Liturgy of the Hours LITURGY OF THE HOURS

DAYTIME PRAYER

December 25, 2024 { Solemnity – Christmas }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

HYMN

O mighty Ruler, God of truth, for days and seasons setting bounds, you clothe with splendor morning light and midday skies with brilliant heat.

Extinguish flames of bitter strife, all harmful passion take away, grant health unto our mortal frame, and on our hearts bestow true peace.

Most loving Father, hear our prayer, and you, O Christ coequal Son, who with the Spirit Paraclete now reign for all eternity. Amen.

Metrical hymn, melody: A la venue de Noël, 8 8 8 8; Fleurs des noëls, Lyons, 1535

Plainsong, mode II, melody 46; Liber Hymnarius, Solesmes, 1983, Text: Rector potens, verax Deus, unknown author, very ancient; traditionally attributed to St. Ambrose, 340-397

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PSALMODY

Antiphon

Mary treasured all these words and pondered them in her heart.

Psalm 19B

Praise of God who gave us the law of love

You must be perfect as your heavenly Father is perfect (Matthew 5:48).

The láw of the Lórd is pérfect, *
it revíves the sóul.
The rúle of the Lórd is to be trústed, *
it gives wísdom to the símple.

The précepts of the Lórd are ríght, * they gládden the héart.

The commánd of the Lórd is cléar, * it gives líght to the éyes.

The féar of the Lórd is hóly, * abíding for éver.

The decrées of the Lórd are trúth * and áll of them júst.

They are more to be desired than gold, * than the purest of gold, and sweeter are they than honey, * than honey from the comb.

So in thém your sérvant finds instrúction; * great rewárd is in their kéeping.
But whó can detéct all his érrors? *
From hídden faults acquít me.

From presúmption restráin your sérvant * and lét it not rúle me.
Thén shall Í be blámeless, * cléan from grave sín.

May the spóken wórds of my móuth, * the thóughts of my héart,

win fávor in your síght, O Lórd, * my réscuer, my róck!

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Psalm 47

The Lord Jesus is King of all

He is seated at the right hand of the Father, and his kingdom will have no end.

All péoples, cláp your hánds, * cry to Gód with shóuts of jóy! For the Lórd, the Most Hígh, we must féar, * great kíng over áll the éarth.

He subdúes péoples únder us * and nátions únder our féet.
Our inhéritance, our glóry, is from hím, * gíven to Jácob out of lóve.

God goes úp with shouts of jóy; * the Lord goes úp with trúmpet blást. Sing práise for Gód, sing práise, * sing práise to our kíng, sing práise.

God is kíng of áll the éarth. *
Sing práise with áll your skíll.
God is kíng óver the nátions; *
God réigns on his hóly thróne.

The princes of the péoples are assémbled * with the péople of Ábraham's Gód.

The rúlers of the éarth belong to Gód, * to Gód who réigns over áll.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Psalm 48

Thanksgiving for the people's deliverance

He took me up a high mountain and showed me Jerusalem, God's holy city (Revelation 21:10).

The Lord is gréat and worthy to be práised * in the cíty of our Gód.
His holy mountain ríses in béauty, * the jóy of all the éarth.

Mount Zíon, true póle of the éarth, * the Gréat King's cíty!
Gód, in the mídst of its cítadels, * has shówn himself its strónghold.

For the kings assémbled togéther, * togéther they advánced.
They sáw; at ónce they were astóunded; * dismáyed, they fled in féar.

A trémbling séized them thére, * like the pángs of bírth. By the éast wind you have destroyed * the shíps of Társhish.

As we have héard, só we have séen * in the city of our Gód, in the city of the Lórd of hósts * which Gód upholds for éver.

O Gód, we pónder your lóve * withín your témple.
Your práise, O Gód, like your náme * reaches the énds of the éarth.

With jústice your ríght hand is fílled. * Mount Zíon rejóices; the péople of Júdah rejóice * at the síght of your júdgments.

Walk through Zíon, wálk all róund it; * count the númber of its tówers.

Review áll its rámparts, * exámine its cástles,

that you may tell the next generation * that such is our God, our God for ever and always. * It is he who leads us.

Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Antiphon

Mary treasured all these words and pondered them in her heart.

Sit

READING

1 John 4:9

God's love was revealed in our midst in this way: he sent his only Son to the world that we might have life through him.

Verse

All the ends of the earth, alleluia.

— Have seen the saving power of God, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Lord God,
we praise you for creating man,
and still more for restoring him in Christ.
Your Son shared our weakness:
may we share his glory,
for he lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

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