

Liturgy of the Hours
LITURGY OF THE HOURS

DAYTIME PRAYER

April 7, 2026

{ Tuesday within the Octave of Easter }



Stand and make sign of cross

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

HYMN

Come, servants, join in humble prayer
with psalms and hymns of worthy praise;
let mind and heart and lips extol
the blest and holy name of God.

For this is that dread time and hour,
in which the Judge of ages stood
condemned to death by false decree,
unjustly judged by mortal foes.

And we with all the love we owe,
compelled by just and humble fear,
seek help against our wicked foe
and all his sly and fierce assaults.

Let us implore the one true God,
the Father and the Son, our King,
the Holy Spirit, Paraclete,
in Trinity, our God and Lord. Amen.

Metrical hymn, melody: DEUS TUORUM MILITUM, 8 8 8 8; form the Grenoble Antiphoner, 1753

Plainsong, mode I, melody 2; Liber Hymnarius, Solesmes, 1983; Text: Venite, servi, supplices, 5-6th c.*

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Sit or stand

PSALMODY

Antiphon

He was handed over to death for our sins; he was raised to life to justify us, alleluia.

Psalm 119:1-8

I (Aleph)

Meditation on God's law

Loving God means keeping his commandments (1 John 5:3).

They are háppy whose life is blámeless, *
who fóllow God's lów!
They are háppy who dó his wíll, *
seeking hím with all their héarts,
who néver do ánything évil *
but wálk in his wáys.

Yóu have laid dówn your précepts *
to be obéyed with cáre.
Máy my fóotsteps be fírm *
to obéy your státutes.
Thén I shall nótt be put to sháme *
as I héd your commánds.

I will thánk you with an úpright héart *
as I léarn your decrées.
Í will obéy your státutes: *
dó not forsáke me.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 16

The Lord himself is my heritage

The Father raised up Jesus, freeing him from the grip of death (Acts 2:24).

Presérve me, Gód, I take réfuge in yóu. †
I sáy to the Lórd: “Yóu are my Gód.*
My háppiness lées in yóu alóne.”

He has pút into my héart a márvellous lóve*
for the fáithful ónes who dwéll in his lánd.
Those who chóose other góds incréase their sórrows. †
Néver will I óffer their ófferings of blóod.*
Néver will I táke their náme upon my líps.

O Lórd, it is yóu who are my pórtion and cúp;*
it is yóu yoursélf who áre my príze.
The lót marked óut for me is mý delíght:*
welcome indéed the héritage that fálls to mé!

I will bléss the Lórd who gíves me cóunsel,*
who éven at níght dirécts my héart.
I kéept the Lórd ever ín my síght:*
since hé is at my ríght hand, I shall stand fírm.

And so my héart rejóices, my sóul is glád;*
éven my bódy shall rést in sáfety.
For yóu will not léave my sóul among the déad,*
nor lét your belóved knów decáy.

You will shów me the páth of life, †
the fúllness of jóy in your présence,*
at your ríght hand háppiness for éver.

Glory to the Father, and to the Son,*
and to the Holy Spirit:
as it was in the beginning, is now,*
and will be for ever. Amen.

Psalm 23

The Good Shepherd

The Lamb himself will be their shepherd and will lead them to the springs of living

waters (Revelation 7:17).

The Lórd is my shépherd; *
there is nóthing I shall wánt.
Frésh and gréen are the pástures *
where he gíves me repóse.
Near réstful wáters he léads me, *
to revíve my drooping spírit.

He guídes me alóng the right páth; *
he is trúe to his náme.
If I should wálk in the válley of dárkness *
no évil would I féar.

You are thére with your cróok and your stáff; *
with thése you give me cómfort.

You have prépared a bánquet for mé *
in the síght of my fóes.
My héad you have anóinted with óil; *
my cúp is overflówing.

Surely góodness and kíndness shall fóllow me *
all the dáys of my lífe.
In the Lórd's own hóuse shall I dwéll *
for éver and éver.

Glory to the Father, and to the Son, *
and to the Holy Spírit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

He was handed over to death for our sins; he was raised to life to justify us, alleluia.

Sit

READING

See 1 Peter 3:21-22a

You are now saved by a baptismal bath. This baptism is no removal of physical stain, but the pledge to God of an irreproachable con-

science through the resurrection of Jesus Christ. He went to heaven and is at God's right hand.

Verse

This is the day the Lord has made, alleluia.

— Let us rejoice and be glad, alleluia.

Stand

CONCLUDING PRAYER

Let us pray.

Father,
by this Easter mystery you touch our lives
with the healing power of your love.
You have given us the freedom of the sons of God.
May we who now celebrate your gift
find joy in it for ever in heaven.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

— Amen.

Acclamation

Let us praise the Lord.

— And give him thanks.

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