805*

*Plainsong, mode VIII, melody 98; Liber Hymnarius, Solesmes, 1983, Text: Aurora
lucis rutilat, 5th c.*

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Sit or stand

PSALMODY

Antiphon 1

Whoever thirsts will drink freely of life-giving water, alleluia.

Psalm 63:2-9

A soul thirsting for God

Whoever has left the darkness of sin yearns for God.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.
My bódy pínes for yóu *
like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.
For your lóve is bétter than life, *
my líps will spéak your práise.
So I will bléss you áll my lífe, *

in your náme I will líft up my hánds.
My sóul shall be filled as with a bándquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the shádow of your wíngs I rejóice.
My sóul clíngs to yóu; *
your ríght hand hólds me fást.

Glory to the Father, and to the Son, *
and to the Holy Spírit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Whoever thirsts will drink freely of life-giving water, alleluia.

Antiphon 2

Worship the Lord who made the heavens and the earth, springs of
water and the mighty sea, alleluia.

Canticle – Daniel 3:57–88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *
All you winds, bless the Lord.
Fire and heat, bless the Lord. *
Cold and chill, bless the Lord.
Dew and rain, bless the Lord. *

Frost and chill, bless the Lord.
Ice and snow, bless the Lord. *
Nights and days, bless the Lord.
Light and darkness, bless the Lord. *
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *
Praise and exalt him above all forever.
Mountains and hills, bless the Lord. *
Everything growing from the earth, bless the Lord.
You springs, bless the Lord. *
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord. *
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord. *
You sons of men, bless the Lord.

O Israel, bless the Lord. *
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord. *
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord. *
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord. *
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven. *
Praiseworthy and glorious and exalted above all forever.

Antiphon

Worship the Lord who made the heavens and the earth, springs of water and the mighty sea, alleluia.

Antiphon 3

The saints will rejoice in glory, alleluia.

Psalm 149

The joy of God's holy people.

*Let the sons of the Church, the children of the new people, rejoice in Christ, their King
(Hesychius).*

Síng a new sǒng to the Lórd,*
his práise in the assémbly of the fáithful.

Let Ísrael rejóice in its máker,*
let Zíon's sons exúlt in their kíng.

Let them práise his náme with dáncing*
and make músic with tímbrel and hárp.

For the Lórd takes delíght in his péople.*

He crówns the póor with salvátion.

Let the fáithful rejóice in their glóry,*
shout for jóy and táke their rést.

Let the práise of Gód be on their líps*
and a twó-edged swórd in their hánd,

to déal out véngeance to the nátions*
and púnishment on áll the péoples;

to bínd their kíngs in cháins*
and their nóbles in fétters of íron;

to cárry out the séntence pre-ordáined;*
this hónor is for áll his fáithful.

Glory to the Father, and to the Son,*
and to the Holy Spirit:

as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

The saints will rejoice in glory, alleluia.

Sit

READING

Acts 10:40-43

God raised up Jesus on the third day and granted that he be seen,
not by all, but only by such witnesses as had been chosen before-

hand by God—by us who ate and drank with him after he rose from the dead. He commissioned us to preach to the people and to bear witness that he is the one set apart by God as judge of the living and the dead. To him all the prophets testify, saying that everyone who believes in him has forgiveness of sins through his name.

Responsory

Christ, Son of the living God, have mercy on us, alleluia, alleluia.

— Christ, Son of the living God, have mercy on us, alleluia, alleluia.

You have risen from the dead,

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Christ, Son of the living God, have mercy on us, alleluia, alleluia.

Stand

GOSPEL CANTICLE

Antiphon

Whoever lives in me and I in him will yield much fruit, says the Lord, alleluia.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Whoever lives in me and I in him will yield much fruit, says the Lord, alleluia.

INTERCESSIONS

Christ is the Lord of life, raised up by the Father; in his turn he will raise us up by his power. Let us pray to him, saying:

— Christ our life, save us.

Lord Jesus, light shining in the darkness, you lead your people into life, and give our mortal nature the gift of holiness, may we spend this day in praise of your glory.

— Christ our life, save us.

Lord, you walked the way of suffering and crucifixion, may we suffer and die with you, and rise again to share your glory.

— Christ our life, save us.

Son of the Father, our master and our brother, you have made us a kingdom of priests for our God,

may we offer you our joyful sacrifice of praise.

— Christ our life, save us.

King of glory, we look forward to the great day of your coming in splendor,
that we may see you face to face, and be transformed in your likeness.

— Christ our life, save us.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God our Father,
look upon us with love.
You redeem us and make us your children in Christ.
Give us true freedom
and bring us to the inheritance you promised.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

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