

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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December 12, 2024

{ Feast – Our Lady of Guadalupe }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

HYMN

O mighty Ruler, God of truth,  
for days and seasons setting bounds,  
you clothe with splendor morning light  
and midday skies with brilliant heat.

Extinguish flames of bitter strife,  
all harmful passion take away,  
grant health unto our mortal frame,  
and on our hearts bestow true peace.

Most loving Father, hear our prayer,  
and you, O Christ coequal Son,  
who with the Spirit Paraclete  
now reign for all eternity. Amen.

*Metrical hymn, melody: Herr Jesu Christ, 8 8 8 8; Pensum Sacrum Metro-  
Rhythmicum, Görlitz, 1648*

*Plainsong, mode IV, melody 80; Liber Hymnarius, Solesmes, 1983\*, Text: Rector  
potens, verax Deus, unknown author, very ancient; traditionally attributed to St.  
Ambrose, 340-397*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023  
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plainsong melodies, visit [www.giamusic.com](http://www.giamusic.com).*

*Sit or stand*

PSALMODY

*Antiphon*

The mother of Jesus said: Do whatever he asks of you.

*Psalm 123*

*The Lord, unfailing hope of his people*

*Two blind men cried out: "Have pity on us, Lord, Son of David" (Matthew 20:30).*

To yóu have I lifted up my éyes, \*  
you who dwéll in the héavens:  
my éyes, like the éyes of sláves \*  
on the hánd of their lórd.

Líke the éyes of a sérvant \*  
on the hánd of her místress,  
so our éyes are on the Lórd our Gód \*  
till he shów us his mércy.

Have mércy on us, Lórd, have mércy. \*  
We are filled with contémp.†  
Indéed all too fúll is our sóul †  
with the scórn of the rích, \*  
with the próud man's disdáin.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Psalm 124*

*Our help is in the name of the Lord*

*The Lord said to Paul: "Fear not . . . I am with you" (Acts 18:9-10).*

"If the Lórd had not béen on our síde," \*  
this is Ísrael's sóng.

"If the Lórd had not béen on our síde \*  
when mén rose agáinst us,  
thén would they have swállowed us álíve \*  
when their ánger was kíndled.

Thén would the wáters have engúlfed us,\*  
the tórrént gone óver us;  
óver our héad would have swépt\*  
the ráging wáters.”

Bléssed be the Lórd who did not gíve us\*  
a préy to their téeth!  
Our lífe, like a bírd, has escáped\*  
from the snáre of the fówler.

Indéed the snáre has been bróken\*  
and wé have escáped.  
Our hélp is in the náme of the Lórd,\*  
who made héaven and éarth.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Psalm 125*

*The Lord, guardian of his people*

*Peace to God's true Israel (Galatians 6:16).*

Thóse who put their trúst in the Lórd †  
are like Mount Zíon, that cánnót be sháken,\*  
that stánds for éver.

Jerúsalem! The móuntains surróund her, †  
so the Lórd surróunds his péople\*  
both nów and for éver.

For the scépter of the wícked shall not rést\*  
over the lánd of the júst  
for féar that the hánds of the júst\*  
should túrn to évil.

Do góod, Lord, to thóse who are góod,\*  
to the úpright of héart;  
but the cróoked and thóse who do évil, †  
dríve them awáy!\*  
On Ísrael, péace!

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The mother of Jesus said: Do whatever he asks of you.

*Sit*

READING

*Zechariah 9:9*

Rejoice heartily, O daughter Zion,  
shout for joy, O daughter Jerusalem.  
See, your king shall come to you;  
a just savior is he.

*Verse*

How glorious his mother.

— She gave birth to the King of heaven.

*Stand*

CONCLUDING PRAYER

Let us pray.

God of power and mercy,  
you blessed the Americas at Tepeyac  
with the presence of the Virgin Mary of Guadalupe.  
May her prayers help all men and women  
to accept each other as brothers and sisters.  
Through your justice present in our hearts  
may your peace reign in the world.

We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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