

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER II

March 15, 2026
{ Fourth Sunday in Lent }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

HYMN

O Loving Maker, hear the prayers
we raise to you with sighs and tears,
as we observe these forty days
with holy fast and abstinence.

You search all hearts with loving care
and know the weakness of our pow'rs;
show mercy, Lord, forgive the sins
of those who turn to seek your grace.

Though we, in truth, have greatly sinned,
yet spare us who confess our guilt;
restore and heal our ailing souls
for praise and honor of your name.

Grant us through corp'ral abstinence
to learn and practice self-control,
that inwardly with sober mind
we fast from ev'ry stain of sin.

Grant us, O Blessed Trinity,
O Undivided Unity,
to see this service of our fast
bring forth your fruit within our hearts. Amen.

Metrical hymn, melody: JENA, 8 8 8 8; later form of melody by Melchoir Vulpius, ca. 1570-1615, composed in 1609

Plain-song, mode II, melody 44; Liber Hymnarius, Solesmes, 1983, Text: Audi, benigne Conditor, attributed to St. Gregory the Great, ca. 540-604*

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Sit or stand

PSALMODY

Antiphon 1

God has appointed Christ to be judge of the living and the dead.

Psalm 110:1-5, 7

The Messiah, king and priest

Christ's reign will last until all his enemies are made subject to him (1 Corinthians 15:25).

The Lórd's revelátiön to my Máster: †

“Sít on my ríght: *
your fóes I will pút beneath your féet.”

The Lórd will wíeld from Zíön †
your scépter of pówer: *
rúle in the mídst of all your fóes.

A prínce from the dáy of your bírth †
on the hólý móuntains; *
from the wómb before the dáwn I begót you.

The Lórd has sworn an óath he will not chángé. †
“You are a príest for éver, *
a príest like Melchízedek of óld.”

The Máster stánding at your ríght hand *
will shatter kíngs in the dáy of his wráth.

He shall drínk from the stréam by the wáyside *
and thérefore he shall líft up his héad.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

God has appointed Christ to be judge of the living and the dead.

Antiphon 2

Happy the man who shows mercy for the Lord's sake; he will stand firm for ever.

Psalm 112

The happiness of the just man

Live as children born of the light. Light produces every kind of goodness and justice and truth (Ephesians 5:8-9).

Happy the mán who féars the Lórd,*
who tákes delíght in his commánds.
His sóns will be pówerful on éarth;*
the chýldren of the úpright are bléssed.

Ríches and wéalth are in his hóuse;*
his jústice stands firm for éver
He is a líght in the dárkness for the úpright: *
he is génerous, mérciful and júst.

The góod man takes píty and lénds,*
he condúcts his affáirs with hónor.
The júst man will néver wáver: *
hé will be remémbered for éver.

He has no féar of évil néws;*
with a firm heart he trústs in the Lórd.
With a stéadfast héart he will not féar;*
he will sée the dównfall of his fóes.

Open-hánded, he gíves to the póor; †
his jústice stands firm for éver.*
His héad will be ráised in glóry.

The wícked man sées and is ángry, †
grinds his téeth and fádes awáy;*
the desíre of the wícked leads to dóom.

Glory to the Father, and to the Son,*

and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Happy the man who shows mercy for the Lord's sake; he will stand firm for ever.

Antiphon 3

Those things, which God foretold through his prophets concerning the sufferings that Christ would endure, have been fulfilled.

Canticle – 1 Peter 2:21-24

The willing acceptance of his passion by Christ, the servant of God

Christ suffered for you, †
and left you an example *
to have you follow in his footsteps.

He did no wrong; *
no deceit was found in his mouth.
When he was insulted, *
he returned no insult.

When he was made to suffer, *
he did not counter with threats.
Instead he delivered himself up *
to the One who judges justly.

In his own body *
he brought your sins to the cross,
so that all of us, dead to sin, †
could live in accord with God's will. *
By his wounds you were healed.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Those things, which God foretold through his prophets concerning

the sufferings that Christ would endure, have been fulfilled.

Sit

READING

1 Corinthians 9:24-25

While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

Responsory

Listen to us, O Lord, and have mercy, for we have sinned against you.

— Listen to us, O Lord, and have mercy, for we have sinned against you.

Christ Jesus, hear our humble petitions,

— for we have sinned against you.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Listen to us, O Lord, and have mercy, for we have sinned against you.

Stand

GOSPEL CANTICLE

Antiphon

My son, you have been with me all the time and everything I have is yours. But we had to feast and rejoice, because your brother was dead and has come to life again; he was lost to us and now has been found.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord,*
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.*

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

My son, you have been with me all the time and everything I have
is yours. But we had to feast and rejoice, because your brother was
dead and has come to life again; he was lost to us and now has
been found.

INTERCESSIONS

Let us give thanks continually to Christ, our teacher and our head,
who came to serve and to do good to all. In humility and confi-
dence let us ask him:

— Come, Lord, to visit your family.

Lord, be present to the bishops and priests of your Church, who
share your role as head and shepherd,
may they lead your people to the Father under your guidance.

— Come, Lord, to visit your family.

May your angel be with all who travel,
to keep them safe in soul and body.

— Come, Lord, to visit your family.

Teach us to serve the needs of others,
and to be like you, who came to serve, not to be served.

— Come, Lord, to visit your family.

Grant that in the human family, brother may always help brother,
so that, with your assistance, it may be a city compact and strong.

— Come, Lord, to visit your family.

Have mercy on all the dead,
bring them to the vision of your glory.

— Come, Lord, to visit your family.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Father of peace,
we are joyful in your Word,
your Son Jesus Christ,
who reconciles us to you.
Let us hasten toward Easter
with the eagerness of faith and love.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,

God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to everlasting life.

— Amen.

O Loving Maker, Hear the Prayers



1. O Lov - ing Mak - er, hear__ the prayers
2. You search all hearts__ with lov - ing care
3. Though we, in truth,__ have great - ly sinned,
4. Grant us through cor - p'ral ab - sti - nence
5. Grant us, O Bles - sed Trin - i - ty,



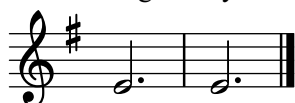
1. we raise to you with sighs and tears,
2. and know the weak - ness of our pow'rs;
3. yet spare us who con - fess our guilt;
4. to learn and prac - tice self - con - trol,
5. O Un - div - id - ed U - ni - ty,



1. as we ob - serve__ these for - ty days
2. show mer - cy, Lord,__ for - give__ the sins
3. re - store and heal__ our ail - ing souls
4. that in - ward - ly__ with so - ber mind
5. to see this ser - vice of__ our fast



1. with ho - ly fast__ and ab - sti - nence.
2. of those who turn__ to seek__ your grace.
3. for praise and hon - or of__ your name.
4. we fast from ev - 'ry stain__ of sin.
5. bring forth your fruit__ with - in__ our hearts.



5. A - men.

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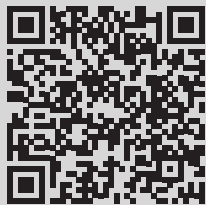
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