

Liturgy of the Hours
LITURGY OF THE HOURS

MORNING PRAYER

May 17, 2026

{ Seventh Sunday of Easter }



Invitatory

Stand and make sign of cross on lips with thumb

Lord, open my lips.

— And my mouth will proclaim your praise.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us adore Christ the Lord who promised to send the Holy Spirit on his people, alleluia.

— Come, let us adore Christ the Lord who promised to send the Holy Spirit on his people, alleluia.

Come, let us sing to the Lord
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving
and sing joyful songs to the Lord.

— Come, let us adore Christ the Lord who promised to send the Holy Spirit on his people, alleluia.

The Lord is God, the mighty God,
the great king over all the gods.
He holds in his hands the depths of the earth
and the highest mountains as well.
He made the sea; it belongs to him,
the dry land, too, for it was formed by his hands.

— Come, let us adore Christ the Lord who promised to send the Holy Spirit on his people, alleluia.

Come, then, let us bow down and worship,
bending the knee before the Lord, our maker.
For he is our God and we are his people,
the flock he shepherds.

— Come, let us adore Christ the Lord who promised to send the Holy Spirit on his people, alleluia.

Today, listen to the voice of the Lord:
Do not grow stubborn, as your fathers did
in the wilderness,
when at Meriba and Massah
they challenged me and provoked me,
Although they had seen all of my works.

— Come, let us adore Christ the Lord who promised to send
the Holy Spirit on his people, alleluia.

Forty years I endured that generation.
I said, “They are a people whose hearts go astray
and they do not know my ways.”
So I swore in my anger,
“They shall not enter into my rest.”

— Come, let us adore Christ the Lord who promised to send
the Holy Spirit on his people, alleluia.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

— Come, let us adore Christ the Lord who promised to send
the Holy Spirit on his people, alleluia.

Morning Prayer

HYMN

The sacred day has dawned in light,
desired by all with fervent prayer,
when Christ our God ascends on high,
the glorious hope of all the world.

Triumphant in the mighty duel
that crushed the tyrant of this world,
he brings before the Father’s sight
the glory of his risen flesh.

Borne high upon a cloud of light,

he gives to all believers hope
as he reopens Paradise,
which our first parents closed by sin.

O joy profound, immense for all:
that from our Virgin came the child,
who bore derision, scourge, and Cross
and now ascends the Father's throne.

So let us all give thanks to Christ,
our Savior and our strong defense,
since he has borne our flesh aloft
to highest heaven's royal court.

May he remain the single joy
for us and those who dwell on high:
to them he gives himself in full,
from us he never shall depart.

O Christ, now scaling starry heights,
raise up our hearts to you on high;
send forth to us from heav'n above
the Father's Spirit and your own. Amen.

*Metrical hymn, melody: VENI CREATOR (MECHLIN), 8 8 8 8; Plainsong,
Mechlin adaptation*

*Plainsong, mode I, melody 19; Liber Hymnarius, Solesmes, 1983, Text: Optatus votis
omnium, ca. 10th c.*

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Sit or stand

PSALMODY

Antiphon 1

The Lord is king, robed in splendor, alleluia.

Psalm 93

Splendor of God the Creator

The Lord our mighty God now reigns supreme; let us rejoice and be glad and give him praise (Revelation 19:6-7).

The Lord is king, with majesty enrobed; †
the Lórd has robed himself with might, *
he has girded himself with power.

The wórlđ you made firm, not to be móved; †
your thróne has stood firm from of óld. *
From all etérnity, O Lórd, you áre.

The wáters have lífted up, O Lórd, †
the wáters have lífted up their vóice, *
the wáters have lífted up their thúnder.

Gréater than the róar of mighty wáters, †
more glórious than the súrgings of the séa, *
the Lórd is glórious on hígh.

Trúly your DECREES are to be trústed. †
Hóliness is fitting to your hóuse, *
O Lórd, until the énd of tíme.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

The Lord is king, robed in splendor, alleluia.

Antiphon 2

All creation will be freed; all peoples will know the glory and freedom of God's children, alleluia.

Canticle – Daniel 3:57-88, 56

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5).

Bless the Lord, all you works of the Lord. *

Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord,
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *
All you winds, bless the Lord.
Fire and heat, bless the Lord. *
Cold and chill, bless the Lord.
Dew and rain, bless the Lord. *
Frost and chill, bless the Lord.
Ice and snow, bless the Lord. *
Nights and days, bless the Lord.
Light and darkness, bless the Lord. *
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *
Praise and exalt him above all forever.
Mountains and hills, bless the Lord. *
Everything growing from the earth, bless the Lord.
You springs, bless the Lord. *
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord. *
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord. *
You sons of men, bless the Lord.

O Israel, bless the Lord. *
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord. *
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord. *
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord. *
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit. *

Let us praise and exalt him above all for ever.
Blessed are you, Lord, in the firmament of heaven. *
Praiseworthy and glorious and exalted above all for ever.

Antiphon

All creation will be freed; all peoples will know the glory and freedom of God's children, alleluia.

Antiphon 3

The name of the Lord is praised in heaven and on earth, alleluia.

Psalm 148

Praise to the Lord, the Creator

Praise and honor, glory and power for ever to him who sits upon the throne and to the Lamb (Revelation 5:13).

Práise the Lórd from the héavens, *
práise him in the héights.
Práise him, all his ángels, *
práise him, áll his hóst.

Práise him, sún and móon, *
práise him, shining stárs.
Práise him, highest héavens *
and the wáters abóve the héavens.

Let them práise the náme of the Lórd. *
He commáded: they were máde.
He fixéed them for éver, *
gave a lów which shall nótt pass awáy.

Práise the Lórd from the éarth, *
séa creatures and all óceans,
fire and háil, snow and míst, *
stormy wínds that obéy his wórd;

áll móuntains and hílls, *
all frúit trees and cédars,
béasts, wild and táme, *
réptiles and bírds on the wíng;
áll éarth's kíngs and péoples, *

earth's princes and rulers;
young men and maidens,*
old men together with children.

Let them praise the name of the Lord*
for he alone is exalted.

The splendor of his name*
reaches beyond heaven and earth.

He exalts the strength of his people.*
He is the praise of all his saints,
of the sons of Israel,*
of the people to whom he comes close.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

The name of the Lord is praised in heaven and on earth, alleluia.

Sit

READING

Acts 10:40–43

God raised up Jesus on the third day and granted that he be seen, not by all, but only by such witnesses as had been chosen beforehand by God—by us who ate and drank with him after he rose from the dead. He commissioned us to preach to the people and to bear witness that he is the one set apart by God as judge of the living and the dead. To him all the prophets testify, saying that everyone who believes in him has forgiveness of sins through his name.

Responsory

Christ, Son of the living God, have mercy on us, alleluia, alleluia.

— Christ, Son of the living God, have mercy on us, alleluia,
alleluia.

You have risen from the dead,

— alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit,

— Christ, Son of the living God, have mercy on us, alleluia,
alleluia.

Stand

GOSPEL CANTICLE

Antiphon

Father, I have glorified you upon the earth, I have accomplished the work you gave me to do, alleluia.

Luke 1:68-79

The Messiah and his forerunner

Make sign of cross

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *

and to guide our feet into the way of peace.

Glory to the Father, and to the Son,^{*}
and to the Holy Spirit:
as it was in the beginning, is now,^{*}
and will be for ever. Amen.

Antiphon

Father, I have glorified you upon the earth, I have accomplished the work you gave me to do, alleluia.

INTERCESSIONS

In company with all who have been reconciled with the Father by the power of his Holy Spirit, let us join in prayer and praise, saying:

— May your Spirit come to our aid.

Lord Jesus, may we be guided today by God's Spirit,
and walk always as children of your Father.

— May your Spirit come to our aid.

Through your Spirit intercede for us with the Father,
that we may be made worthy to receive what you promise.

— May your Spirit come to our aid.

Give us a generous heart, that we may not seek our selfish interests,
but be concerned for the good of others.

— May your Spirit come to our aid.

Teach us to know God,
that we may advance in knowledge of you and the Father through
the Holy Spirit.

— May your Spirit come to our aid.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,

and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Father,
help us keep in mind that Christ our Savior
lives with you in glory
and promised to remain with us until the end of time.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Dismissal

May the Lord bless us, protect us from all evil and bring us to
everlasting life.

— Amen.

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