

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

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August 11, 2024

{ Nineteenth Sunday in Ordinary Time }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen. Alleluia.

#### HYMN

Come, Holy Ghost, who ever one  
Art with the Father and the Son;  
Come, Holy Ghost, our souls possess  
With thy full flood of holiness.

In will and deed, in heart and tongue  
With all the powers, thy praise be sung;  
And love light up our mortal frame  
Till others catch the living flame.

Almighty Father, hear our cry  
Through Jesus Christ, our Lord most high,  
Who with the Holy Ghost and thee  
Doth live and reign eternally.

*Melody: Saint Venantius L.M.; Music: Clausener Gesangbuch, 1653; Text: St.  
Ambrose (?); Translator: J. H. Newman, 1801-1890*

*Sit or stand*

#### PSALMODY

*Antiphon 1*

In my distress I called on the Lord, and he heard my cry, alleluia.

*Psalm 118*

*Song of joy for salvation*

*This Jesus is the stone which, rejected by you builders, has become the chief stone  
supporting all the rest (Acts 4:11).*

*I*

Give thanks to the Lórd for he is góod,\*

for his love endures for ever.

Let the sons of Ísrael say: \*

“His love endures for ever.”

Let the sons of Áaron say: \*

“His love endures for ever.”

Let those who fear the Lórd say: \*

“His love endures for ever.”

I called to the Lórd in my distress; \*

he answered and freed me.

The Lórd is at my side; I do not fear. \*

What can man do against me?

The Lórd is at my side as my helper: \*

I shall look down on my foes.

It is better to take refuge in the Lórd \*

than to trust in men:

it is better to take refuge in the Lórd \*

than to trust in princes.

Glory to the Father, and to the Son, \*

and to the Holy Spirit:

as it was in the beginning, is now, \*

and will be for ever. Amen.

### *Antiphon*

In my distress I called on the Lord, and he heard my cry, alleluia.

### *Antiphon 2*

The Lord's right hand has raised me up, alleluia.

## *II*

The nations all encompassed me; \*

in the Lórd's name I crushed them.

They compassed me, compassed me about; \*

in the Lórd's name I crushed them.

They compassed me about like bees; †

they blazed like a fire among thorns. \*

In the Lórd's name I crushed them.

I was hárd-préssed and was fálling \*  
but the Lórd came to hélp me.  
The Lórd is my stréngth and my sóng; \*  
hé is my sáviór.  
There are shóuts of jóy and víctory \*  
in the ténts of the júst.

The Lórd's right hánd has tríumphed; \*  
his ríght hand ráised me.  
The Lórd's right hánd has tríumphed; †  
I shall not díe, I shall líve \*  
and recóunt his déeds.  
I was púnished, I was púnished by the Lórd, \*  
but nótdoomed to díe.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The Lord's right hand has raised me up, alleluia.

*Antiphon 3*

The Lord our God has let his light shine upon us, alleluia.

*III*

Ópen to mé the gates of hóliness: \*  
I will énter and give thánks.  
Thís is the Lórd's own gáte \*  
where the júst may énter.  
I will thánk you for yóu have ánswered \*  
and yóu are my sáviór.

The stóne which the buílders rejécted \*  
has becóme the córner stone.  
Thís is the wórk of the Lórd, \*  
a márvel in our éyes.  
Thís day was máde by the Lórd; \*  
we rejóice and are glád.

O Lórd, gránt us salvátion; \*  
O Lórd, grant succéss.  
Bléssed in the náme of the Lórd \*  
is hé who cómes.  
We bléss you from the hóuse of the Lórd; \*  
the Lord Gód is our líght.  
Go fórdward in procéssion with bránches \*  
éven to the áltar.  
Yóu are my Gód, I thánk you. \*  
My Gód, I práise you.  
Give thánks to the Lórd for he is góod; \*  
for his lóve endures for éver.  
Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

The Lord our God has let his light shine upon us, alleluia.

*Sit*

READING

*Romans 8:22-23*

We know that all creation groans and is in agony even until now. Not only that, but we ourselves, although we have the Spirit as first fruits, groan inwardly while we await the redemption of our bodies.

*Verse*

Bless the Lord, my soul.

— He has rescued your life from destruction.

*Stand*

CONCLUDING PRAYER

Let us pray.

Almighty and ever-living God,  
your Spirit made us your children,

confident to call you Father.  
Increase your Spirit within us  
and bring us to our promised inheritance.

Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

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