

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER I

March 28, 2026

{ Passion Sunday – Palm Sunday }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

HYMN

The banners of the King go forth,
the gleaming myst'ry of the Cross,
by which the Maker of all flesh was
yoked in flesh upon the wood;

Where, wounded as he hung on high
by ruthless blade of sharpened spear,
there flowed forth water mixed with blood, to
wash us clean from ev'ry sin.

O noble tree with blood adorned,
the splendid purple of the King,
wood chosen from a worthy stock to
touch and bear such holy limbs.

O blessed tree whose branches bore
the price and ransom of the world!
Like scales it weighed the body's worth and
bore away the spoils of hell.

Hail altar, victim, sacrifice,
for glory gained through grief and death,
by which our Life endured to die and
through his death restored our life.

O Cross, all hail, our only hope!
In this most holy Passiontide,
increase the grace of loving hearts and
rid the guilty of their sin.

O Triune God, let all sing praise

to you, the font of saving grace;
sustain for ever those you save by
wondrous myst'ry of the Cross. Amen.

Metrical hymn, melody: GONFALON ROYAL, 8 8 8 8; Sir Percy Carter Buck, 1871–1947

*Plainsong, mode I, melody 29; Liber Hymnarius, Solesmes, 1983, Text: Vexilla regis
prodeunt, Venantius Fortunatus, ca. 530–600*

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plainsong melodies, visit www.giamusic.com.*

Sit or stand

PSALMODY

Antiphon 1

Day after day I sat teaching you in the temple and you did not lay
hands on me. Now you come to scourge me and lead me to the
cross.

Psalm 119:105–112

XIV (Nun)

A meditation on God's law

This is my commandment: that you should love one another (John 15:12).

Your wórd is a lámp for my stéps *
and a líght for my páth.
I have swórn and have máde up my mínd *
to obéy your decrées.

Lórd, I am déeplý afflicted: *
by your wórd give me lífe.
Accépt, Lord, the hómage of my líps *
and téach me your decrées.

Though I cárry my lífe in my hánds, *
I reméber your láw.

Though the wicked try to ensnare me *
I do not stray from your precepts.

Your will is my heritage for ever, *
the joy of my heart.

I set myself to carry out your will *
in fullness, for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Day after day I sat teaching you in the temple and you did not lay hands on me. Now you come to scourge me and lead me to the cross.

Antiphon 2

The Lord God is my help; no shame can harm me.

Psalm 16

The Lord himself is my heritage

The Father raised up Jesus, freeing him from the grip of death (Acts 2:24).

Preserve me, Gód, I take refuge in you. †
I say to the Lórd: “You are my Gód. *
My happiness lies in you alone.”

He has put into my heart a marvellous love *
for the faithful ones who dwell in his land.
Those who choose other gods increase their sorrows. †
Never will I offer their offerings of blood. *
Never will I take their name upon my lips.

O Lórd, it is you who are my portion and cup; *
it is you yourself who are my prize.
The lot marked out for me is my delight: *
welcome indeed the heritage that falls to me!

I will bless the Lórd who gives me counsel, *
who even at night directs my heart.

I k ep the L ord ever  n my sight: *
since h e is at my r ight hand, I shall stand firm.

And so my h eart rej ices, my s oul is gl ad; *
 ven my b ody shall r est in s afety.
For y ou will not l eave my s oul among the d ead, *
nor l et your bel oved kn ow dec ay.

You will sh ow me the p ath of life, †
the f ullness of j oy in your pr esence, *
at your r ight hand h appiness for  ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord God is my help; no shame can harm me.

Antiphon 3

The Lord Jesus humbled himself by showing obedience even when
this meant death, death on the cross.

Canticle – Philippians 2:6-11

Christ, God's holy servant

Though he was in the form of God, †
Jesus did not deem equality with God *
something to be grasped at.

Rather, he emptied himself †
and took the form of a slave, *
being born in the likeness of men.

He was known to be of human estate, *
and it was thus that he humbled himself,
obediently accepting even death, *
death on a cross!

Because of this, *
God highly exalted him
and bestowed on him the name *

above every other name,

So that at Jesus' name *
every knee must bend
in the heavens, on the earth, *
and under the earth,
and every tongue proclaim †
to the glory of God the Father: *
JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord Jesus humbled himself by showing obedience even when this meant death, death on the cross.

Sit

READING

1 Peter 1:18-21

Realize that you were delivered from the futile way of life your fathers handed on to you, not by any diminishable sum of silver or gold, but by Christ's blood beyond all price: the blood of a spotless, unblemished lamb chosen before the world's foundation and revealed for your sake in these last days. It is through him that you are believers in God, the God who raised him from the dead and gave him glory. Your faith and hope, then, are centered in God.

Responsory

We worship you, O Christ, and we praise you.

— We worship you, O Christ, and we praise you.

Because by your cross you have redeemed the world.

— We praise you.

Glory to the Father, and to the Son, and to the Holy Spirit,

— We worship you, O Christ, and we praise you.

Stand

GOSPEL CANTICLE

Antiphon

Praise to our King, the Son of David, the Redeemer of the world;
praise to the Savior whose coming had been foretold by the prophets.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Praise to our King, the Son of David, the Redeemer of the world; praise to the Savior whose coming had been foretold by the prophets.

INTERCESSIONS

Before his passion, Christ looked out over Jerusalem and wept for it, because it had not recognized the hour of God's visitation. With sorrow for our sins, let us adore him, and say:

— Lord, have mercy on your people.

You longed to gather to yourself the people of Jerusalem, as the hen gathers her young,
teach all peoples to recognize the hour of your visitation.

— Lord, have mercy on your people.

Do not forsake those who have forsaken you,
turn our hearts to you, and we will return to you, our God.

— Lord, have mercy on your people.

Through your passion you gave grace to the world,
help us to live always by your Spirit, given to us in baptism.

— Lord, have mercy on your people.

By your passion, help us to deny ourselves,
and so prepare to celebrate your resurrection.

— Lord, have mercy on your people.

You reign in the glory of the Father, remember those who have died today.

— Lord, have mercy on your people.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,

and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Almighty, ever-living God,
you have given the human race Jesus Christ our Savior
as a model of humility.
He fulfilled your will
by becoming man and giving his life on the cross.
help us to bear witness to you
by following his example of suffering
and make us worthy to share in his resurrection.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

The Banners of the King Go Forth

Vexilla regis



1. The ban - ners of the_ King go forth,_____
2. Where, wound - ed as he_ hung_ on high_____
3. O no - ble tree with_ blood a - dorned,_____
4. O bles - sed tree whose branch - es bore_____
5. Hail al - tar, vic - tim, _ sac - ri - fice, _____



1. the gleam - ing mys - t'ry of_ the_ Cross,
2. by ruth - less blade of sharp - ened_ spear,
3. the splen - did pur - ple of_ the_ King,
4. the price and ran - som of_ the_ world!
5. for glo - ry gained through grief_ and_ death,



1. by which the Mak - er of all flesh
2. there flowed forth wa - ter mixed with blood,
3. wood cho - sen from a wor - thy stock
4. Like scales it weighed the bod - y's worth
5. by which our Life en - dured to die



1. was_ yoked in_ flesh up - on the wood;
2. to_ wash_ us_ clean from ev - 'ry sin.
3. to_ touch_ and_ bear such ho - ly limbs.
4. and_ bore_ a - way the spoils of hell.
5. and_ through his_ death re - stored our life.

6. O Cross, all hail, our_ on - ly hope!_____

7. O Tri - une God, let_ all sing praise_____

6. In this most ho - ly Pas - sion - tide,

7. to you, the font of sav - ing_ grace;

6. in - crease the grace of lov - ing hearts

7. sus - tain for ev - er those you save

6. and_ rid_ the_ guil - ty of their sin.

7. by_ wond - rous_ mys - t'ry of the Cross.

7. A - men.

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