

Liturgy of the Hours
LITURGY OF THE HOURS

OFFICE OF READINGS

July 22, 2024

{ Feast – Mary Magdalene }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Blessed are the poor of heart,
Blessed are the merciful,
For they will be blessed upon the earth.
Blessed are the poor!

Blessed are they who suffer,
Blessed are they who are persecuted,
For they shall be the rulers of the world.
Blessed are the poor!

Blessed are they who hunger and thirst
For justice and the rights of all,
For they shall eat the meal of the Lord.
Blessed are the poor!

Blessed are they whose hearts are clean
And blessed are they who keep his word,
For they have inherited the land.
Blessed are the poor!

Blessed are they who labor for peace,
Blessed are they who suffer in war,
For they shall meet the Prince of Peace.
Blessed are the poor!

*Melody: The Beatitudes; Music: Enrico Garzilli, 1970; Text: Enrico Garzilli, 1970;
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Sit or stand

PSALMODY

Antiphon 1

Her mouth uttered words of wisdom; her tongue spoke words of compassion.

Psalm 19A

Praise of the Lord, Creator of all

*The dawn from on high shall break on us . . . to guide our feet into the way of peace
(Luke 1:78,79).*

The héavens procláim the glóry of Gód *
and the firmament shows fóρθ the wórk of his hánds.
Dáy unto dáy tákes up the stóry *
and níght unto níght makes knówn the méssage.

No spéech, no wórd, no vóice is héárd †
yet their spán exténds through áll the éarth, *
their wórd to the útmost bóunds of the wórd.

Thére he has pláced a tént for the sún; †
it comes fóρθ like a brídegroom cóming from his tént, *
rejóices like a chámption to rún its cóurse.

At the énd of the ský is the rísing of the sún; †
to the fúρθest énd of the ský is its cóurse. *
There is nóthing conceáled from its búrning héat.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Her mouth uttered words of wisdom; her tongue spoke words of compassion.

Antiphon 2

Trusting themselves to God, these holy women sang his praises with heartfelt love.

Psalm 45

The marriage of the king

The Bridegroom is here; go out and welcome him (Matthew 25:6).

I

My héart overflóws with nóble wórds. †
To the kíng I must spéak the sóng I have máde; *
my tóngue as nímble as the pén of a scríbe.

Yóu are the fáirest of the children of mén †
and gráciousness is póured upón your líps: *
because Gód has bléssed you for évermóre.

O míghty one, gírd your swórd upon your thíg; †
in spléndor and státe, ríde on in tríumph *
for the cáuse of trúth and góodness and ríght.

Take áim with your bów in your dréad ríght hánd. †
Your árrows are shárp: péoples fall benéath you. *
The fóes of the kíng fall dówn and lose héart.

Your thróne, O Gód, shall endúre for éver. †
A scépter of jústice is the scépter of your kíngdom. *
Your lóve is for jústice; your hátréd for évil.

Therefore Gód, your Gód, has anóinted yóu †
with the óil of gládness abóve other kíngs: *
your róbes are frágrant with áloes and mýrrh.

From the ívory pálace you are gréeted with músic. †
The dáughters of kíngs are amóng your lóved ones. *
On your ríght stands the quéén in góld of Óphir.

Glory to the Father, and to the Son, *
and to the Holy Spírít:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Trusting themselves to God, these holy women sang his praises with heartfelt love.

Antiphon 3

Singing for joy, they are brought into the King's presence.

II

Listen, O daughter, give ear to my words: *
forget your own people and your father's house.
So will the king desire your beauty: *
he is your lord, pay homage to him.

And the people of Tyre shall come with gifts, *
the richest of the people shall seek your favor.
The daughter of the king is clothed with splendor, *
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions. †
They are escorted amid gladness and joy; *
they pass within the palace of the king.

Sons shall be yours in place of your fathers: *
you will make them princes over all the earth.
May this song make your name for ever remembered. *
May the peoples praise you from age to age.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Singing for joy, they are brought into the King's presence.

VERSE

The thoughts of my heart are always before you, O Lord.

— You are my help and my redeemer.

Sit

READINGS

First reading

From the letter of the apostle Paul to the Colossians

Your life is hidden with Christ in God

Since you have been raised up in company with Christ, set your heart on what pertains to higher realms where Christ is seated at God's right hand. Be intent on things above rather than on things of earth. After all, you have died! Your life is hidden now with Christ in God. When Christ our life appears, then you shall appear with him in glory.

Put to death whatever in your nature is rooted in earth: fornication, uncleanness, passion, evil desires, and that lust which is idolatry. These are the sins which provoke God's wrath. Your own conduct was once of this sort, when these sins were your very life.

You must put that aside now: all the anger and quick temper, the malice, the insults, the foul language. Stop lying to one another. What you have done is put aside your old self with its past deeds and put on a new man, one who grows in knowledge as he is formed anew in the image of his Creator. There is no Greek or Jew here, circumcised or uncircumcised, foreigner, Scythian, slave, or freeman. Rather, Christ is everything in all of you.

Because you are God's chosen ones, holy and beloved, clothe yourselves with heartfelt mercy, with kindness, humility, meekness, and patience. Bear with one another; forgive whatever grievances you have against one another. Forgive as the Lord has forgiven you.

Over all these virtues put on love, which binds the rest together and makes them perfect. Christ's peace must reign in your hearts, since as members of the one body you have been called to that peace. Dedicate yourselves to thankfulness. Let the word of Christ, rich as it is, dwell in you. In wisdom made perfect, instruct and admonish one another. Sing gratefully to God from your hearts in psalms, hymns, and inspired songs.

Whatever you do, whether in speech or in action, do it in the name of the Lord Jesus. Give thanks to God the Father through him.

Responsory

Galatians 3:27-28; Ephesians 4:24

All who have been baptized in Christ have put on Christ; there is no longer Jew or Greek;

— you are all one in Christ Jesus.

Put on the new man who is created in the image of God, in justice and in true holiness.

— You are all one in Christ Jesus.

Second reading

From a homily on the Gospels by Gregory the Great, pope

(Hom. 25, 1-2. 4-5: PL 76, 1189-1193)

She longed for Christ, though she thought he had been taken away

When Mary Magdalene came to the tomb and did not find the Lord's body, she thought it had been taken away and so informed the disciples. After they came and saw the tomb, they too believed what Mary had told them. The text then says: *The disciples went back home*, and it adds: *but Mary wept and remained standing outside the tomb.*

We should reflect on Mary's attitude and the great love she felt for Christ; for though the disciples had left the tomb, she remained. She was still seeking the one she had not found, and while she sought she wept; burning with the fire of love, she longed for him who she thought had been taken away. And so it happened that the woman who stayed behind to seek Christ was the only one to see him. For perseverance is essential to any good deed, as the voice of truth tells us: *Whoever perseveres to the end will be saved.*

At first she sought but did not find, but when she persevered it happened that she found what she was looking for. When our desires are not satisfied, they grow stronger, and becoming stronger they take hold of their object. Holy desires likewise grow with anticipation, and if they do not grow they are not really desires. Anyone who succeeds in attaining the truth has burned with such a great love. As David says: *My soul has thirsted for the living God; when*

shall I come and appear before the face of God? And so also in the Song of Songs the Church says: *I was wounded by love*; and again: *My soul is melted with love*.

Woman, why are you weeping? Whom do you seek? She is asked why she is sorrowing so that her desire might be strengthened; for when she mentions whom she is seeking, her love is kindled all the more ardently.

Jesus says to her: Mary. Jesus is not recognized when he calls her “woman”; so he calls her by name, as though he were saying: Recognize me as I recognize you; for I do not know you as I know others; I know you as yourself. And so Mary, once addressed by name, recognizes who is speaking. She immediately calls him *rabboni*, that is to say, *teacher*, because the one whom she sought outwardly was the one who inwardly taught her to keep on searching.

Responsory

Upon returning from the Lord’s tomb, Mary Magdalene told the disciples: I have seen the Lord.

— How blessed is she who was worthy to be the first to proclaim that the Lord had truly risen.

While she was weeping, she saw her beloved, and then ran to announce the good news to the others.

— How blessed is she who was worthy to be the first to proclaim that the Lord had truly risen.

Stand

TE DEUM

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.

To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy, Lord, God of power and might,

heaven and earth are full of your glory.

The glorious company of apostles praise you.

The noble fellowship of prophets praise you.

The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaim you:

Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the King of glory,
the eternal Son of the Father.

When you became man to set us free
you did not spurn the Virgin's womb.

You overcame the sting of death,
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.
We believe that you will come, and be our judge.

Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

CONCLUDING PRAYER

Let us pray.

Father,
your Son first entrusted to Mary Magdalene
the joyful news of his resurrection.
By her prayers and example
may we proclaim Christ as our living Lord
and one day see him in glory,
for he lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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