

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

December 15, 2024
{ Third Sunday of Advent }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us worship the Lord, the King who is to come.

— Come, let us worship the Lord, the King who is to come.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us worship the Lord, the King who is to come.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us worship the Lord, the King who is to come.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us worship the Lord, the King who is to come.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,

Although they had seen all of my works.

— Come, let us worship the Lord, the King who is to come.

Forty years I endured that generation.

I said, “They are a people whose hearts go astray
and they do not know my ways.”

So I swore in my anger,

“They shall not enter into my rest.”

— Come, let us worship the Lord, the King who is to come.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us worship the Lord, the King who is to come.

Morning Prayer

HYMN

Behold a voice resounding, clear,
rebuking hidden fears and deeds:
Let dreams be driven far away,
for Christ shines forth from heaven’s height.

Now let the weary soul arise,
infirm and wounded by her sin;
a new star now sends forth its light
to rid the world of ev’ry harm.

The Lamb is sent from realms on high
to free us from our mortal debt.

Let ev’ry voice give thankful praise
and weep for tender mercy shown,

That when he comes like lightning flash
and terror grips the world in dread,
he need not punish us for guilt
but with compassion shield us then.

Praise to the Father, God most high,

all vict'ry to his only Son,
due honor to the Spirit blest,
through endless ages evermore. Amen.

*Metrical hymn, melody: Winchester New, 8 8 8 8; adapted from a chorale in
Musicalisches Hand-Buch, Hamburg, 1690*

Plainsong, mode D, melody 127; Liber Hymnarius, Solesmes, 1983, Text: Vox clara
ecce intonat, 10th c.*

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Sit or stand

PSALMODY

Antiphon 1

The Lord is coming without delay. He will reveal things kept hidden
and show himself to all mankind, alleluia.

Psalms 93

Splendor of God the Creator

*The Lord our mighty God now reigns supreme; let us rejoice and be glad and give him
praise (Revelation 19:6-7).*

The Lord is kíng, with májesty enróbed; †
the Lórd has róbed himself with míght, *
he has gírded himsélf with pówer.

The wórld you made firm, not to be móved; †
your thróne has stood firm from of óld. *
From all etérnity, O Lórd, you áre.

The wáters have lífted up, O Lórd, †
the wáters have lífted up their vóice, *
the wáters have lífted up their thúnder.

Gréater than the róar of mighty wáters, †
more glórious than the súrgings of the séa, *

the Lórd is glórious on high.

Trúly your decreés are to be trústed. †
Hóliness is fitting to your hóuse, *
O Lórd, until the énd of tíme.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord is coming without delay. He will reveal things kept hidden
and show himself to all mankind, alleluia.

Antiphon 2

Mountains and hills shall be level, crooked paths straight, rough
ways smooth. Come, Lord, do not delay, alleluia.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord,
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *
All you winds, bless the Lord.
Fire and heat, bless the Lord. *
Cold and chill, bless the Lord.
Dew and rain, bless the Lord. *
Frost and chill, bless the Lord.
Ice and snow, bless the Lord. *
Nights and days, bless the Lord.
Light and darkness, bless the Lord. *

Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *

Praise and exalt him above all forever.

Mountains and hills, bless the Lord. *

Everything growing from the earth, bless the Lord.

You springs, bless the Lord. *

Seas and rivers, bless the Lord.

You dolphins and all water creatures, bless the Lord. *

All you birds of the air, bless the Lord.

All you beasts, wild and tame, bless the Lord. *

You sons of men, bless the Lord.

O Israel, bless the Lord. *

Praise and exalt him above all forever.

Priests of the Lord, bless the Lord. *

Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord. *

Holy men of humble heart, bless the Lord.

Hananiah, Azariah, Mishael, bless the Lord. *

Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *

Let us praise and exalt him above all for ever.

Blessed are you, Lord, in the firmament of heaven. *

Praiseworthy and glorious and exalted above all for ever.

Antiphon

Mountains and hills shall be level, crooked paths straight, rough ways smooth. Come, Lord, do not delay, alleluia.

Antiphon 3

I shall enfold Zion with my salvation and shed my glory around Jerusalem, alleluia.

Psalm 148

Praise to the Lord, the Creator

Praise and honor, glory and power for ever to him who sits upon the throne and to the Lamb (Revelation 5:13).

Práise the Lórd from the héavens, *

práise him in the héights.
Práise him, all his ángels, *
práise him, áll his hóst.

Práise him, sún and móon, *
práise him, shining stárs.
Práise him, highest héavens *
and the wáters abóve the héavens.

Let them práise the náme of the Lórd. *
He commáded: they were máde.
He fixed them for éver, *
gave a lów which shall nótt pass awáy.

Práise the Lórd from the éarth, *
séa creatures and all óceans,
fire and háil, snow and míst, *
stormy wínds that obéy his wórd;

áll móuntains and hílls, *
all frúit trees and cédars,
béasts, wild and táme, *
réptiles and bírds on the wíng;

áll éarth's kíngs and péoples, *
éarth's prínces and rúlers;
yóung men and máidens, *
old men togéther with chíldren.

Let them práise the náme of the Lórd *
for he alóne is exálted.
The spléndor of his náme *
réaches beyond héaven and éarth.

He exálts the strángth of his péople. *
He is the práise of all his sáints,
of the sóns of Ísrael, *
of the péople to whóm he comes clóse.

Glory to the Fátter, and to the Son, *
and to the Holy Spírit:
as it was in the béginning, is now, *

and will be for ever. Amen.

Antiphon

I shall enfold Zion with my salvation and shed my glory around Jerusalem, alleluia.

Sit

READING

Romans 13:11-12

It is now the hour for you to wake from sleep, for our salvation is closer than when we first accepted the faith. The night is far spent; the day draws near. Let us cast off deeds of darkness and put on the armor of light.

RESPONSORY

Christ, Son of the living God, have mercy on us.

— Christ, Son of the living God, have mercy on us.

You are the one who is to come,

— have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Christ, Son of the living God, have mercy on us.

Stand

GOSPEL CANTICLE

Antiphon

When John, in prison, heard of the works of Christ, he sent two of his disciples with this question: Are you the One whose coming was foretold, or should we look for another?

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *

born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

When John, in prison, heard of the works of Christ, he sent two of his disciples with this question: Are you the One whose coming was foretold, or should we look for another?

INTERCESSIONS

To God our Father, who has given us the grace to wait in joyful hope for the revelation of our Lord Jesus Christ, let us make our prayer:

— Show us your mercy, Lord.

Sanctify us, in mind and body,
keep us without reproach until the coming of your Son.

— Show us your mercy, Lord.

Make us walk this day in holiness,
and live upright and devout lives in this world.

— Show us your mercy, Lord.

May we be clothed in our Lord Jesus Christ,
and filled with the Holy Spirit.

— Show us your mercy, Lord.

Lord, help us to stand watchful and ready,
until your Son is revealed in all his glory.

— Show us your mercy, Lord.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

Lord God,
may we, your people,
who look forward to the birthday of Christ
experience the joy of salvation
and celebrate that feast with love and thanksgiving.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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