

*Liturgy of the Hours*  
LITURGY OF THE HOURS

MORNING PRAYER

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March 29, 2026

{ Passion Sunday – Palm Sunday }



# *Invitatory*

*Stand and make sign of cross on lips with thumb*

Lord, open my lips.

— And my mouth will proclaim your praise.

*Psalm 95*

*A call to praise God*

*Encourage each other daily while it is still today (Hebrews 3:13).*

Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

— Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

Come, let us sing to the Lord  
and shout with joy to the Rock who saves us.  
Let us approach him with praise and thanksgiving  
and sing joyful songs to the Lord.

— Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

The Lord is God, the mighty God,  
the great king over all the gods.  
He holds in his hands the depths of the earth  
and the highest mountains as well.  
He made the sea; it belongs to him,  
the dry land, too, for it was formed by his hands.

— Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

Come, then, let us bow down and worship,  
bending the knee before the Lord, our maker.  
For he is our God and we are his people,  
the flock he shepherds.

— Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

Today, listen to the voice of the Lord:  
Do not grow stubborn, as your fathers did  
in the wilderness,  
when at Meriba and Massah  
they challenged me and provoked me,  
Although they had seen all of my works.

- Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

Forty years I endured that generation.  
I said, “They are a people whose hearts go astray  
and they do not know my ways.”  
So I swore in my anger,  
“They shall not enter into my rest.”

- Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

- Come, let us worship Christ the Lord, who for our sake endured temptation and suffering.

## *Morning Prayer*

### HYMN

No disgrace was too abhorrent:  
nailed and mocked and parched he died;  
blood and water, double warrant,  
issue from his wounded side,  
washing in a mighty torrent  
earth and stars and ocean tide.

Faithful Cross the saints rely on,  
noble tree beyond compare!  
Never was there such a scion,  
never leaf or flow'r so rare.

Sweet the timber, sweet the iron,  
sweet the burden that they bear!

Lofty timber, smooth your roughness,  
flex your boughs for blossoming;  
let your fibers lose their toughness,  
gently let your tendrils cling;  
lay aside your native gruffness,  
clasp the body of your King!

Noblest tree of all created,  
richly jeweled and embossed:  
post by Lamb's blood consecrated;  
spar that saves the tempest tossed;  
scaffold beam which, elevated,  
carries what the world has cost!

Wisdom, pow'r, and adoration  
to the blessed Trinity  
for redemption and salvation  
through the Paschal Mystery,  
now, in ev'ry generation,  
and for all eternity. Amen.

*Metrical hymn, melody: PICARDY, 8 7 8 7 8 7; Julien Tiersot's Mélo­dies populaires des provinces de France, 1887*

*Plainsong, mode I, melody 12; Liber Hymnarius, Solesmes, 1983\*, Text: En acetum, fel, arundo, Venantius Fortunatus, ca. 530-600*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023 International Commission on English in the Liturgy Corporation (ICEL).*

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*Sit or stand*

## PSALMODY

### *Antiphon 1*

The great crowd that had gathered for the feast cried out to the

Lord: Blessed is he who comes in the name of the Lord. Hosanna in the highest.

*Psalm 118*

*Song of joy for salvation*

*This Jesus is the stone which, rejected by you builders, has become the chief stone supporting all the rest (Acts 4:11).*

Give thanks to the Lórd for he is góod,\*  
for his lóve endures for éver.

Let the sóns of Ísrael sáy: \*  
“His lóve endures for éver.”

Let the sóns of Áaron sáy: \*  
“His lóve endures for éver.”

Let thóse who fear the Lórd sáy: \*  
“His lóve endures for éver.”

I cálled to the Lórd in my distréss; \*  
he ánspered and fréed me.

The Lórd is at my síde; I do not féar. \*  
What can mán do agáinst me?

The Lórd is at my síde as my hélper: \*  
I shall look dówn on my fóes.

It is bétter to take réfuge in the Lórd \*  
than to trúst in mén:

it is bétter to take réfuge in the Lórd \*  
than to trúst in prínces.

The nátions áll encómpassed me; \*  
in the Lórd’s name I crúshed them.

They cómpassed me, cómpassed me abóut; \*  
in the Lórd’s name I crúshed them.

They cómpassed me abóut like bées; †  
they blázed like a fíre among thórns. \*

In the Lórd’s name I crúshed them.

I was hárd-préssed and was fálling \*  
but the Lórd came to hélp me.

The Lórd is my stréngth and my sóng; \*

hé is my sáviór.

There are shóuts of jóy and víctory \*  
in the ténts of the júst.

The Lórd's right hánd has tríumphed; \*  
his ríght hand ráised me up.

The Lórd's right hánd has tríumphed; †  
I shall not díe, I shall líve \*  
and recóunt his déeds.

I was púnished, I was púnished by the Lórd, \*  
but nótd doomed to díe.

Ópen to mé the gates of hóliness: \*

I will énter and give thánks.

This is the Lórd's own gáte \*  
where the júst may énter.

I will thánk you for yóu have ánswered \*  
and yóu are my sáviór.

The stóne which the búilders rejécted \*  
has becóme the córner stone.

This is the wórk of the Lórd, \*  
a márvel in our éyes.

This day was máde by the Lórd; \*  
we rejóice and are glád.

O Lórd, gránt us salvátion; \*

O Lórd, grant succéss.

Bléssed in the náme of the Lórd \*  
is hé who cómes.

We bléss you from the hóuse of the Lórd; \*  
the Lord Gód is our líght.

Go fórward in procéssion with bránches \*  
éven to the áltar.

Yóu are my Gód, I thánk you. \*

My Gód, I práise you.

Give thánks to the Lórd for he is góod; \*  
for his lóve endures for éver.

Glory to the Father, and to the Son, \*

and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

The great crowd that had gathered for the feast cried out to the Lord: Blessed is he who comes in the name of the Lord. Hosanna in the highest.

*Antiphon 2*

God grant that with the angels and the children we may be faithful, and sing with them to the conqueror of death: Hosanna in the highest.

*Canticle – Daniel 3:52-57*

*Let all creatures praise the Lord*

*The Creator . . . is blessed for ever (Romans 1:25).*

Blessed are you, O Lord, the God of our fathers,\*  
praiseworthy and exalted above all forever.

And blessed is your holy and glorious name,\*  
praiseworthy and exalted above all for all ages.

Blessed are you in the temple of your holy glory,\*  
praiseworthy and glorious above all forever.

Blessed are you on the throne of your kingdom,\*  
praiseworthy and exalted above all forever.

Blessed are you who look into the depths †  
from your throne upon the cherubim,\*  
praiseworthy and exalted above all forever.

Blessed are you in the firmament of heaven,\*  
praiseworthy and glorious forever.

Bless the Lord, all you works of the Lord,\*  
praise and exalt him above all forever.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*

and will be for ever. Amen.

*Antiphon*

God grant that with the angels and the children we may be faithful, and sing with them to the conqueror of death: Hosanna in the highest.

*Antiphon 3*

Blessed is he who comes in the name of the Lord; peace in heaven and glory in the highest.

*Psalm 150*

*Praise the Lord*

*Let mind and heart be in your song: this is to glorify God with your whole self (Hesychius).*

Práise Gód in his hóly pláce,\*  
práise him in his míghty héavens.  
Práise him for his pówerful déeds,\*  
práise his surpássing gréatness.

O práise him with sóund of trúmpet,\*  
práise him with lúte and hárp.  
Práise him with tímbral and dánce,\*  
práise him with stríngs and pípes.

O práise him with resóunding cýmbals,\*  
práise him with cláshing of cýmbals.  
Let éverything that líves and that bréathes\*  
give práise to the Lórd.

Glory to the Father, and to the Son,\*  
and to the Holy Spirit:  
as it was in the beginning, is now,\*  
and will be for ever. Amen.

*Antiphon*

Blessed is he who comes in the name of the Lord; peace in heaven and glory in the highest.

*Sit*

READING

*Zechariah 9:9*

Rejoice heartily, O daughter Zion,  
shout for joy, O daughter, Jerusalem!  
See, your king shall come to you;  
a just savior is he,  
Meek, and riding on an ass,  
on a colt, the foal of an ass.

*Responsory*

By your own blood, Lord, you brought us back to God.

— By your own blood, Lord, you brought us back to God.

From every tribe, and tongue, and people and nation,

— you brought us back to God.

Glory to the Father, and to the Son, and to the Holy Spirit,

— By your own blood, Lord, you brought us back to God.

*Stand*

GOSPEL CANTICLE

*Antiphon*

With palms let us welcome the Lord as he comes, with songs and hymns let us run to meet him, as we offer him our joyful worship and sing: Blessed be the Lord!

*Luke 1:68-79*

*The Messiah and his forerunner*

*Make sign of cross*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.

Through his holy prophets he promised of old †  
that he would save us from our enemies, \*

from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.

This was the oath he swore to our father Abraham: \*  
to set us free from the hands of our enemies,  
free to worship him without fear, \*  
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; \*  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation \*  
by the forgiveness of their sins.

In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### *Antiphon*

With palms let us welcome the Lord as he comes, with songs and  
hymns let us run to meet him, as we offer him our joyful worship  
and sing: Blessed be the Lord!

### INTERCESSIONS

As Christ entered Jerusalem he was greeted as King and Messiah.  
Let us adore him, and joyfully praise him:

— Blessed is he who comes in the name of the Lord.

Hosanna to you, Son of David, King of the ages,  
hosanna to you, victor over death and the powers of darkness.

— Blessed is he who comes in the name of the Lord.

You went up to Jerusalem to suffer and so enter into your glory,  
lead your Church into the paschal feast of heaven.

— Blessed is he who comes in the name of the Lord.

You made your cross the tree of life,  
grant its fruit to those reborn in baptism.

— Blessed is he who comes in the name of the Lord.

Savior of mankind, you came to save sinners,  
bring into your kingdom all who have faith, hope and love.

— Blessed is he who comes in the name of the Lord.

### *The Lord's Prayer*

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

### CONCLUDING PRAYER

Almighty, ever-living God,  
you have given the human race Jesus Christ our Savior  
as a model of humility.  
He fulfilled your will  
by becoming man and giving his life on the cross.  
Help us to bear witness to you  
by following his example of suffering  
and make us worthy to share in his resurrection.  
We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

### *Dismissal*

May the Lord bless us, protect us from all evil and bring us to  
everlasting life.

— Amen.

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