

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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December 27, 2024

{ Feast – John, Apostle and Evangelist }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

O mighty Ruler, God of truth,  
for days and seasons setting bounds,  
you clothe with splendor morning light  
and midday skies with brilliant heat.

Extinguish flames of bitter strife,  
all harmful passion take away,  
grant health unto our mortal frame,  
and on our hearts bestow true peace.

Most loving Father, hear our prayer,  
and you, O Christ coequal Son,  
who with the Spirit Paraclete  
now reign for all eternity. Amen.

*Metrical hymn, melody: A la venue de Noël, 8 8 8 8; Fleurs des Noël, Lyons, 1535*

*Plainsong, mode II, melody 46; Liber Hymnarius, Solesmes, 1983, Text: Rector potens,  
verax Deus, unknown author, very ancient; traditionally attributed to St. Ambrose,  
340–397*

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*Sit or stand*

PSALMODY

*Antiphon*

Mary treasured all these words and pondered them in her heart.

*Psalm 119:161-168*

*XXI (Shin)*

Though prínces opprés me without cáuse \*  
I stand in áwe of your wórd.  
I táke delight in your prómise \*  
like óne who finds a tréasure.

Líes I háte and detést \*  
but your lów is my lóve.  
Séven times a dáy I práise you \*  
for your júst decreés.

The lóvers of your lów have great péace; \*  
they néver stúmbles.  
I awáit your saving hélp, O Lórd, \*  
I fulfill your commánds.

My sóul obéys your wíll \*  
and lóves it déarly.  
I obéy your précepts and your wíll; \*  
all that I dó is befóre you.

Glory to the Father, and to the Son, \*  
and to the Holy Spírit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Psalm 133*

*Joy when hearts are united in love*

*Let us love one another, for love is of God (1 John 4:7).*

How góod and how pléasant it is, \*  
when bróthers líve in únity!

It is líke précíous óíl upon the héad \*

running dón upon the béard,  
running dón upon Áaron's béard, \*  
upon the cóllar of his róbes.

It is líke the dew of Hérmon which fálls \*  
on the héights of Zíon.  
For thére the Lórd gives his bléssing, \*  
life for éver.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Psalm 140:1-9, 13-14*

*Lord, you are my refuge*

*The Son of Man will be handed over to wicked men (Matthew 26:45).*

Réscue me, Lórd, from evil mén; \*  
from the víolent kéeep me sáfe,  
from thóse who plan évil in their héarts \*  
and stír up strífe every dáy;  
who shárpen their tóngue like an ádder's, \*  
with the póison of víper on their líps.

Lord, guárd me from the hánds of the wícked; †  
from the víolent kéeep me sáfe; \*  
they plán to máke me stúmbles.  
The próud have hídden a tráp, †  
have spréad out línes in a nét, \*  
set snáres acróss my páth.

I have sáid to the Lórd: "You are my Gód." \*  
Lord, héar the crý of my appéál!  
Lord my Gód, my míghty hélp, \*  
you shíeld my héad in báttle.  
Do not gránt the wícked their desíre \*  
nor lét their plóts succéed.

I know that the Lórd will avénge the póor, \*  
that hé will do jústice for the néedy.

Yes, the just will praise your name: \*  
the upright shall live in your presence.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Mary treasured all these words and pondered them in her heart.

*Sit*

READING

*Acts 5:12a, 14*

Through the hands of the apostles, many signs and wonders occurred among the people. And more and more believers, men and women in great numbers, were continually added to the Lord.

*Verse*

I have held fast to Christ's message.

— I have kept the precepts he gave me.

*Stand*

CONCLUDING PRAYER

Let us pray.

God our Father,  
you have revealed the mysteries of your Word  
through John the apostle.  
By prayer and reflection  
may we come to understand the wisdom he taught.

Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

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