

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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April 6, 2025  
{ Fifth Sunday of Lent }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

**HYMN**

May Christ, as he ascends the Cross,  
consumed with thirst in noonday heat,  
grant those who sing the psalms this hour  
to grow in thirst for righteousness.

May hunger likewise fill their hearts,  
which he from his own self will sate,  
that they may lose all taste for sin  
and virtue be their sole desire.

Then may the Holy Spirit's gifts  
so fill the souls of those who pray,  
that passion in the flesh may cool  
and chill of mind and heart grow warm.

We ask the Father and the Son  
and beg the Spirit of them both:  
Sustain us with your loving care,  
who reign for ever Three in One. Amen.

*Metrical hymn, melody: O WALY WALY, 8 8 8 8; English traditional melody*

*Plainsong, mode II, melody 50; Liber Hymnarius, Solesmes, 1983, Text: Qua Christus  
hora sitiit, 8th c.*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023  
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*Sit or stand*

PSALMODY

*Antiphon*

As I live, says the Lord, I do not wish the sinner to die but to turn back to me and live.

*Psalm 118*

*Song of joy for salvation*

*This Jesus is the stone which, rejected by you builders, has become the chief stone supporting all the rest (Acts 4:11).*

*I*

Give thanks to the Lórd for he is góod,\*  
for his lóve endures for éver.

Let the sóns of Ísrael sáy: \*

“His lóve endures for éver.”

Let the sóns of Áaron sáy: \*

“His lóve endures for éver.”

Let thóse who fear the Lórd sáy: \*

“His lóve endures for éver.”

I cálléd to the Lórd in my distréss; \*  
he ánswered and fréed me.

The Lórd is at my síde; I do not féar. \*

What can mán do agáinst me?

The Lórd is at my síde as my hélper: \*

I shall look dówn on my fóes.

It is bétter to take réfuge in the Lórd \*  
than to trúst in mén:

it is bétter to take réfuge in the Lórd \*  
than to trúst in prínces.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:

as it was in the beginning, is now, \*  
and will be for ever. Amen.

## II

The nátions áll encómpassed me; \*  
in the Lórd's name I crúshed them.  
They cómpassed me, cómpassed me abóut; \*  
in the Lórd's name I crúshed them.  
They cómpassed me abóut like bées; †  
they blázed like a fire among thórns. \*  
In the Lórd's name I crúshed them.

I was hárd-préssed and was fálling \*  
but the Lórd came to hélp me.  
The Lórd is my stréngth and my sóng; \*  
hé is my sáviór.  
There are shóuts of jóy and víctory \*  
in the ténts of the júst.

The Lórd's right hánd has tríumphed; \*  
his ríght hand ráised me.  
The Lórd's right hánd has tríumphed; †  
I shall not díe, I shall líve \*  
and recóunt his déeds.  
I was púnished, I was púnished by the Lórd, \*  
but nótt doomed to díe.

Glory to the Fátter, and to the Son, \*  
and to the Holy Spírit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

## III

Ópen to mé the gates of hólíness: \*  
I will énter and give thánks.  
Thís is the Lórd's own gáte \*  
where the júst may énter.  
I will thánk you for yóu have ánsvered \*  
and yóu are my sáviór.

The stóne which the buílders rejécted \*  
has becóme the córner stóne.  
Thís is the wórk of the Lórd, \*

a márvel in our éyes.

This day was máde by the Lórd; \*  
we rejoyce and are glád.

O Lórd, gránt us salvátion; \*

O Lórd, grant succéss.

Blesséd in the náme of the Lórd \*  
is hé who cómes.

We bléss you from the hóuse of the Lórd; \*  
the Lord Gód is our líght.

Go fóward in procéssion with bránches \*  
éven to the áltar.

Yóu are my Gód, I thánk you. \*

My Gód, I práise you.

Give thánks to the Lórd for he is góod; \*  
for his lóve endures for éver.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

As I live, says the Lord, I do not wish the sinner to die but to turn back to me and live.

### *Sit*

## READING

### *1 Peter 4:13-14*

Rejoice in the measure that you share Christ's sufferings. When his glory is revealed, you will rejoice exultantly. Happy are you when you are insulted for the sake of Christ, for then God's Spirit in its glory has come to rest on you.

### *Verse*

Turn your face away from my sins.

— Blot out all my guilt.

*Stand*

CONCLUDING PRAYER

Let us pray.

Father,  
help us to be like Christ your Son,  
who loved the world and died for salvation.  
Inspire us by his love,  
guide us by his example,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

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