

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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May 23, 2026

{ Saturday of the Seventh Week of Easter }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

**HYMN**

Come, servants, join in humble prayer  
with psalms and hymns of worthy praise;  
let mind and heart and lips extol  
the blest and holy name of God.

For this is that dread time and hour,  
in which the Judge of ages stood  
condemned to death by false decree,  
unjustly judged by mortal foes.

And we with all the love we owe,  
compelled by just and humble fear,  
seek help against our wicked foe  
and all his sly and fierce assaults.

Let us implore the one true God,  
the Father and the Son, our King,  
the Holy Spirit, Paraclete,  
in Trinity, our God and Lord. Amen.

*Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; form the Grenoble Antiphoner, 1753*

*Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983\*; Text: Venite, servi, supplices, 5-6th c.*

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*Sit or stand*

PSALMODY

*Antiphon*

Alleluia, alleluia, alleluia.

*Psalm 119:121-128*

*XVI (Ain)*

I have dóne what is ríght and júst: \*  
let me nó't be opprésed.  
Vóuch for the wélfare of your sérvant \*  
lest the próud opprés me.

My eyes yéarn for your sáving hélp \*  
and the prómise of your jústice.  
Tréat your sérvant with lóve \*  
and téach me your commánds.

Í am your sérvant, give me knówledge; \*  
then shall I knów your wíll.  
It is tíme for the Lórd to áct \*  
for your lów has been bróken.

Thát is why I lóve your commánds \*  
more than fínest góld,  
why I rúle my lífe by your précepts: \*  
I háte the ways of fálsehood.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Psalm 34*

*God the savior of the just*

*You have tasted the sweetness of the Lord (1 Peter 2:3).*

*I*

I will bléss the Lórd at all tímes, \*

his práise álwáys on my líps;  
in the Lórd my sóul shall make its bóast. \*  
The húmble shall héar and be glád.

Glórfify the Lórd with mé. \*  
To géther let us práise his náme.  
I sóught the Lórd and he ánswered me; \*  
from all my térrors he sét me frée.

Lóok towards hím and be rádiant; \*  
let your fáces nót be abáshed.  
This póor man cálléd; the Lord héard him \*  
and réscued him from áll his distréss.

The ángel of the Lórd is encámped \*  
around thóse who revére him, to réscue them.  
Taste and sée that the Lórd is góod. \*  
He is háppy who seeks réfuge in hím.

Revére the Lórd, you his sáints. \*  
They lack nóthing, thóse who revére him.  
Strong líons suffer wánt and go húngry \*  
but thóse who seek the Lórd lack no bléssing.

Glory to the Fátter, and to the Son, \*  
and to the Holy Spírit:  
as it was in the béginning, is now, \*  
and will be for éver. Amen.

## II

Cóme, chýldren, and héar me \*  
that I may téach you the féar of the Lórd.  
Who is hé who lóns for lífe \*  
and many dáys, to enjóy his prospéritý?

Then kéeep your tóngue from évil \*  
and your líps from spéaking decéit.  
Turn asíde from évil and do góod; \*  
séeek and stríve after péáce.

The Lórd turns his fáce against the wícked \*  
to destróy their remémbrance from the éarth.

The Lórd turns his éyes to the júst \*  
and his éars to théir appéal.

They cáll and the Lórd héars \*  
and réscues them in áll their distréss.

The Lord is clóse to the bróken-héarted; \*  
those whose spírit is crúshed he will sáve.

Mány are the tríals of the júst man \*  
but from them áll the Lórd will réscue him.  
He will keep gúard over áll his bónes, \*  
not óne of his bónes shall be bróken.

Évil brings déath to the wícked; \*  
those who háte the góod are dóomed.  
The Lord ránsoms the sóuls of his sérvants. \*  
Those who híde in him shall nótt be condémned.

Glory to the Father, and to the Son, \*  
and to the Holy Spírit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

Alleluia, alleluia, alleluia.

*Sit*

## READING

*1 Corinthians 15:20-22*

Christ is now raised from the dead, the first fruits of those who have fallen asleep. Death came through a man; hence the resurrection of the dead comes through a man also. Just as in Adam all die, so in Christ all will come to life again.

*Verse*

The disciples rejoiced, alleluia.

— When they saw the risen Lord, alleluia.

*Stand*

CONCLUDING PRAYER

Let us pray.

Almighty Father,  
let the love we have celebrated in this Easter season  
be put into practice in our daily lives.

We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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