

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

December 8, 2024
{ Second Sunday of Advent }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship the Lord, the King who is to come.

— Come, let us worship the Lord, the King who is to come.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship the Lord, the King who is to come.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship the Lord, the King who is to come.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship the Lord, the King who is to come.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,

Although they had seen all of my works.

— Come, let us worship the Lord, the King who is to come.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Come, let us worship the Lord, the King who is to come.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship the Lord, the King who is to come.

Morning Prayer

HYMN

Behold a voice resounding, clear,
rebuking hidden fears and deeds:
Let dreams be driven far away,
for Christ shines forth from heaven’s height.

Now let the weary soul arise,
infirm and wounded by her sin;
a new star now sends forth its light
to rid the world of ev’ry harm.

The Lamb is sent from realms on high
to free us from our mortal debt.

Let ev’ry voice give thankful praise
and weep for tender mercy shown,

That when he comes like lightning flash
and terror grips the world in dread,
he need not punish us for guilt
but with compassion shield us then.

Praise to the Father, God most high,

all vict'ry to his only Son,
due honor to the Spirit blest,
through endless ages evermore. Amen.

*Metrical hymn, melody: Winchester New, 8 8 8 8; adapted from a chorale in
Musicalisches Hand-Buch, Hamburg, 1690*

Plainsong, mode D, melody 127; Liber Hymnarius, Solesmes, 1983, Text: Vox clara
ecce intonat, 10th c.*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023
International Commission on English in the Liturgy Corporation (ICEL).*

*Reproduced from The Divine Office Hymnal (hymns #7/8). Copyright © 2023 United
States Conference of Catholic Bishops, Washington, DC (USCCB). Published and
distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the Perw
Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and
plainsong melodies, visit www.giamusic.com.*

Sit or stand

PSALMODY

Antiphon 1

Zion is our mighty citadel, our saving Lord its wall and its defense;
throw open the gates, for our God is here among us, alleluia.

Psalm 118

Song of joy for salvation

*This Jesus is the stone which, rejected by you builders, has become the chief stone
supporting all the rest (Acts 4:11).*

Give thanks to the Lórd for he is góod,*
for his lóve endures for éver.

Let the sóns of Ísrael sáy: *

“His lóve endures for éver.”

Let the sóns of Áaron sáy: *

“His lóve endures for éver.”

Let thóse who fear the Lórd sáy: *

“His lóve endures for éver.”

I cálled to the Lórd in my distréss; *
he ánspered and fréed me.

The Lórd is at my síde; I do not féar. *

What can mán do agáinst me?
The Lórd is at my síde as my hélper: *
I shall look dówn on my fóes.

It is bétter to take réfuge in the Lórd *
than to trúst in mén:
it is bétter to take réfuge in the Lórd *
than to trúst in prínces.

The nátions áll encómpassed me; *
in the Lórd's name I crúshed them.
They cómpassed me, cómpassed me abóut; *
in the Lórd's name I crúshed them.
They cómpassed me abóut like bées; †
they blázed like a fire among thórn. *
In the Lórd's name I crúshed them.

I was hárd-préssed and was fálling *
but the Lórd came to hélp me.
The Lórd is my stréngth and my sóng; *
hé is my sáviór.
There are shóuts of jóy and víctory *
in the ténts of the júst.

The Lórd's right hánd has tríumphed; *
his ríght hand ráised me up.
The Lórd's right hánd has tríumphed; †
I shall not díe, I shall líve *
and recóunt his déeds.
I was púnished, I was púnished by the Lórd, *
but nótt doomed to díe.

Ópen to mé the gates of hóliness: *
I will énter and give thánks.
Thís is the Lórd's own gáte *
where the júst may énter.
I will thánk you for yóu have ánswered *
and yóu are my sáviór.

The stóne which the buílders rejécted *
has becóme the córner stone.

This is the work of the Lord, *
a marvel in our eyes.

This day was made by the Lord; *
we rejoice and are glad.

O Lord, grant us salvation; *

O Lord, grant success.

Blessed in the name of the Lord *
is he who comes.

We bless you from the house of the Lord; *
the Lord God is our light.

Go forward in procession with branches *
even to the altar.

You are my God, I thank you. *

My God, I praise you.

Give thanks to the Lord for he is good; *
for his love endures for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Zion is our mighty citadel, our saving Lord its wall and its defense;
throw open the gates, for our God is here among us, alleluia.

Antiphon 2

Come to the waters, all you who thirst; seek the Lord while he can
be found, alleluia.

Canticle – Daniel 3:52-57

Let all creatures praise the Lord

The Creator . . . is blessed for ever (Romans 1:25).

Blessed are you, O Lord, the God of our fathers, *
praiseworthy and exalted above all forever.

And blessed is your holy and glorious name, *
praiseworthy and exalted above all for all ages.

Blessed are you in the temple of your holy glory,^{*}
praiseworthy and glorious above all forever.

Blessed are you on the throne of your kingdom,^{*}
praiseworthy and exalted above all forever.

Blessed are you who look into the depths †
from your throne upon the cherubim,^{*}
praiseworthy and exalted above all forever.

Blessed are you in the firmament of heaven,^{*}
praiseworthy and glorious forever.

Bless the Lord, all you works of the Lord,^{*}
praise and exalt him above all forever.

Glory to the Father, and to the Son,^{*}
and to the Holy Spirit:
as it was in the beginning, is now,^{*}
and will be for ever. Amen.

Antiphon

Come to the waters, all you who thirst; seek the Lord while he can
be found, alleluia.

Antiphon 3

Our God will come with great power to enlighten the eyes of his
servants, alleluia.

Psalm 150

Praise the Lord

*Let mind and heart be in your song: this is to glorify God with your whole self
(Hesychius).*

Práise Gód in his hóly pláce,^{*}
práise him in his míghty héavens.
Práise him for his pówerful déeds,^{*}
práise his surpássing gréatness.

O práise him with sóund of trúmpet,^{*}
práise him with lúte and hárp.
Práise him with tímbral and dánce,^{*}
práise him with stríngs and pípes.

O praise him with resounding cymbals, *
praise him with clashing of cymbals.
Let everything that lives and that breathes *
give praise to the Lord.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Our God will come with great power to enlighten the eyes of his servants, alleluia.

Sit

READING

Romans 13:11-12

It is now the hour for you to wake from sleep, for our salvation is closer than when we first accepted the faith. The night is far spent; the day draws near. Let us cast off deeds of darkness and put on the armor of light.

RESPONSORY

Christ, Son of the living God, have mercy on us.

— Christ, Son of the living God, have mercy on us.

You are the one who is to come,

— have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Christ, Son of the living God, have mercy on us.

Stand

GOSPEL CANTICLE

Antiphon

I am sending my angel before me to prepare the way for my coming.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

I am sending my angel before me to prepare the way for my coming.

INTERCESSIONS

To the Lord Jesus Christ, judge of the living and the dead, let us
pray:

— Come, Lord Jesus!

Lord Jesus, you came to save sinners,
protect us in times of temptation.

— Come, Lord Jesus!

You will come in glory to be our judge,
show in us your power to save.

— Come, Lord Jesus!

Help us to keep the precepts of your law with the strength of the
Spirit,
and to look forward in love to your coming.

— Come, Lord Jesus!

You are praised throughout the ages; in your mercy help us to live
devoutly and temperately in this life,
as we wait in joyful hope for the revelation of your glory.

— Come, Lord Jesus!

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

God of power and mercy,
open our hearts in welcome.
Remove the things that hinder us from receiving Christ with joy,
so that we may share his wisdom
and become one with him
when he comes in glory,
for he lives and reigns with you and the Holy Spirit,

God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



UNITED STATES OF AMERICA

www.ebreviary.com