

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

December 24, 2025

{ Wednesday of the Fourth Week of Advent }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Let us sing praises to the Lord
with willing mind and fervent heart;
the noonday hour returns again
and summons us once more to prayer.

For to the faithful at this hour
true saving glory was restored
by off'ring of the blessed Lamb
and by the power of his Cross.

The Cross obscures the noonday sun
by its most clear and brilliant light;
let us receive with all our heart
the gift of such resplendent grace.

To God the Father glory be,
all honor to his only Son,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

*Metrical hymn, melody: Herr Jesu Christ, 8 8 8 8; Pensum Sacrum Metro-
Rhythmicum, Görlitz, 1648*

Plainsong, mode IV, melody 80; Liber Hymnarius, Solesmes, 1983, Text: Dicamus
laudes Domino, before 6th c.*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023
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Sit or stand

PSALMODY

Antiphon

The angel Gabriel said to Mary in greeting: Hail, full of grace, the Lord is with you; blessed are you among women.

Psalm 119:145-152

XLIX (Koph)

I cáll with all my héart; Lord, héar me, *
I will kéep your commánds;
I cáll upón you, sáve me *
and Í will do your wíll.

I ríse before dáwn and cry for hélp, *
I hópe in your wórd.
My éyes wáтч through the níght *
to pónder your prómise.

In your lóve hear my vóice, O Lórd; *
give me lífe by your decreés.
Those who hárm me unjústly draw néar: *
they are fár from your láw.

But yóu, O Lórd, are clóse: *
your commánds are trúth.
Lóng have I knówn that your wíll *
is estáblished for éver.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 94

The Lord will avenge the just

God punishes wicked conduct; he has called you to share his holiness. You must have

I

O Lórd avénging Gód, *
avénging Gód, appéar!
Júdge of the éarth, arise, *
gíve the próud what they desérve!

How lóng, O Lórd, shall the wícked, *
how lóng shall the wícked tríumph?
They blúster with árrogant spéech; *
the évil-doers bóast to each óther.

They crúsh your péople, Lórd, *
they afflíct the ónes you have chósen.
They kíll the wídow and the stránger *
and múrder the fátherless chíld.

And they sáy: "The Lórd does not sée; *
the God of Jácob páys no héed."
Mark thís, most sénseless of péople; *
fóols, when wíll you understánd?

Can hé who made the éar, not héar? *
Can hé who formed the éye, not sée?
Will hé who corrects nátions, not púnish? *
Will hé who teaches mén, not have knówledge?

The Lórd knows the thóughts of mén. *
He knóws they are no móre than a bréath.

Glory to the Fáther, and to the Son, *
and to the Holy Spírit:
as it was in the beginnig, is now, *
and will be for ever. Amen.

II

Happy the mán whom you téach, O Lórd, *
whom you tráin by méans of your láu:
to hím you gíve péace in évil dáys *
while the píť is being dúg for the wícked.

The Lórd will not abándon his péople *
nor forsáke thóse who are his ówn;
for júdgment shall agáin be júst *
and áll true héarts shall uphóld it.

Who will stánd up for mé against the wícked? *
Who will défend me from thóse who do évil?
If the Lórd were nót to hélp me, *
I would sóon go dówn into the sílence.

When I thínk: “I have lóst my fóothold,” *
your mércy, Lórd, holds me úp.
When cáres incréase in my héart *
your consolátion cálms my sóul.

Can júdges who do évil be your fríends? *
They do injústice under cóver of láw;
they attáck the life of the júst *
and condémn ínnocent blóod.

As for mé, the Lórd will be a stróngthold; *
my Gód will be the rók where I take réfuge.
He will repáy them fór their wíckedness, †
destróy them for their évil déeds. *
The Lórd, our Gód, will destróy them.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The angel Gabriel said to Mary in greeting: Hail, full of grace, the Lord is with you; blessed are you among women.

Sit

READING

Isaiah 4:3

He who remains in Zion
and he that is left in Jerusalem

Will be called holy:
every one marked down for life in Jerusalem.

Verse

Remember us, Lord, because of the love you have for your people.

— Come and bring us your salvation.

Stand

CONCLUDING PRAYER

Let us pray.

Come, Lord Jesus,
do not delay;
give new courage to your people who trust in your love.
By your coming, raise us to the joy of your kingdom,
where you live and reign with the Father and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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