

*Liturgy of the Hours*  
LITURGY OF THE HOURS

MORNING PRAYER

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August 6, 2024

{ Feast – Transfiguration }



# *Invitatory*

*Stand and make sign of cross on lips with thumb*

Lord, open my lips.

— And my mouth will proclaim your praise.

*Psalm 95*

*A call to praise God*

*Encourage each other daily while it is still today (Hebrews 3:13).*

Come, let us worship the King of glory, exalted on high.

— Come, let us worship the King of glory, exalted on high.

Come, let us sing to the Lord  
and shout with joy to the Rock who saves us.  
Let us approach him with praise and thanksgiving  
and sing joyful songs to the Lord.

— Come, let us worship the King of glory, exalted on high.

The Lord is God, the mighty God,  
the great king over all the gods.  
He holds in his hands the depths of the earth  
and the highest mountains as well.  
He made the sea; it belongs to him,  
the dry land, too, for it was formed by his hands.

— Come, let us worship the King of glory, exalted on high.

Come, then, let us bow down and worship,  
bending the knee before the Lord, our maker.  
For he is our God and we are his people,  
the flock he shepherds.

— Come, let us worship the King of glory, exalted on high.

Today, listen to the voice of the Lord:  
Do not grow stubborn, as your fathers did  
in the wilderness,  
when at Meriba and Massah  
they challenged me and provoked me,  
Although they had seen all of my works.

— Come, let us worship the King of glory, exalted on high.

Forty years I endured that generation.  
I said, “They are a people whose hearts go astray  
and they do not know my ways.”

So I swore in my anger,  
“They shall not enter into my rest.”

— Come, let us worship the King of glory, exalted on high.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

— Come, let us worship the King of glory, exalted on high.

## *Morning Prayer*

### HYMN

’Tis good, Lord, to be here!  
Thy glory fills the night;  
Thy face and garments, like the sun,  
Shine with unborrowed light.

’Tis good, Lord, to be here,  
Thy beauty to behold,  
Where Moses and Elijah stand,  
Thy messengers of old.

Fulfiller of the past!  
Promiser of things to be!  
We hail thy body glorified,  
And our redemption see.

Before we taste of death,  
We see thy kingdom come;  
Before us keep thy vision bright,  
And make this place our home.

*Melody: Narenza S.M.; Music: Melody in Leisentritt’s Catholicum Hymnologium  
Germanicum, 1584; Text: J. A. Robinson, 1858–1933*

*Sit or stand*

PSALMODY

*Antiphon 1*

Today the Lord Jesus shone with splendor on the mountain, his face like the sun and his clothes white as snow.

*Psalm 63:2-9*

*A soul thirsting for God*

*Whoever has left the darkness of sin yearns for God.*

O Gód, you are my Gód, for you I lóng; \*  
for yóu my sóul is thírsting.

My bódy pínes for yóu \*  
like a dry, weary lánd without wáter.  
So I gáze on yóu in the sánctuary \*  
to sée your stréngth and your glóry.

For your lóve is bétter than lífe, \*  
my líps will spéak your práise.  
So I will bléss you áll my lífe, \*  
in your náme I will líft up my hánds.  
My sóul shall be filled as with a bánquet, \*  
my móuth shall práise you with jóy.

On my béd I remémber yóu. \*  
On yóu I múse through the níght  
for yóu have béen my hélp; \*  
in the sháadow of your wíngs I rejóice.  
My sóul clíngs to yóu; \*  
your ríght hand hólds me fást.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Today the Lord Jesus shone with splendor on the mountain, his face like the sun and his clothes white as snow.

*Antiphon 2*

Today the Lord was transfigured and the voice of the Father bore witness to him; Moses and Elijah appeared with him in glory and spoke with him about the death he was to undergo.

*Canticle – Daniel 3:57–88, 56*

*Let all creatures praise the Lord*

*All you servants of the Lord, sing praise to him (Revelation 19:5).*

Bless the Lord, all you works of the Lord. \*

Praise and exalt him above all forever.

Angels of the Lord, bless the Lord. \*

You heavens, bless the Lord.

All you waters above the heavens, bless the Lord. \*

All you hosts of the Lord, bless the Lord.

Sun and moon, bless the Lord. \*

Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. \*

All you winds, bless the Lord.

Fire and heat, bless the Lord. \*

Cold and chill, bless the Lord.

Dew and rain, bless the Lord. \*

Frost and chill, bless the Lord.

Ice and snow, bless the Lord. \*

Nights and days, bless the Lord.

Light and darkness, bless the Lord. \*

Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. \*

Praise and exalt him above all forever.

Mountains and hills, bless the Lord. \*

Everything growing from the earth, bless the Lord.

You springs, bless the Lord. \*

Seas and rivers, bless the Lord.

You dolphins and all water creatures, bless the Lord. \*

All you birds of the air, bless the Lord.

All you beasts, wild and tame, bless the Lord. \*

You sons of men, bless the Lord.

O Israel, bless the Lord.\*  
 Praise and exalt him above all forever.  
 Priests of the Lord, bless the Lord.\*  
 Servants of the Lord, bless the Lord.  
 Spirits and souls of the just, bless the Lord.\*  
 Holy men of humble heart, bless the Lord.  
 Hananiah, Azariah, Mishael, bless the Lord.\*  
 Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit.\*  
 Let us praise and exalt him above all forever.  
 Blessed are you, Lord, in the firmament of heaven.\*  
 Praiseworthy and glorious and exalted above all forever.

*Antiphon*

Today the Lord was transfigured and the voice of the Father bore witness to him; Moses and Elijah appeared with him in glory and spoke with him about the death he was to undergo.

*Antiphon 3*

The law was given through Moses and prophecy through Elijah. Radiant in the divine majesty, they were seen speaking with the Lord.

*Psalm 149*

*The joy of God's holy people.*

*Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius).*

Síng a new sǫng to the Lórd,\*  
 his práise in the assémbly of the fáithful.  
 Let Ísrael rejóice in its máker,\*  
 let Zíon's sons exúlt in their kíng.  
 Let them práise his náme with dáncing\*  
 and make músic with tímbrel and hárb.  
 For the Lórd takes delíght in his péople.\*  
 He crówns the póor with salvátion.  
 Let the fáithful rejóice in their glóry,\*  
 shout for jóy and táke their rést.  
 Let the práise of Gód be on their líps\*

and a two-edged sword in their hand,  
to deal out vengeance to the nations \*  
and punishment on all the peoples;  
to bind their kings in chains \*  
and their nobles in fetters of iron;  
to carry out the sentence pre-ordained; \*  
this honor is for all his faithful.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The law was given through Moses and prophecy through Elijah.  
Radiant in the divine majesty, they were seen speaking with the  
Lord.

*Sit*

READING

*Revelation 21:10, 23*

The angel carried me away in spirit to the top of a very high  
mountain and showed me the holy city Jerusalem coming down out  
of heaven from God. The city had no need of sun or moon, for the  
glory of God gave it light, and its lamp was the Lamb.

RESPONSORY

With glory and honor, Lord, you have crowned him.

— With glory and honor, Lord, you have crowned him.

You set him over the works of your hands.

— Lord, you have crowned him.

Glory to the Father, and to the Son, and to the Holy Spirit,

— With glory and honor, Lord, you have crowned him.

*Stand*

GOSPEL CANTICLE

*Antiphon*

A voice spoke from the cloud: This is my beloved Son in whom I am well pleased; listen to him.

*Luke 1:68-79*

*The Messiah and his forerunner*

*Make sign of cross*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.

Through his holy prophets he promised of old †  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham: \*  
to set us free from the hands of our enemies,  
free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; \*  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation \*  
by the forgiveness of their sins.

In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.



*Antiphon*

A voice spoke from the cloud: This is my beloved Son in whom I am well pleased; listen to him.

INTERCESSIONS

In the presence of his disciples our Savior was wonderfully transfigured on Mount Tabor. Let us pray to him with confidence:

— Lord, in your light may we see light.

Father of mercies, you glorified your heavenly Son and revealed yourself in the bright cloud,  
grant that we may listen in faith to the word of Christ.

— Lord, in your light may we see light.

O God, you have filled your chosen people with the bounty of your house,  
grant that we may always find the source of our life in the body of Christ.

— Lord, in your light may we see light.

O God, you have scattered the darkness with your light and have poured your light into our hearts so that we might look upon the radiant face of Jesus Christ,  
nourish in us the desire to contemplate your beloved Son.

— Lord, in your light may we see light.

O God, according to your plan, you have called us to holiness by your grace which you have revealed in Jesus Christ,  
through your Gospel show to all mankind the glorious splendor of unending life.

— Lord, in your light may we see light.

Loving Father, you have so loved us that we have been called to be sons of God,  
when Christ comes grant that we may be like him.

— Lord, in your light may we see light.

*The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

*Concluding Prayer*

God our Father,  
in the transfigured glory of Christ your Son,  
you strengthen our faith  
by confirming the witness of your prophets,  
and show us the splendor of your beloved sons and daughters.  
As we listen to the voice of your Son,  
help us to become heirs to eternal life with him  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

# ACKNOWLEDGEMENTS

The English Translation of the Introductory Verses and Responses, the Invitatories, the Antiphons, Captions and Patristic Commentaries for the Psalms, Psalm-prayers, Responsories, Intercessions, Greeting, Blessings, and Dismissal, Non-Biblical Readings, and Hagiographical Introductions from *The Liturgy of the Hours* © 1974, 1975, 1976, International Committee on English in the Liturgy, Inc. (ICEL); the Alternative Opening Prayers and the English translation of the Opening Prayers (Prayers of the Day) from *The Roman Missal* © 1973, ICEL. All rights reserved.

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