

Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER I

November 30, 2024
{ First Sunday of Advent }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

O loving Maker of the stars,
believers' everlasting light,
O Christ, Redeemer of us all,
with kindness hear our humble prayer.

With pity, you beheld the fate
that death imposed on ages past;
you gave the guilty healing grace
and saved a weak and fallen world.

When evening fell upon the earth,
as bridegroom from the bridal room,
from honored cloister forth you came,
born from the Virgin Mother pure.

Before your strong and steadfast might,
on earth and in the heav'ns above
all knees bend low, all hearts confess
submission to your sov'reign will.

With faith we beg you, Holy Lord,
the Judge of ages still to come,
that in our time you keep us safe
from snares of our deceitful foe.

To you, O Christ, most loving King,
and to the Father, glory be,
one with the Spirit Paraclete,
from age to age for evermore. Amen.

Metrical hymn, melody: Winchester New, 8 8 8 8; adapted from a chorale in

Musicalisches Hand-Buch, Hamburg, 1690

Plainsong, mode IV, melody 71; Antiphonale Sacrosanctae Ecclesiae Romanae, Typis Polyglottis Vaticanis, 1912, Text: Conditore alme siderum, 9th c.

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Sit or stand

PSALMODY

Antiphon 1

Proclaim the good news among the nations: Our God will come to save us.

Psalm 141:1-9

A prayer when in danger

An angel stood before the face of God, thurible in hand. The fragrant incense soaring aloft was the prayer of God's people on earth (Revelation 8:4).

I have called to you, Lórd; hásten to hélp me! *

Héar my vóice when I crý to yóu.

Let my práyer arise befóre you like incense, *
the ráising of my hánds like an évening oblátion.

Sét, O Lórd, a guard óver my móuth; *
keep wátch, O Lórd, at the dóor of my líps!

Do not túrn my héart to thínings that are wróng, †
to évil déeds with mén who are sínners. *

Néver allów me to sháre in their féasting.

If a góod man stríkes or repróves me it is kíndness; †
but let the óil of the wícked not anóint my héad. *

Let my práyer be éver agáinst their málice.

Their prínces were thrown dówn by the síde of the rók: *
thén they understóod that my wórds were kínd.

As a millstone is sháattered to píeces on the gróund, *

so their bones were stréwn at the móuth of the gráve.

To yóu, Lord Gód, my éyes are túrned: *

in yóu I take réfuge; spáre my sóul!

From the tráp they have láid for me kéepp me sáfe: *

kéepp me from the snáres of thóse who do évil.

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Antiphon

Proclaim the good news among the nations: Our God will come to save us.

Antiphon 2

Know that the Lord is coming and with him all his saints; that day will dawn with a wonderful light, alleluia.

Psalm 142

You, Lord, are my refuge

What is written in this psalm was fulfilled in our Lord's passion (Saint Hilary).

With all my vóice I crý to the Lórd, †
with all my vóice I entréat the Lórd. *

I póur out my tróuble befóre him;

I téll him áll my distréss †

while my spírit fáints withín me. *

But yóu, O Lórd, know my páth.

On the wáy where Í shall wálk *

they have hídden a snáre to entrápp me.

Lóok on my ríght and sée: *

there is nót one who tákes my párt.

I have nó méans of escápe, *

not óne who cáres for my sóul.

I crý to yóu, O Lórd. †

I have sáid: "Yóu are my réfuge, *

all I háve in the lánd of the líving."

Lísten thén to my cry *
for Í am in the dépths of distréss.

Réscue me from thóse who pursúe me *
for théy are strónger than Í.

Bríng my sóul out of this príson *
and thén I shall práise your náme.
Aróund me the júst will asséble *
becáuse of your góodness to mé.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

Know that the Lord is coming and with him all his saints; that day
will dawn with a wonderful light, alleluia.

Antiphon 3

The Lord will come with mighty power; all mortal eyes shall see
him.

Canticle – Philippians 2:6-11

Christ, God's holy servant

Though he was in the form of God, †
Jesus did not deem equality with God *
something to be grasped at.

Rather, he emptied himself †
and took the form of a slave, *
being born in the likeness of men.

He was known to be of human estate, *
and it was thus that he humbled himself,
obediently accepting even death, *
death on a cross!

Because of this, *
God highly exalted him
and bestowed on him the name *

above every other name,

So that at Jesus' name *
every knee must bend
in the heavens, on the earth, *
and under the earth,
and every tongue proclaim †
to the glory of God the Father: *
JESUS CHRIST IS LORD!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord will come with mighty power; all mortal eyes shall see him.

Sit

READING

1 Thessalonians 5:23-24

May the God of peace make you perfect in holiness. May he preserve you whole and entire, spirit, soul, and body, irreproachable at the coming of the Lord Jesus Christ. He who calls us is trustworthy, therefore he will do it.

RESPONSORY

Lord, show us your mercy and love.

— Lord, show us your mercy and love.

And grant us your salvation,

— your mercy and love.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Lord, show us your mercy and love.

Stand

GOSPEL CANTICLE

Antiphon

See the Lord coming from afar; his splendor fills the earth.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

My soul proclaims the greatness of the Lord,*
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.*

From this day all generations will call me blessed:
the Almighty has done great things for me,*
and holy is his Name.

He has mercy on those who fear him*
in every generation.

He has shown the strength of his arm,*
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,*
and has lifted up the lowly.

He has filled the hungry with good things,*
and the rich he has sent away empty.

He has come to the help of his servant Israel*
for he has remembered his promise of mercy,
the promise he made to our fathers,*
to Abraham and his children for ever.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

See the Lord coming from afar; his splendor fills the earth.

INTERCESSIONS

Jesus Christ is the joy and happiness of all who look forward to his coming. Let us call upon him and say:

— Come, Lord, and do not delay!

In joy, we wait for your coming,
come, Lord Jesus.

— Come, Lord, and do not delay!

Before time began, you shared life with the Father,
come now and save us.

— Come, Lord, and do not delay!

You created the world and all who live in it,
come to redeem the work of your hands.

— Come, Lord, and do not delay!

You did not hesitate to become man, subject to death,
come to free us from the power of death.

— Come, Lord, and do not delay!

You came to give us life to the full,
come and give us your unending life.

— Come, Lord, and do not delay!

You desire all people to live in love in your kingdom,
come and bring together those who long to see you face to face.

— Come, Lord, and do not delay!

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Concluding Prayer

All-powerful God,
increase our strength of will for doing good
that Christ may find an eager welcome at his coming
and call us to his side in the kingdom of heaven,
where he lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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