

*Liturgy of the Hours*  
LITURGY OF THE HOURS

DAYTIME PRAYER

---

April 15, 2025

{ Tuesday of Holy Week }



*Stand and make sign of cross*

God, come to my assistance.

— Lord, make haste to help me.

Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be for ever. Amen.

**HYMN**

May Christ, as he ascends the Cross,  
consumed with thirst in noonday heat,  
grant those who sing the psalms this hour  
to grow in thirst for righteousness.

May hunger likewise fill their hearts,  
which he from his own self will sate,  
that they may lose all taste for sin  
and virtue be their sole desire.

Then may the Holy Spirit's gifts  
so fill the souls of those who pray,  
that passion in the flesh may cool  
and chill of mind and heart grow warm.

We ask the Father and the Son  
and beg the Spirit of them both:  
Sustain us with your loving care,  
who reign for ever Three in One. Amen.

*Metrical hymn, melody: O WALY WALY, 8 8 8 8; English traditional melody*

*Plainsong, mode II, melody 50; Liber Hymnarius, Solesmes, 1983, Text: Qua Christus  
hora sitiit, 8th c.*

*The English translation of Hymns and chants from The Liturgy of the Hours © 2023  
International Commission on English in the Liturgy Corporation (ICEL).*

*Reproduced from The Divine Office Hymnal (hymns #93/94). Copyright © 2023  
United States Conference of Catholic Bishops, Washington, DC (USCCB). Published  
and distributed exclusively by GIA Publications, Inc., Chicago, IL. To acquire the  
Pew Edition or Accompaniment Edition of the hymnal with metrical hymn tunes and  
plainsong melodies, visit [www.giamusic.com](http://www.giamusic.com).*

*Sit or stand*

PSALMODY

*Antiphon*

I know my own sheep, and my own know me, as the Father knows me and as I know the Father; and I lay down my life for my sheep.

*Psalm 119:49-56*

*VII (Zain)*

Reméber your wórd to your sérvant \*  
by which you gave me hópe.  
Thís is my cómfort in sórrow \*  
that your prómise gives me lífe.

Though the próud may útterly deríde me \*  
I kéepe to your lów.  
I reméber your decrées of óld \*  
and thése, Lord, consóle me.

I am séized with indignátion at the wícked \*  
who forsáke your lów.  
Your commánd has becóme my sóng \*  
in the lánd of éxile.

I thínk of your náme in the níght-time \*  
and I kéepe your lów.  
Thís has béen my bléssing, \*  
the kéepeing of your précepts.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Psalm 53*

*The foolishness of sinners*

*We all have sinned and are deprived of God's glory (Romans 3:23).*

The fóol has sáid in his héart: \*  
“There is no Gód abóve.”  
Their déeds are corrúpt, depráved; \*

not a góod man is léft.

Gód looks dówn from héaven \*  
on the sóns of mén  
to sée if ány are wíse, \*  
if ány seek Gód.

Áll have left the ríght páth, \*  
depráved, every óne.  
There is nó a góod man léft, \*  
nó, not even óne.

Will the évil-doers nó understand? \*  
They éat up my péople  
as thóugh they were éating bréad: \*  
they néver pray to Gód.

Sée how they trémble with féar \*  
without cáuse for féar:  
for Gód scatters the bónes of the wícked. \*  
They are shámed; God rejécts them.

O that Ísrael's salvátion might cóme from Zíon! †  
When Gód delívers his péople from bóndage, \*  
then Jácob will be glád and Ísrael rejóice.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Psalm 54:1-6, 8-9*

*Plea for help*

*The prophet prays that God will deliver him from the malice of his enemies (Cassian).*

O Gód, sáve me by your náme; \*  
by your pówer, uphóld my cáuse.  
O Gód, héar my práyer; \*  
listén to the wórds of my móuth.

For próud men have rísen agáinst me, †  
rúthless men séek my lífe. \*

They háve no regárd for Gód.  
But Í have Gód for my hélp. \*  
The Lórd uphólds my lífe.

I will sácrafice to yóu with willing héart \*  
and práise your náme for it is góod:  
for you have réscued me from áll my distréss \*  
and my éyes have seen the dównfall of my fóes.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Antiphon*

I know my own sheep, and my own know me, as the Father knows me and as I know the Father; and I lay down my life for my sheep.

*Sit*

READING

*1 Corinthians 1:22-24*

Yes, Jews demand “signs” and Greeks look for “wisdom,” but we preach Christ crucified—a stumbling block to Jews, and an absurdity to Gentiles; but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God.

*Verse*

Ours were the sufferings he bore.

— Ours the weight of guilt he endured.

*Stand*

CONCLUDING PRAYER

Let us pray.

Father,  
may we receive your forgiveness and mercy  
as we celebrate the passion and death of the Lord,  
who lives and reigns with you and the Holy Spirit,  
God, for ever and ever.

— Amen.

*Acclamation*

Let us praise the Lord.

— And give him thanks.

# ACKNOWLEDGEMENTS

The English translation of Antiphons, Invitatories, Responsories, Intercessions, Psalm 95, the Canticle of the Lamb, Psalm Prayers, Non-Biblical Readings, Hagiographical Introductions from *The Liturgy of the Hours* © 1973, 1974, 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL; the English translation of Hymns from *The Liturgy of the Hours* © 2023. All rights reserved.

English translation of *Gloria Patri*, *Te Deum Laudamus*, *Benedictus*, *Magnificat*, and *Nunc Dimittis* by the International Consultation on English Texts.

Readings and New Testament Canticles (except the Magnificat) from the *New American Bible* Copyright © 1970 by the Confraternity of Christian Doctrine, Washington, D.C. Used with permission. All Rights Reserved. No part of the *New American Bible* may be reproduced in any form without permission in writing from the copyright owner.

Psalm texts except Psalm 95 Copyright © 1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.

Arrangement Copyright © 2006 by eBreviary, New York.



mobile prayers



---

UNITED STATES, CANADA, INDIA, PHILIPPINES

*[www.ebreviary.com](http://www.ebreviary.com)*